Behavioural Sciences & Research Methods Catalogue

July - December 2024
New and Forthcoming Titles
Welcome

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## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health</td>
<td>2</td>
</tr>
<tr>
<td>Psychology</td>
<td>42</td>
</tr>
<tr>
<td>Psychology (Guilford Press)</td>
<td>64</td>
</tr>
<tr>
<td>Research Methods</td>
<td>70</td>
</tr>
<tr>
<td>Index</td>
<td>76</td>
</tr>
</tbody>
</table>
**“Dear Institute…”**

Candid commentaries from candidates in psychoanalytic training

*Edited by Himanshu Agrawal*

This book is a collection of commentaries by 40 psychoanalysts-in-training spanning across 29 different countries, shedding light on the state of contemporary psychoanalysis- its training, practice and relevance. Each contributor shares a piece of their mind-and their heart-about the trials and tribulations of the process of psychoanalytic training- what they cherished, what they loathed, why they spoke up, why they dropped out. This book is an important read for both prospective candidates as well as veteran psychoanalysts and institutional leaders.

*Routledge*  
October 2024:296  
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* For full contents and more information, visit: [www.routledge.com/9781032736754](http://www.routledge.com/9781032736754)

**A Beginner’s Guide to Cognitive Analytic Therapy**

Practitioner and Service User Perspectives

*Sarah Craven-Staines, Jayne Finch*

This text provides an accessible, reader-friendly guide to conducting Cognitive Analytic Therapy (CAT) on a one-to-one basis, developed in partnership with service users who have lived experience of CAT. A straightforward, beginner’s introduction to practicing CAT, this book will be useful for trainee practitioners, assistant and trainee clinical/counselling psychologists, and those practising CAT informed therapy in supervision.

*Routledge*  
June 2024:199  
Hb: 978-1-032-75755-1: £120  
* For full contents and more information, visit: [www.routledge.com/9781032311333](http://www.routledge.com/9781032311333)

**A Field-Centred Approach to Gestalt Therapy**

Agency and Response-ability in a Changing World

*Lothar Gutjahr*

Series: Gestalt Therapy Book Series

In Gestalt therapy, sociological, political, and economic research is often neglected or ignored. Drawing on analyses about current societal conditions, this book considers that there is no such thing as a ‘postmodern’ therapy and offers a new approach to Gestalt therapy. This important new book is at the cutting edge of the current discussion of relational and field-oriented approaches to Gestalt therapy, and will be of particular interest to practitioners of Gestalt therapy, psychotherapists, phenomenologists, as well as theorists of philosophy, sociology and therapy.

*Routledge*  
May 2024:158  
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* For full contents and more information, visit: [www.routledge.com/9781032594613](http://www.routledge.com/9781032594613)

**A Jungian Analysis of Toxic Modern Society**

Fighting the Culture of Loneliness

*Erik Goodwyn*

Using evidence from anthropology, neuroscience, psychiatry, analytical psychology and evolutionary biology, within this book Dr Erik Goodwyn explores the current cultural psyche, and how elements of modern society are contributing to the current loneliness epidemic. This will be an insightful read for depth psychologists and scholars of analytical psychology, as well as health care providers, therapists, sociologists, and those with an interest in cross-cultural studies.

*Routledge*  
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**A Jungian Perspective on the Therapist-Patient Relationship in Film**

Cinema As Our Therapist

*Ruth Netzer*

Within this book, Ruth Netzer explores the archetypal components of therapist-patient relations in cinema from the perspective of Jungian archetypal symbolism, and within the context of myth and ritual. This book will be a fascinating read for Jungian analysts, psychologists, psychiatrists and therapists with an interest in the link between cinema and therapy, as well as filmmakers, students and teachers of film studies.

*Routledge*  
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* For full contents and more information, visit: [www.routledge.com/9781032608341](http://www.routledge.com/9781032608341)

**A Life of One’s Own**

Marion Milner

Series: Routledge Classics

In A Life of One’s Own Marion Milner, a renowned British psychoanalyst, artist and autobiographer takes us on an extraordinary seven-year inward journey to discover what it is that makes her happy. On its first publication, W. H. Auden found the book “as exciting as a detective story” and, as Milner searches out clues, the reader quickly becomes involved in the chase. Anticipating the contemporary phenomenon of mindfulness, A Life of One’s Own is a great adventure in thinking and living whose insights remain as fresh today as they were on the book’s first publication in the 1930s. This Routledge Classics edition includes a revised Introduction by Rachel Bowlby.

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**Philosophy, sociology, and therapy.**

**Psychotherapists, phenomenologists, as well as theorists of**

**Gestalt therapy, sociological, political, and economic**

**research is often neglected or ignored. Drawing on analyses**

**about current societal conditions, this book considers**

**that there is no such thing as a ‘postmodern’ therapy and**

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**fresh today as they were on the book’s first publication in**

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**Introduction by Rachel Bowlby.**
A Practical Guide to Family Therapy
Structured Guidelines and Key Skills

Edited by Andrew Wallis, Kerrie James, Paul Rhodes
Grounded in systemic family therapy and drawing on a variety of other models to enhance skills development, this book is a comprehensive, practical guide to working with families. Lead by an expert team committed to innovative and contextual practice, this book is for experienced clinicians who want to learn to work with families and for beginning therapists to learn from a structured approach to developing complex skills.

A Psychoanalytic Reflection on Narcissistic Parenthood and its Ramifications
The Forgotten Echo

Hila Yahalom
A Psychoanalytic Reflection on Narcissistic Parenthood and its Ramifications: The Forgotten Echo proposes a new perspective on narcissism, focusing on its destructive impact within relationships. A Psychoanalytic Reflection on Narcissistic Parenthood and its Ramifications will be of great interest to psychoanalysts and other clinicians working with narcissism, parenthood and dysfunctional family relationships.

A Professional’s Guide to Working with Vulnerable and Traumatised Children
The Healing Circle

Rikke Ludvigsen
This book presents "The Circle of Safety and Reconnection", a compassionate reflection model on working with vulnerable and traumatised children and young people in a nurturing way, providing hope for post-traumatic healing and growth. This text is written for all professionals working in the field including therapists and psychologists, social workers, educators, foster parents, nurses, day care workers, and students.

A Psychoanalytic Study of Political Leadership in the United States and Russia
Searching for Truth

Edited by Karyne E. Messina
A Psychoanalytic Study of Political Leadership in the United States and Russia provides psychoanalytic insight into the motives of this complex and contradictory figure. A Psychoanalytic Study of Political Leadership in the United States and Russia will be of great interest to psychoanalysts and to readers seeking to understand the complex dynamics of populist leadership.

A Psychoanalytic Approach to the Feminine

Houari Maïdi
A Psychoanalytic Approach to the Feminine sees Houari Maïdi dissect the concepts and characteristics of the feminine in both male and females, separating them from womanhood and femininity, and equipping readers with the tools to better understand pathologies such as masochism, narcissism, depression, and paranoia. Using clinical vignettes throughout, this book is essential reading for psychoanalysts and those interested in the intersection between gender and analysis.

A Psychologist’s Casebook
Cases from Practice Used to Support Teaching Mental Health Practitioners

Esther M Roodenburg, John Roodenburg
Drawing on examples from clinical practice, this book presents evidence-based psychological principles in an applied context to support effective practice in the helping professions. This book takes a narrative approach, presenting a collection of case studies to complement the traditionally theory-heavy education and training of mental health professionals. Rich with examples from the authors’ many years of clinical psychology practice and graduate teaching, this book is written for students and practitioners alike.
**A Social Ontology of Psychosis**
**Genea-logical Treatise on Lacan’s Conception of Psychosis**

Diego Enrique Londoño-Paredes

*Series: The Lines of the Symbolic in Psychoanalysis Series*

In A Social Ontology of Psychosis, Diego Enrique Londoño-Paredes explores how to interpret and apply the concept of the signifier of the Name-of-the-Father in Lacanian theory, particularly in the context of working with psychosis. The book examines the evolution of the figure and the signifier of the Father from ancient Mesopotamia to Modernity. It aligns Searle’s social ontology with Lacan’s discourses, highlighting psychosis as an illustration of being outside discourse, particularly when the Name-of-the-Father is foreclosed. This book will be of interest to practitioners and scholars in psychoanalysis, philosophy, humanities, and the history of mental health and knowledge.

*Routledge*

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**A Systemic Approach to Integrative Counselling**

Rick Murphy

This book presents systemic psychotherapy to integrative counsellors by using the most common counselling modalities and turning them into systemic approaches. The Systemic Model for Integrative Counsellors teaches systemic theory and techniques gradually, delving into various ways for integrative counsellors to think from a systemic perspective, reframing a client’s presenting problem as emerging from relationships and social context. It will provide qualified and trainee counsellors with an in-depth systemic outlook on counselling modalities. It is also a helpful guide for scholars and researchers in related fields.

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**A Therapist’s Guide to Adolescent Development**

Supporting Teens and Young Adults in Their Families and Communities

Edited by Kimberly M. Jayne Saybrook University, California, USA

Katherine E. Purswell Texas State University, USA

A Therapist’s Guide to Adolescent Development is a practical guide to understanding adolescent development and applying developmental knowledge in therapeutic practice. This unique and meaningful book will benefit any mental health professional or student who wants to integrate developmental knowledge into practice in a way that educates, empowers, and promotes collaboration with adolescents rather than pathologizing them.

*Routledge*

**September 2024: 212**

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*For full contents and more information, visit: www.routledge.com/9781032050423

**A Therapist’s Guide to Private Practice**

Building a Values-based Business

Sarah Rees

This book is a comprehensive guide to setting up, running and growing a successful private therapy practice that resonates with your values and professional goals. A motivational and inspiring read for therapists, psychotherapists, coaches, and counselors. Get ready to turn your dream into reality and create something profoundly impactful and uniquely yours.

*Routledge*

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**A Transactional Analysis of Motherhood and Disturbances in the Maternal**

From Pre-conception to Human Being

Emma Haynes

*Series: Innovations in Transactional Analysis: Theory and Practice*

Grounded in research and clinical experience and with plenty of case examples, this book provides a relational Transactional Analysis diagnosis and treatment strategy to give immediate relief for maternal mental illness. Written in a clear and concise style, this book will be valuable reading for TA psychotherapists and students, and anyone wanting to enlarge their knowledge of motherhood and parenting.

*Routledge*

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**Absolute Freedom**

Individuation and Individualization in Second-Late-Modern Societies

Stefano Carpani

Within this book, the fields of analytical psychology and sociology combine to examine and explore current social theory and the concept that the author has termed ‘absolute freedom’. This compelling new book will be of great interest to academics, scholars and students in the fields of analytical psychology, sociology and psychosocial studies.

*Routledge*

**July 2024: 184**

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**Hb**: 978-1-032-48785-4: £120

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ADHD and Sex
A Workbook for Exploring Sexuality and Increasing Intimacy
Lyne Piché
This innovative workbook allows couples and individuals to explore the intersection of ADHD and sexuality and its many manifestations in a couple’s sex life and relationship. This book is essential for adults with ADHD looking to embrace their sexualities as well as therapists, counselors, and coaches who work with clients with ADHD.

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An Experiment in Leisure
Marion Milner
Series: Routledge Classics
What is it that stops people from knowing what they want? How much of our experience is shaped by images, symbols and early memories—and do such things help or hinder one becoming an adult? Written in 1936, An Experiment in Leisure continues Marion Milner’s unique and compelling investigation into how we lead our lives, complementing the account she began in A Life of One’s Own. With a new foreword by Akshi Singh, it remains a striking and captivating adventure in thinking and living with uncertainty, whose insights remain fresh and relevant today.

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An Integrative Approach to Treating Eating Disorders
9 Foundational Skills for a Lasting Recovery
Bethany C. Crowley
An Integrative Approach to Treating Eating Disorders walks therapists through how to effectively resolve the most common yet nuanced struggles that clients with disordered eating face on a daily basis. Each foundational skill is presented in its own chapter, complete with data, case vignettes, worksheets, and exercises developed over 25 years of research and client management. With this book, therapists both new and experienced will boost their confidence, gain practical tools, and bring more efficiency to their individual or group sessions.

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Animal-Assisted School Counseling
Edited by Elizabeth Kjellstrand Hartwig
Animal-Assisted School Counseling (AASC) is a hands-on resource that provides invaluable information for school counselors interested in partnering with a therapy animal on campus to help students meet social and emotional goals. Ideal for the school counselor, social worker, or psychologist who may not have specific training in AASC, this book will encourage school mental health practitioners to seek out training programs to become an AASC team.

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4TH EDITION

Animal-Assisted Therapy in Counseling

Cynthia K. Chandler University of North Texas, USA

The fourth edition of Animal-Assisted Therapy in Counseling is the most comprehensive book available dedicated to training mental health practitioners in the performance of animal-assisted therapy in counseling. This unique resource is an indispensable guide for any counselor or psychotherapist looking to develop and implement animal-assisted therapy techniques in practice.

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* For full contents and more information, visit: www.routledge.com/9781032193465

Anti-Oppressive Psychotherapeutic Practice

Finding Liberation Through Unlearning

Florie St. Aime

This book supports mental health practitioners in showing how they personally intersect with oppression, helping them explore how it shows up in their practice and providing them with tools to offer anti-oppressive care. This book is essential reading for clinical social workers in practice and in training, as well as for psychotherapists, counselors, marriage and family therapists, and other mental health practitioners.

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Hb: 978-1-032-07461-0: £130
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Art that Tells the Truth

Creative Methods in Guidance and Counselling

Edited by Reinekke Lengelle, Deirdre Hughes Warwick University, UK, Liane Hambil Coventry University, UK

This enriching and inspiring book on creative methods demonstrates the power and effectiveness of the creative approach in guidance and counselling settings. The twenty chapters in this volume focus on the importance and joys of play, creative expression, and imagination in effective learning; as we develop, observe, and interact with our own creations we can arrive at fresh insights by tapping into the wisdom of the unconscious mind. Creative methods often provide a new perspective on difficult emotions and allow us to perceive what they're trying to tell us. The chapters in this book were originally published as special issues in Journal of Guidance and Counselling. This book is essential reading for clinical social workers in practice and in training, as well as for psychotherapists, counselors, marriage and family therapists, and other mental health practitioners.

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2ND EDITION

Art Therapy and the Neurosciences of Trauma

Theoretical and Practical Perspectives

Edited by Juliet L. King The George Washington University, Washington, DC, USA, Christianne E. Strang University of Alabama at Birmingham, USA

Art Therapy and the Neurosciences of Trauma, 2nd ed, lays out a unified framework of neural plasticity and resilience that places it within a broader social context. Using a lens grounded in multicultural humility, renowned figures in art therapy have updated chapters with content that takes a systematic yet inclusive approach. New chapters and new authors offer stimulating insights into individual and community factors that drive comprehensive care. This revitalized second edition offers an accessible and comprehensive text intended for novice and sage art therapists and students.

Routledge
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Art Therapy Through the Lifespan

A Collection of Case Studies

Edited by Peg Dunn-Snow, Jill McNutt

Art Therapy Through the Lifespan: A Collection of Case Studies introduces theories and models of human development highlighted by case studies written by art therapists and broken down by developmental age ranges. The first of its kind, this book encouragies and supports readers to develop their knowledge of art therapy and human development across the lifespan with a focus on safety, material quality, and artistic intent.

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Arts-Based Approaches to Promote Mental Health and Well-Being

Supporting Children and Families in Conditions of Adversity

Edited by Sara Hommel, Girija Kaimal

This book focuses on arts-based approaches to psychosocial health among children, youth, and their caregivers living in conditions of adversity around the world. Creative arts therapists, public health professionals, healthcare providers, policymakers, and humanitarian groups seeking to provide cost-effective support to communities in need will find this book full of unique findings on the impact of large-scale arts-based interventions in a range of public health settings.

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Asian American Identities, Relationships, and Post-Migration Legacies
Reflections from Marriage and Family Therapists

Edited by Jessica Chen Feng, Lana Kim
Bringing together the personal and professional narratives of Asian American family therapists, this book offers insight into the Asian American experience through systemic theory and frameworks, individual and community stories, and clinical considerations. This book is essential reading for marriage and family therapists and other mental health clinicians who want to deepen their understanding of, relationship with, and clinical support for the Asian Americans in their lives, whether friends, colleagues, supervisors, or clients.

Assessing and Treating Emotionally Inexpressive Men

Edited by Ronald F. Levant, University of Akron, Ohio, USA, Shana Pryor, University of Akron, Ohio, USA
Series: The Routledge Series on Counseling and Psychotherapy with Boys and Men

What if your new client, a man in his early 40s, cannot answer basic questions in your initial assessment interview? You were aware that many men do not like to talk about their feelings, but this client seems kind of frozen. You think he might be alexithymic, but you do not know how to assess for that, or even more importantly, how to treat it. Assessing and Treating Emotionally Inexpressive Men has answers. Clinicians will come away from this book with a clear sense for how to treat alexithymia in the early sessions of psychotherapy and thereby improve treatment uptake and outcomes.

Assessing and Treating Suicidal Thinking and Behaviors in Children and Adolescents

A Play Therapy Guide for Mental Health Professionals in Clinical and School-Based Settings

Edited by Leslie W. Baker, Therapy2Thrive Ruby Hill Marriage and Family Counseling Center, California, USA, Mary Ruth Cross, Treehouse Family Counseling Services, California, USA

Assessing and Treating Suicidal Thinking and Behaviors in Children and Adolescents is a guide to working with children and young people who present with either obvious or hidden suicidal thoughts, preoccupations, or plans. Expressive therapists, school-based counselors, and other clinicians who work with at-risk children and adolescents from diverse communities and backgrounds will come away from this book with the tools they need to integrate the individual child’s capabilities, sources of distress, and internal and external resources in order to build a developmentally sensitive treatment plan.

Assessing Psychosis
A Clinician’s Guide

Ali Khadivi, Private Practice, New York, NY, USA, James H. Kleger, Private Practice, Bethesda, MD, USA

This new edition includes two new chapters and updated diagnostic criteria considering the new DSM-5-TR. Practicing psychiatrists, psychologists, social workers, psychiatric nurses and students will find this a valuable resource for clinical practice, training, and teaching purposes.

Autism and Inclusive Education
A Guide for Teachers, Practitioners and Parents

Chandra Lebbenhagen

This handbook provides educators and school practitioners with a practical resource to successfully support speaking and non-speaking autistic students in K-12 school settings. This handbook’s flexible and easy-to-use design can be used in its entirety or as a reference tool for school practitioners, teachers, and parents.

BDSM and Kink
The Basics

Stefani Goerlich, Elyssa Helfer

Series: The Basics

BDSM and Kink: The Basics provides an essential overview of knowledge that every clinician should have about alternative sexualities. This book is essential for mental health and medical providers, educators, and individuals interested in learning more about BDSM and Kink.
Being with the Body in Depth Psychology
Development, Trauma, and Transformation in the Unspoken Realm
Barbara Holifield
Featuring a foreword by Donald Kalsched, this important book examines the integration of the subjectively experienced body in the practice of depth psychology. This book offers guiding principles for psychotherapists and clinicians of all levels to engage the bodily basis of experience in their clinical practice. It will appeal to general readers interested in integrating mind and body, including those in the healing arts, fine arts, dance, athletics, meditation, yoga, and martial arts.

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Beyond a Shadow of a Diet
Judith Matz, Ellen Frankel
Now in its third edition, Beyond a Shadow of a Diet is the most comprehensive book available for professionals working with clients who struggle with binge and emotional eating, chronic dieting, and body image. Trauma-informed and filled with compelling client stories and step by step strategies, Beyond a Shadow of a Diet offers professionals and their clients a positive, evidence-based model for making peace with food, their bodies, and themselves.

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Bion in the Consulting Room
An Implicit Method of Clinical Inquiry
Joseph Aguayo
Psychoanalytic Center of California, USA, R. Hinshelwood Centre for Psychoanalytic Studies, UK, Sira Dermen, British Psychoanalytical Society, UK, Nicola Abel-Hirsch, British Psychoanalytical Society, UK
Series: The Routledge Wilfred R. Bion Studies Book Series
Bion in the Consulting Room addresses the long unanswered question of Bion’s clinical and supervisory technique and examines the way Bion’s conceptual model and clinical practices informed his theoretical work. This illuminating book is essential reading for psychoanalysts, psychotherapists and psychologists interested in the work of Wilfred Bion and the importance of his legacy in contemporary practice.

Routledge
August 2024: 162
Pb: 978-1-032-50633-3
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Black Film Through a Psychodynamic Lens
Katherine Marshall Woods
Black Film Through a Psychodynamic Lens delves into the nuanced character development and narrative themes within the struggles and successes presented in Black films over the last five decades. From Do The Right Thing, The Color Purple and Malcolm X to contemporary classics like 12 Years a Slave, Black Panther and American Fiction, this book is an essential read for those interested in the intersection between Psychology, Psychoanalysis, Film Theory and African American cultural identity.

Routledge
November 2024: 176
Pb: 978-1-032-50839-9
* For full contents and more information, visit: www.routledge.com/9781032508399

Carl Jung and the Evolutionary Sciences
A New Vision for Analytical Psychology
Gary Clark
Series: Comparative Psychoanalysis
This book revaluates Carl Jung’s ideas in the context of contemporary research in the evolutionary sciences. Seeking to build bridges between analytical psychology and contemporary evolutionary studies and associated fields, this book will appeal to scholars of analytical and depth psychology, as well as researchers in the evolutionary and brain sciences.

Routledge
October 2024: 236
Pb: 978-1-032-62451-8
* For full contents and more information, visit: www.routledge.com/9781032624518

Case Conceptualization in Couple Therapy
Comparing and Contrasting Theories
Edited by Michael D Reiter
This textbook provides undergraduate and master’s students with a comprehensive and in-depth exploration of the primary models of couples counseling, allowing them to compare and contrast each theory alongside a single case. This textbook is a core text for graduate marriage and family therapy, mental health counseling, clinical psychology, and social work students. The book will also be useful for practicing professionals who want to explore how to apply a specific model of counseling to couples.

Routledge
August 2024: 312
Pb: 978-1-032-43841-2
* For full contents and more information, visit: www.routledge.com/9781032438412
Case Studies in Child and Adolescent Psychoanalysis
Treating Trauma, Anxiety and Aggression
Edited by Christel Airas
Case Studies in Child and Adolescent Psychoanalysis presents a wide range of full case presentations of children and adolescents undergoing psychoanalytic treatment, covering key issues such as trauma, aggression, depression and sexual development. This book is a dynamic and much-needed resource for all analysts in practice and training working with child and adolescent patients, as well as policy makers looking at the mental wellbeing of young people and those interested in the curative factors of psychoanalytic treatment.

Case Studies in Cognitive Behavioural Couple Therapy
Couple Narratives
Edited by Michael Worrell, Marion Cuddy
This book gives readers a rich and detailed understanding of what it is like to work with a diverse range of couple presentations from a CBT perspective. In this book, authors working in a wide range of clinical settings describe how they have drawn upon and applied CBT Couple therapy across couple distress, sexual issues, infidelity, inter-partner violence, transition to parenthood, separation issues, personality disorders, and more. Case Studies in Cognitive Behavioural Couple Therapy will be required reading for both beginning and experienced couple therapists who wish to draw upon the wide range of evidence-based strategies available in Cognitive Behavioural Couple therapy.

Challenging Psychiatry’s Reliance on the Disease Model
A New Take on Diagnosis, Pathology and Disablement
Digby Tantam Middlesex University, UK
Series: Advances in Mental Health Research
This volume critiques and challenges the use and promotion of the disease model in psychiatry, arguing that its misconceived approach prevents the preferred disablement model from becoming the default method to understand mental health conditions, including schizophrenia.

Childhood Obsessive-Compulsive and Related Disorders
Assessment and Treatment
Edited by Eric A. Storch, Ph.D., Andrew G. Guzick, Ph.D.
This book is a comprehensive evidence-based guide for clinicians and trainees on the assessment and treatment of youth with obsessive-compulsive and related disorders (OCRDs). This book is essential for clinicians specializing in OCD and related disorders in children and adolescents. It is also applicable to clinicians, trainers, and students across a wide range of mental health disciplines.

Clinical Storytelling, Art and the Problems of Being
The Analyst’s Necessary Vertigo
Jade McGleughlin
Series: Relational Perspectives
In a series of overlapping clinical essays—sometimes highly personal, sometimes bristling with theory, sometimes employing experimental writing—Jade McGleughlin upends the ways we tell a psychoanalytic story. Drawing from film, literature, and art, including her own paintings, as well as extensive clinical experience, this book is essential reading for all psychoanalysts, psychotherapists, and anyone wanting to understand how communication in a clinical space can transcend the verbal.

Cognitive-Behavioral Interventions in Educational Settings
A Handbook for Practice
Edited by Ray W. Christner, Rosemary B. Mennuti
The third edition of this book offers readers a way to think strategically about the individual student and plan for effective and specific interventions based on the student’s age, developmental level, and presenting problem. Written by established professionals who offer structured and creative approaches to cognitive-behavior therapy (CBT), this volume presents evidence-based interventions for issues commonly seen in schools and offers innovative and well-established approaches to working with children and adolescents in a school setting. With new chapters and contributors, the third edition of this text reflects the current and predicted future trends in the use of CBT in schools.
Compassion-Based Practices for Secondary Traumatic Stress
A Resource Guide for Helping Professionals

Ruth Gottfried, David Yellin Academic College of Education, Israel

Compassion-Based Practices for Secondary Traumatic Stress is a workbook of individual and group compassion-based practices that incorporate mindfully contemplative stress-reduction activities and anti-based practices. Unlike many activity-based workbooks, this workbook is anchored in scientific research, allowing readers to identify the connections between the compassion-based practices and the science of recovery and healing.

Routledge
October 2024:240
Pb: 978-1-032-44471-0 £27.99
Hb: 978-1-032-44472-7 £130
* For full contents and more information, visit: www.routledge.com/9781032444710

Conceptualizing Ego States in Transactional Analysis
Three Systems in Interaction

José Grégoire

Within this book, Grégoire reviews and extends the founding concepts of ego states in Transactional Analysis, starting with Eric Berne’s foundational thinking about ego states, and then examining and integrating the evolution of subsequent models and thinking. Providing a greater comprehension of Berne’s texts and the multifaceted concept of ego states, this book will be a valuable resource for transactional analysts, both in practice and in training.

Routledge
August 2024:306
Pb: 978-1-032-65767-7 £29.99
Hb: 978-1-032-65766-0 £120
* For full contents and more information, visit: www.routledge.com/9781032657667

Containment, Organisations and the Working Task

Edited by Tiago Mendes, R. D. Hinshelwood Centre for Psychoanalytic Studies, UK

With close attention to Wilfred Bion’s influence on the literature about groups and organisations, this book explores how containment has been transposed from the clinical setting to enlighten the work being carried out by psychodynamic practitioners and researchers, especially within organisations. Drawing on their own experiences, the authors highlight how psychoanalytic concepts impact their own practice, contributing to a collection that will prove essential for psychoanalysts, managers, policymakers, consultants and researchers in a wide range of professional and clinical settings.

Routledge
July 2024:226
Pb: 978-1-138-50513-1 £27.99
Hb: 978-1-138-50511-7 £105
* For full contents and more information, visit: www.routledge.com/9781138505131

Contemporary Perspectives on Freud’s Seduction Theory and Psychotherapy
Revisiting Masson’s ‘The Assault on Truth’

Edited by Warwick Middleton, Martin J. Dorahy University of Canterbury, New Zealand

This edited collection brings together the perspectives of a broad spectrum of experts who reflect on Freud’s Seduction Theory, psychoanalysis and the reality of child abuse through the work of Jeffrey Masson. This book examines how ‘The Assault on Truth’ came to be written, why it sparked such an extreme reaction, and the issues Masson was grappling with. Complete with an extended Foreword by John Briere, a luminary of the modern trauma field, this book will be essential reading for practitioners, students and researchers involved in contemporary psychoanalysis, psychotherapy, psychology and especially trauma care, women’s mental health, child safety and the study of memory.

Routledge
October 2024:280
Pb: 978-1-032-55634-5 £32.99
Hb: 978-1-032-55522-5 £135
* For full contents and more information, visit: www.routledge.com/9781032556345

4TH EDITION
Couple and Family Assessment
Contemporary Measures and Cutting-Edge Strategies

Edited by Len Sperry Florida Atlantic University, USA

This fourth edition text features the latest, most common, and important assessment measures and strategies for addressing problematic clinical issues related to working with families, couples, and children. This book is essential reading for both students in family and couple therapy courses as well as practitioners working with families, couples, and children.

Routledge
September 2024:472
Pb: 978-1-032-46889-1 £39.99
Hb: 978-1-138-50513-1 £130
* For full contents and more information, visit: www.routledge.com/9781032468891

Collected Writings of Giles Clark
Recycling Madness with Jung, Spinoza and Santayana

Edited by Judith Pickering, Geoffrey Samuel Cardiff University, UK

This timeless and thought-provoking volume makes available the collected writings of Giles Clark (1947-2019), whose original clinical theory constitutes a major contribution to the areas of analytical psychology, psychoanalysis, and philosophy. The Collected Writings of Giles Clark is of great interest to Jungian analysts, analytical psychologists, and psychotherapists in practice and in training, as well as anyone interested in understanding interface between depth psychology, philosophy, and neuropsychology, and in the mind-body problem more generally.

Routledge
September 2024:318
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* For full contents and more information, visit: www.routledge.com/9781032735764

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Pb: 978-1-032-44471-0 £27.99
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Routledge
October 2024:280
Pb: 978-1-032-55634-5 £32.99
Hb: 978-1-032-55522-5 £135
* For full contents and more information, visit: www.routledge.com/9781032556345
Couples as Parents
Explorations in Couple Therapy

Edited by Kate Thompson, Damian McCann
Series: The Library of Couple and Family Psychoanalysis

Couples as Parents: Explorations in Couple Therapy explores the complex task of parenting from the perspective of the couple relationship. The book considers the historical context of couple relationships, utilises research and psychoanalytic ways of thinking to further understanding for psychotherapists and interested parents as well as offering a variety of therapeutic approaches to the specific needs of parents, whether as a couple, separated, or single.

Couple Therapy
The Basics

Molly Ludlam
Series: The Basics

Couple Therapy: The Basics provides a comprehensive introduction to couple therapy. Taking both a general overview and a psychoanalytic focus, it addresses the basic questions which both couples and those interested in becoming couple therapists can expect to ask. This book is essential for early career therapists as well as those undertaking or interested in couple therapy.

Creating Empowering Design from Homes to Cities
Addressing Inclusive Design from Homes to Cities

Edited by Kevin Charras
University Hospital of Rennes, France
Eef Hogervorst
Loughborough University, UK
Sarah Wallowk
Stockholm University, Sweden
Saska Kuliga
German Centre for Neurodegenerative Diseases (DZNE), Germany
Bob Woods
Bangor University, UK
Series: Aging and Mental Health Research

This edited volume focuses on person-centred design that enables empowerment, quality of life, health and citizenship in people living with dementia. It will be of value to researchers, scholars, and postgraduate students studying gerontology, dementia specifically, and those involved with architecture and the built environment for societal benefit more broadly.

Creating Meaning in Funerals
How Families and Communities Make Sense of Death

William G. Hoy
Baylor University, Texas, USA

Creating Meaning in Funerals is a book about the ways in which bereaved families and communities create meaningful ceremonies against a backdrop of what is culturally appropriate, even when their choices might make little economic sense to those outside the culture. Readers will be repeatedly challenged to suspend their own biases and provide counseling support and encouragement to bereaved individuals for whom funerals were or were not effective means of coping with their loss. Discussion questions at the end of each chapter make the book useful for educational settings such as funeral service classroom instruction, thanatology classes, and grief counseling courses.

Critical Essays on the Drive
Lacanian Theory and Practice

Edited by Dan Collins, Eve Watson
Series: The Lines of the Symbolic in Psychoanalysis Series

This thorough text provides a complete overview of the drive in Lacanian psychoanalysis. Critical Essays on the Drive will be essential reading for psychoanalysts, psychologists, psychotherapists, and psychiatrists in practice and in training. It will also be of great interest to academics and scholars of psychoanalytic and Lacanian theory, critical theory, and cultural theory.

Critique and Affirmation in Erich Fromm
Humanistic Politics and the Psychoanalytic Clinic

Matheus Romanetto

Critique and Affirmation in Erich Fromm explores the relations between Erich Fromm’s theory and practice in politics and the psychoanalytic clinic – their points of continuity and contradiction. Critique and Affirmation in Erich Fromm will be of great interest to psychoanalysts and to academics and scholars of psychoanalytic studies, sociology, contemporary philosophy, political theory, and critical theory.
Cultivating Systemic Resilience in Therapy
Applications and Interventions for Families, Relationships, and Individuals
Edited by Christie Eppler
Therapists intuitively know that the families, partnerships, and individuals they treat have strengths, but may not know how to identify or utilize them. This edited collection aims to help therapists understand and apply concepts of systemic resilience in clinical practice, supporting them in conceptualizing cases, treatment planning, and developing supportive therapeutic relationships. This is essential reading for students and professionals in counseling, clinical social work, and marriage and family therapy.

Cultural Complexes and Europe’s Many Souls
Jungian Perspectives on Brexit and the War in Ukraine
Edited by Jörg Rasche, Thomas Singer
Series: The Cultural Complex Series
This timely and important new volume examines the impacts of Brexit and the war in Ukraine from the lens of the cultural complex model, in an exploration of the underlying dynamic relationships within and between countries. This will be an important read for Jungian analysts interested in the underlying dynamic fueling Brexit and the Ukraine-Russia war as well as those interested in Jungian studies, analysis and political activism, and international affairs from a Jungian perspective.

DBT Principles and Strategies in the Multidisciplinary Treatment of Eating Disorders
Alyssa H. Kalata, Elysse Thebner Miller
DBT Principles and Strategies in the Multidisciplinary Treatment of Eating Disorders is an in-depth exploration of DBT strategies and principles that can be applied by all members of a client’s multidisciplinary team, including dietitians and psychiatric providers. This book is an accessible, practical guide for eating-disorder professionals of all disciplines who would like to integrate DBT principles and strategies into patient care.

Decent Work, Inclusion and Sustainability
Edited by Deirdre Hughes Warwick University, UK, Maria Eduarda-Duarte University of Lisbon, Portugal
This content-rich and inspirational book offers complementary theoretical and practical perspectives from detailed research and analysis of decent work, inclusion and sustainability issues in Brazil, Canada, Iceland, Ireland, Italy, Portugal, Singapore, the United Kingdom, United States and West Africa. With a new chapter, conclusion, and a revised introduction, this book will be beneficial to students, researchers, teachers, policymakers, guidance and counselling practitioners who have an interest in decent work, inclusion and sustainability, and human psychology, to name a few. The other chapters were originally published in the British Journal of Guidance and Counselling.

Deliberate Practice for Psychotherapists
A Guide to Improving Clinical Effectiveness
Edited by Tony Roussanierie Member of the Clinical Psychology faculty University of Washington, Seattle, USA
This book explores how psychotherapists can use deliberate practice to improve their clinical effectiveness. By sourcing through decades of research on how experts in diverse fields achieve skill mastery, this book shows it is possible for any therapist to dramatically improve their clinical skills. Enriched with insightful clinical experiences and anecdotes, Deliberate Practice for Psychotherapists is an important read for graduate students, trainees, and practicing psychotherapists.
Delivering Effective Adventure Therapy
A Therapist’s Guide to Producing Transformative Change for Clients

Michael A. Gass
Delivering Effective Adventure Therapy: A Therapist's Guide to Producing Transformative Change for Clients provides effective interventions for enriching therapeutic techniques using experiential methodology infused with metaphor. This text is essential for mental health clinicians, including psychologists, social workers, and family/marriage therapists. As well as, therapists working in adventure, wilderness, outdoor, and alternative treatment settings.

Routledge
September 2024:168
Pb: 978-1-032-64028-0: £130
* For full contents and more information, visit: www.routledge.com/9781032640259

Eating Disorder Group Therapy
A Collaborative Approach

Carolyn Karoll, Adina Silverman
This is the only book that teaches clinicians how to run an effective, evidence-informed, and multi-disciplinary eating disorder group, incorporating psychoeducation, process group dynamics, and experiential elements. Suitable for clinicians and students alike in the eating disorder field, this guide on how to successfully begin and run your own group is a necessary resource.

Routledge
April 2024:244
Pb: 978-1-032-59595-2: £27.99
Hb: 978-1-032-59597-6: £130
eBook: 978-1-003-43096-4
* For full contents and more information, visit: www.routledge.com/9781032554952

Encyclopedia of Counseling Package
Complete Review Package for the NCE, CPCE, CECE, and State Counseling Exams

Howard Rosenthal
This three-item package is a complete study guide program for preparation for the National Counselor Examination (NCE), state counseling exams, the Counselor Preparation Comprehensive Examination (CPCE), and the Counselor Education Comprehensive Examination (CECE). It includes the newly updated and revised Master Lecture Series 4th ed, Encyclopedia of Counseling, 4th ed, and the Human Services Dictionary, 2nd ed.

Routledge
May 2024:612
Pb: 978-1-032-60291-2: £115
Hb: 978-1-032-60290-5: £27.99
eBook: 978-1-003-43097-2
* For full contents and more information, visit: www.routledge.com/97810326062912

Enhancing Pleasure for Gay Men
A Clinical Guide for Healing and Acceptance Through Better Sex

Israel Martinez
This book aims to help therapists understand the challenges gay men face in their sex lives, providing professionals and gay men with evidence-based interventions and clinical tools to help them heal and live overall healthier lives. With special focus on marginalized communities within the LGBTQIA+ community, such as trans men, BIPOC, aging, disabled, and chronically ill voices, this book is essential reading for sex therapists and mental health professionals working with gay men, as well as gay men themselves looking to live authentically and happily in their sexual lives.

Routledge
July 2024:168
Pb: 978-1-032-47870-8: £26.99
Hb: 978-1-032-47871-5: £120
eBook: 978-1-003-43097-2
* For full contents and more information, visit: www.routledge.com/9781032478708

Depression
A Contemporary Introduction

Marianne Leuzinger-Bohleber
Sigmund-Freud-Institut, Germany
Series: Routledge Introductions to Contemporary Psychoanalysis
This book serves as a practical and comprehensive introduction to depression, and its deep roots in trauma. Including a review of both classical psychoanalytic tests and state-of-the-art empirical research, this introductory book is an invaluable resource for psychoanalysts and psychotherapists in private practice and Public Health institutions alike. The clear and accessible style also make it a vital resource for students of clinical psychology, medicine, anthropology, cultural studies, the educational sciences and beyond.

Routledge
November 2024:136
Hb: 978-1-032-59597-9: £35.99
* For full contents and more information, visit: www.routledge.com/9781032595962

Depth Psychology, Cult Survivors, and the Role of the Daimon
Oppression, Agency, and Authenticity

Linda R. Quennec
Series: Advances in Mental Health Research
This book explores the possibilities that exist for navigating out of and away from multiple levels of oppression through memoir-based research, via the idea of “the daimon” and perspectives of Jungian and post-Jungian depth psychology. Suggesting a more aligned approach to utilizing a phenomenological hermeneutic study based in participant memoir, it will appeal to scholars and professionals in depth psychology, and other psychological orientations, who are interested in more deeply understanding the psychological mechanisms involved in leaving a high-demand group or other oppressive situations.

Routledge
June 2024:208
Pb: 978-1-032-55495-2: £34.99
Hb: 978-1-032-55497-6: £130
eBook: 978-1-003-42897-8
* For full contents and more information, visit: www.routledge.com/9781032554952

Mental Health 13
Erich Fromm
A Contemporary Introduction

Sandra Buechler
William Alanson White Institute, New York, USA

Series: Routledge Introductions to Contemporary Psychoanalysis

In this illuminating volume, Sandra Buechler introduces Erich Fromm’s groundbreaking contributions to psychoanalysis, sociology, philosophy, political action and social criticism. Assuming no prior knowledge of Fromm’s work, this book offers students in clinical and social psychology, sociology, and philosophy a vital insight into his theoretical contributions. It will also be of interest to psychoanalysts, psychologists and social workers.

Routledge
June 2024:162
Pb: 978-1-032-61343-7: £19.99
Hb: 978-1-032-69351-4: £130
eBook: 978-1-032-69352-1

* For full contents and more information, visit: www.routledge.com/9781032613437

Ethics, Identity, and the Dramatherapy-informed Classroom
Processes of Identity Negotiation and Performance

Jeanne Roberts
Columbia 1400, UK

Using the drama classroom to shape an active, student-centred space and foster a new perspective for understanding the dramatherapeutic change process, this book explores the processes that underpin the ways young people negotiate and perform their identities as ethical people. This inately multidisciplinary book will be of use to scholars, researchers and postgraduate students studying drama education, dramatherapy, and curriculum studies more broadly. Drama teachers and educators will also find this volume of use.

Routledge
August 2024:164
Hb: 978-1-032-72985-5: £130

* For full contents and more information, visit: www.routledge.com/9781032729855

Erotic Transference
A Contemporary Introduction

Andrea Celenza

Series: Routledge Introductions to Contemporary Psychoanalysis

Erotic Transferences: A Contemporary Introduction offers a comprehensive introduction to this key, yet challenging aspect of the psychoanalytic process. Providing practitioners with the tools to deal with the intense feelings that inevitably arise with erotic transferences, this book is vital reading for all psychoanalysts, psychodynamic practitioners and instructors of candidates and trainees.

Routledge
July 2024:142
Pb: 978-1-032-47106-8: £19.99
Hb: 978-1-032-48832-5: £130

* For full contents and more information, visit: www.routledge.com/9781032471068

Everyday Leadership
Taking Charge in the Real World

Ahron Friedberg, M.D., Sandra Sherman

Everyday Leadership examines how individuals in everyday, relatively small settings can succeed in leadership positions. This book is an essential read for HR professionals, executive coaches, management consultants, leadership trainers, and organizational psychologists as well as those facing leadership challenges in their profession.

Routledge
May 2024:172
Pb: 978-1-032-56911-6: £24.99
Hb: 978-1-032-56909-3: £130
eBook: 978-1-003-43763-5

* For full contents and more information, visit: www.routledge.com/9781032569116

Essentials of Compassion Focused Therapy
A Practice Manual for Clinicians

Nicola Petrocchi, John Cabot University, Italy, James Kirby, University of Queensland, Australia, Beatrice Baldi

This book presents a comprehensive, 12-module transdiagnostic program to deliver Compassion Focused Therapy (CFT) in group and individual settings. Offering an accessible step-by-step guide to the essentials of CFT and its application to a range of contexts, this book provides clinicians with clear guidelines to deliver the modules. This practice guide will be the authoritative resource in CFT for clinicians, trainers, supervisors, researchers, and clients with previous CFT experience who wish to deepen their practice.

Routledge
July 2024:516
Pb: 978-1-032-56554-5: £29.99
Hb: 978-1-032-56553-8: £130

* For full contents and more information, visit: www.routledge.com/9781032565545

Expanding Psychoanalysis
The Contributions of Susie Orbach

Edited by Brett Kahr
Tavistock Institute of Medical Psychology, UK

Expanding Psychoanalysis explores the work of the acclaimed psychoanalyst, writer, and activist Susie Orbach. Expanding Psychoanalysis will be essential for all readers interested in the work of Susie Orbach.

Routledge
November 2024:240
Pb: 978-1-032-86195-1: £29.99
Hb: 978-1-032-74615-9: £130

* For full contents and more information, visit: www.routledge.com/9781032861951
Explorations Between Psychoanalysis and Neuroscience

At the Edge of Mind and Brain

David D. Olds
Series: The Routledge Neuropsychoanalysis Series

Explorations Between Psychoanalysis and Neuroscience brings together the life’s work of David Olds, pioneering psychoanalyst, psychiatrist, philosopher, and key figure in neuropsychoanalysis. This book will be essential reading to psychoanalysts and psychiatrists, as well as anybody interested in neuropsychoanalysis and the importance of an interdisciplinary approach to analytic thinking and practice.

Routledge
May 2024:304
Pb: 978-1-032-49019-9: £29.99
Hb: 978-1-032-47388-8: £130
* For full contents and more information, visit: www.routledge.com/9781032490199

Explores the Work of Michael Eigen (2 Volume Set)

Primary Process Impacts, Dreaming the Undreamable Object, Toxic Nourishment and Damaged Bonds

Edited by Loray Daws Psychologist in private practice, Canada, Keri S. Cohen

These books explore key aspects and themes present in the work of Michael Eigen. Primary Process Impacts and Dreaming the Undreamable Object in the Work of Michael Eigen examines Eigen’s rich phenomenological work on becoming a welcoming object. Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen examines Eigen’s rich phenomenological work on the Obstructive Object. These books will be of great interest to psychoanalysts, psychotherapists, and all those with an interest in psychoanalytic and spiritual psychology.

Routledge
June 2024:488
Pb: 978-1-032-18679-5: £29.99
Hb: 978-1-032-18681-8: £130
* For full contents and more information, visit: www.routledge.com/9781032186795

Expressive Therapeutic Writing

Guiding Transformation and Restorative Care through Intermodal Arts, Word by Word

Krystal Leah Demaine, Tamar Reva Einstein

This book brings engagement and conversation to a cross-pollination of creative and expressive writing and multi-modal art forms. Creative arts and expressive therapists searching for creative self-reflective writing practice will find this book a rewarding resource.

Routledge
September 2024:240
Pb: 978-1-032-49019-9: £29.99
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* For full contents and more information, visit: www.routledge.com/9781032490191

Fatherhood Scenarios

Development, Culture, Psychopathology, and Treatment

Edited by Rama Rao Gogineni, April E. Fallon, Andres J. Pumariega, Salman Akhtar

Fatherhood Scenarios offers a wide range of perspectives, including different cultural and ethnic perspectives and chapters considering the role of the father throughout the lifespan, including experiences of gay fathers, adoptive fathers, and disabled fathers. Spanning a vast terrain of psychosocial concern, Fatherhood Scenarios will be of great appeal to mental health professionals, psychotherapists, child psychiatrists, and family welfare workers in practice and in training.

Routledge
May 2024:316
Pb: 978-1-032-75564-9: £34.99
Hb: 978-1-032-75567-8: £130
eBook: 978-1-003-47547-9
* For full contents and more information, visit: www.routledge.com/9781032755649

Feminisms, Technology and Depth Psychology

An Enquiry

Edited by Leslie Gardner University of Essex, UK, Catriona Miller, Roula Maria Dib

Feminisms, Technology and Depth Psychology explores the intersection of a variety of feminist thought with technology through the lens of depth psychology and investigates how current approaches to technology impact female life globally—from internet use, to biotechnology, to how female creators imagine life. Feminisms, Technology and Depth Psychology will appeal to Jungian analysts and psychotherapists, and analytical psychologists. It also offers insightful perspectives to academic and students of psychology, gender studies and politics.

Routledge
June 2024:206
Pb: 978-1-032-18679-5: £29.99
Hb: 978-1-032-18681-8: £130
eBook: 978-1-032-25572-7
* For full contents and more information, visit: www.routledge.com/9781032186795

Film Psychoanalysis

Relational Approaches to Film Interpretation

Andreas Hamburger

Through the development of psychoanalytically-informed film interpretation, Andreas Hamburger provides new insights into the experience of watching films and their influence upon our internal lives. Giving readers an interdisciplinary perspective that crosses the study of popular culture with psychoanalytic theory, this book will be required reading not only for students and scholars of film, but also for psychoanalysts in practice and in training.

Routledge
May 2024:268
Hb: 978-0-367-42430-5: £130
eBook: 978-0-367-82406-8
* For full contents and more information, visit: www.routledge.com/9780367424299
Formative Media
Psychoanalysis and Digital Media Platforms

Steffen Krüger
Series: The Psychoanalysis and Popular Culture Series

Formative Media presents a psychoanalytic and psychosocial inquiry into the significance of the most widely used digital platforms – including Facebook, Google, YouTube, Twitter (X) and Instagram – and the relational styles that users cultivate and habituate in their interplay with these platforms. Showing in detail how digital media platforms have advanced into central “socialisation agencies,” Formative Media will be of great interest to academics and scholars of psychoanalytic, psychocultural and psychosocial theory, critical digital media studies and interactional theory.

Routledge
August 2024:234
Pb: 978-1-032-30853-1: £29.99
Hb: 978-1-032-30859-3: £130
* For full contents and more information, visit: www.routledge.com/9781032308531

Freud’s Student Years
A Psychobiography

Florian Houssier
Psychoanalyst (Société de Psychanalyse Freudienne), France

In Freud’s Student Years, Florian Houssier presents the life experiences and inner conflicts of Sigmund Freud from [year] to [year], showing how these experiences informed his later theories. Accessible in style and thorough in its assessments of Freud’s personal experiences, this book is an essential read for psychoanalysts and psychologists, as well as students and scholars interested in the history of psychoanalysis and the enduring legacy of Freudian thought.

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Anthony D. Smith
Private practice, Massachusetts, USA

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**Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents**  
Specific Settings and Presenting Problems

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A Guide to Developing Cultural Competencies

**Gillian McCann**  
Nipissing University, Ontario, Canada  
Health and Healing in World Religions is a comprehensive introduction to the field that explores the research that links spirituality and well being, including work with addiction and trauma. Each chapter includes an introduction to and summary of each tradition, questions at the conclusion, and boxes that highlight key ideas from the chapter using an example and interviews with medical professionals and other healers. Health and Healing in World Religions is a vital guide to understanding cultural competency in the healing professions and the need to understand the cultural and spiritual traditions of clients.
Hope, Forgiveness, and Positive Psychology in Couple Therapy

Everett L. Worthington Jr., Jennifer S. Ripley

This guide introduces the Hope-Focused Approach to couple therapy and provides a hands-on, practical resource for clinicians and students who want to integrate it effectively into practice. Drawing from positive psychology, virtue theory, and forgiveness theory, the book describes how therapists can design a hope-focused treatment plan—focusing on communication training and conflict resolution—to promote intimacy, strengthen emotional bonds, and to build trust and encourage reconciliation. Over 100 evidence-based techniques, case studies, and interventions are included to illustrate the process, with a focus on diversity, from race and sexuality, to values such as religion and politics.

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Edited by Richard Kearney Boston College, USA, Peter Klapes Boston College, USA, Urwa Hameed Free Immigrations Services, USA

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Essays on a Psychoanalytic Method, Psychoanalytic Organizations and Psychoanalysts

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Aner Govrin

Bar-Ilan University, Israel

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Through this book, philosopher and psychoanalyst Aner Govrin demonstrates how psychoanalysis’ engagement with philosophy formed a crucial factor in the evolution of new psychoanalytic theories in three areas: perception of truth, developmental theories, and study of psychoanalytic treatment. Exploring the intricate relationship between psychoanalysis and philosophy, this book will be of interest to clinicians, scholars, teachers, and students of contemporary psychoanalysis across a broad spectrum of theoretical orientations, as well as those in the fields of philosophy of science, epistemology, and neuropsychoanalysis.

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Windy Dryden

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How to Think and Intervene Like an REBT Therapist

Windy Dryden

Goldsmiths, University of London, UK

Trainee therapists often stick rigidly to the therapeutic guidelines that are taught to them on their training course, or adopted from a book, regardless of their approach. This book provides the trainee with an opportunity to discover how experienced therapists think, and how their thoughts influence their interventions when using Rational Emotive Behaviour Therapy (REBT). This highly practical guide remains essential reading for all those who have recently been introduced to REBT.
Implementing Psychologically Informed Emotions and Trauma Informed Care

Leadership Perspectives

Edited by Sione Marshall, Peter Cockersell
CEO, Community Housing and Therapy, UK

This book gathers together the experiences of leaders across sectors, organisations and client groups to help readers introduce, develop and maintain Psychologically Informed Environments (PIE) and Trauma Informed Care (TIC) within their workplaces. This book will be an invaluable resource for aspiring and new, as well as experienced, leaders who are interested in implementing and enabling PIE and TIC in their organisations.

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Humanistic Sandtray Therapy

The Definitive Guide to Philosophy, Therapeutic Conditions, and the Real Relationship

Ryan D. Foster
Tarleton State University, Texas, USA

Humanistic Sandtray Therapy: The Definitive Guide to Philosophy, Therapeutic Conditions and the Real Relationship provides a comprehensive overview of the underlying theory, necessary skills, and practical applications behind Humanistic Sandtray Therapy (HST) based on a person-centered gestalt model. Written with a genuine human touch, invaluable materials such as an HST treatment manual and a weblink to videos of HST sessions with real clients are included to assist academics and researchers in designing HST treatment outcome studies.

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Ideas for Practice

Jacki Pritchard

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A Practitioner’s Guide to Working with Couples in Crisis

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This second edition brings together an impressive array of experts to discuss and provide understanding to the treatment of infidelity. With revised referrals and resources at the end of each chapter, additional infidelity treatment methods and examinations of gender, race, and power, this guide is essential reading for all practicing and training marriage and family therapists, counselors, psychotherapists, and social workers.

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20 MENTAL HEALTH

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Sarah Huxtable Mohr Independent scholar, California, USA

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John Hanwell Riker

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A. Dana Ménard

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LGBTQ+ Intimate Partner Violence
A Guide for Mental Health Practitioners

Susan Holt Los Angeles LGBT Center, USA, Amir Ahuja Los Angeles LGBT Center, USA

This book explores the unique issues involved in assessing, diagnosing, intervening, and treating intimate partner violence (IPV) in the LGBTQ+ population. This book will empower clinicians to assess for and treat LGBTQ+ IPV whenever and wherever they encounter it.

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Jean-Michel Rabaté

This book explores the importance of Lacan’s role as an irritant within psychoanalysis, and how Freud and Lacan saw that as key to ensuring that psychoanalysis remained fresh and vital rather than becoming obsolete. This book is key reading for all those seeking to understand why Lacan’s work remains so important and so challenging for contemporary psychoanalysis.

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Alexander H. Ross Private practice, London, UK

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York St John Communities Centre, York St John University, UK, Andrew Reeves British Association for Counselling & Psychotherapy (BACP), UK

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On Freud’s “Neurosis and Psychosis” and “The Loss of Reality in Neurosis and Psychosis” 100 Years Later

Edited by Gabriela Legorreta, Catalina Bronstein

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Frank E. Yeomans, Diana Diamond, Eve Caligor
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A Comprehensive Guide to Intimate and Emotional Freedom

Paula Leech

This book gives readers an accessible and comprehensive understanding of how anxiety, stress, and pressure can have a profound impact on pleasure, connection, and sexual functioning. Offering practical tips and techniques for resolving common sexual struggles, this guide is essential reading for established and training sex therapists as well as for those who experience anxiety-based sexual challenges with their partner.

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Edited by Alireza Taheri, Chris Vanderwees, Reza Naderi

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Philosophy After Lacan: Politics, Science, and Art brings together reflections on contemporary philosophy inspired by and in dialogue with Lacanian theory. This book will not only appeal to psychotherapists and psychoanalysts, but also to students and professors of philosophy, critical theory, psychology, politics, history, and literature.

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eBook: 978-1-032-54645-2-3
* For full contents and more information, visit: www.routledge.com/9781032546452

Practicing Acceptance and Commitment Therapy with Head and Heart
Understanding the Why Behind Each Intervention

Lieve Bruyninx, Yvonne Barnes-Holmes, Ciara McEntegart, Marjolein Vleugel, Roy Thewissen

This book will help readers balance the essential scientific concepts underlying Acceptance and Commitment Therapy (ACT) with their clinical practice, reconnecting ACT with its behavioural therapeutic roots and Relational Frame Theory. This manual is a must-read for any ACT trainer or practitioner, helping them systematically connect techniques with the rationale for their use.

Routledge
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Pregnancy, Assisted Reproduction and Psychoanalysis

Edited by Renata Viola Vives, Ana Teresa Vale

Series: Psychoanalysis and Women Series

Pregnancy, Assisted Reproduction and Psychoanalysis reflects on contemporary views on pregnancy, while offering guidance on how to work with women and couples experiencing infertility as well as the unique issues raised by having a child through Assisted Reproduction Technologies. This book is an essential read for psychoanalysts and other professionals working in the field of ART, as well as those interested in motherhood and its vicissitudes and intersection with psychoanalysis.

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Practicum and Internship
Textbook and Resource Guide for Counseling and Psychotherapy

Christin M. Jungers

Franciscan University of Steubenville, Ohio, USA, Judith Scott

Private practice, Pennsylvania, USA, Jocelyn Gregoire

Independent Scholar, Pennsylvania, USA

The seventh edition of Practicum and Internship is a practical resource that provides students and supervisors with thorough coverage of all stages and aspects of the practicum and internship process. With comprehensive information that spans across therapeutic approaches, concerns, and topics, this remains an essential foundational text for counseling and psychotherapy students and their supervisors.

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Edited by Alireza Taheri, Chris Vanderwees, Reza Naderi

Series: The Lines of the Symbolic in Psychoanalysis Series

Philosophy After Lacan: Politics, Science, and Art brings together reflections on contemporary philosophy inspired by and in dialogue with Lacanian theory. This book will not only appeal to psychotherapists and psychoanalysts, but also to students and professors of philosophy, critical theory, psychology, politics, history, and literature.

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Primary Process Impacts and Dreaming the Undreamable Object in the Work of Michael Eigen
Becoming the Welcoming Object
Edited by Loray Daws Psychologist in private practice, Canada, Keri S. Cohen
Primary Process Impacts and Dreaming the Undreamable Object in the Work of Michael Eigen examines Eigen’s rich phenomenological work on becoming a welcoming object. Presenting a key aspect of Michael Eigen’s transformational aesthetic, this book will be of great interest to psychoanalysts, psychotherapists, and all those with an interest in psychoanalytic and spiritual psychology.

Psychoanalysis and the Unspoken
Joyce Slochower New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA
Series: Psychoanalysis in a New Key
What do therapists not talk about? What do we ignore/miss/ideept? What factors—personal, social, political—inform our areas of blindness? This book names and explores what psychoanalytic theory often skips over or simplifies—how, when, and why we fail to uphold the professional ideal. Turning a critical eye on her own theory, Slochower reflects on how it, she, and the field have evolved and what remains unspoken. In so doing, she pushes us to do the same. With its sharp focus on both theory and clinical work, this book is essential reading for psychoanalysts and psychotherapists.

Psychoanalysis as Radical Hospitality
Six Perspectives on Turning-to versus Turning-Away
Dana Amir Faculty Member, Haifa University, Israel
Series: Psychoanalysis in a New Key
This book focuses on different forms of turning toward versus turning away from speech across a range of experiences in clinical treatment and general life. Each chapter sheds light on a different angle of the psyche’s ability to spot its own leverage point and use it to transcend the infinite varieties of helpless victimhood: from the position of the victim to the position of the witness, from the position of the victim to the position of the witness, from the position of the victim to the position of the witness, from the position of the victim to the position of the witness.

Psychoanalytic Principles in Psychiatric Practice
A Remedy by Truth
Mark Kinet Psychoanalyst in private practice, Belgium
In this approachable book, Mark Kinet offers a unique methodology for integrating psychoanalytic work in the psychiatric setting. Written in Kinet’s trademark accessible and personable manner, Psychoanalytic Principles in Psychiatric Practice will inspire the training psychiatrist and psychotherapist, as well as the more experienced practitioner, to consider a more panoptic approach to working with patients.

Problems of Psychoanalytic Technique in Freud and Lacan
What Does a Psychoanalyst Do?
Bruno Bonoris
Problems of Psychoanalytic Technique in Freud and Lacan contributes to the everyday work of contemporary psychoanalysts through a critical examination of psychoanalytic technique. The book is essential reading for students and trainers of psychoanalysis and psychoanalytic studies. It is also of interest to readers who wish to learn more about psychoanalysis and psychodynamic therapies. Bonoris revisits and questions key concepts including free association, evenly suspended attention, transference, interpretation, and construction, with reference to Freud, Lacan, and the work of contemporary philosophers, psychologists, and psychoanalysts.

Psychoanalysis and Severe Disorders in Young Children
Clinical and Community Work with Autism Spectrum Disorder and Child Mental Health
Nahir Bonifacino
Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis
Psychoanalysis and Severe Disorders in Young Children presents case material and resources for professionals working with young children in the clinic and in the community. Psychoanalysis and Severe Disorders in Young Children will be of great interest to child psychoanalysts and psychoanalytic psychotherapists, clinical and educational psychologists, child psychiatrists, social workers, teachers, and carers.
Psychoanalytic Psychotherapy Between Identity and Change
Edited by Luigia Cresti, Isabella Lapi
Series: The EFPP Monograph Series
Psychoanalytic Psychotherapy Between Identity and Change reconsiders psychoanalytic psychotherapy for contemporary contexts. Psychoanalytic Psychotherapy Between Identity and Change will be of interest to psychoanalytic psychotherapists and psychoanalysts in practice and in training.

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October 2024:192
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* For full contents and more information, visit: www.routledge.com/9781032673684

Psychopathology and Psychotherapy
DSM-5-TR Diagnosis, Case Conceptualization, and Treatment
Edited by Len Sperry Florida Atlantic University, USA, Jon Sperry Lynn University, Boca Raton, Florida, USA, Marina Bluvstein
Psychopathology and Psychotherapy, Fourth Edition, targets the most common diagnostic conditions seen in everyday counseling and psychotherapy practice and integrates DSM-5-TR criteria with the Adlerian view of psychopathology and psychotherapy. It highlights cases that Adler himself treated or consulted on. Written by practicing clinicians with expertise in specific disorders, this book will be an invaluable resource to both novice and experienced clinicians, as well as students.

Routledge
August 2024:346
Pb: 978-1-032-46449-7: £35.99
Hb: 978-1-032-47833-3: £130
* For full contents and more information, visit: www.routledge.com/9781032464497

Psychopathology: Foundations for a Contemporary Understanding
Edited by James E Maddux, Barbara A Winstead
Psychopathology: Foundations for a Contemporary Understanding is a comprehensive textbook about the etiology and treatment of the most important psychological disorders. This book is the go-to textbook on psychopathology for graduate students in clinical and counseling psychology programs and related programs such as social work. It can also be used as a useful reference source for practitioners and researchers.

Routledge
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* For full contents and more information, visit: www.routledge.com/9781032444345

Psychosocial Group Work with Vulnerable Children
Eclectic Group Conductors and Creative Play
Maria Leticia Castrochini Fernandes Franieck, Niko Bittner
Psychosocial Group Work with Vulnerable Children presents a simple, accessible, and preventative approach to psychotherapeutic interventions. Psychosocial Group Work with Vulnerable Children will be a key reading for practitioners and other professionals working with vulnerable children including psychologists, psychiatrists, and social workers.

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August 2024:208
Pb: 978-1-032-73945-8: £29.99
Hb: 978-1-032-73946-5: £130
* For full contents and more information, visit: www.routledge.com/9781032739458
Quality Control for Behavior Analysts
How to Manage Behavioral Intervention Quality in Autism Service Settings

Bryant C. Silbaugh

Quality Control for Behavior Analysts helps practitioners apply concepts of quality planning, control, and improvement to implement high-quality behavioral interventions that behavior analysts need to deliver to maximize care value through superior clinical outcomes. This guide is a vital resource for any BCBA or practitioner in answering questions from clients.

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October 2023:152
Pb: 978-1-032-69205-0: £18.99
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Racism and African American Mental Health
Using Cognitive Behavior Therapy to Empower Healing

Janée M. Steele
Kalamazoo Cognitive and Behavioral Therapy, Michigan, USA

Series: Clinical Topics in Psychology and Psychiatry

Racism and African American Mental Health examines the psychological impacts of racism within the African American community and offers a culturally adapted model of cognitive behavior therapy for more culturally relevant case conceptualization and treatment planning with this population. Reflection questions and guided practice are incorporated throughout the text to assist readers with application of the strategies discussed in their own clinical settings.

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September 2022:352
Pb: 978-1-032-05049-2: £29.99
Hb: 978-1-032-74835-1: £130
* For full contents and more information, visit: www.routledge.com/9781032756660

Rational Emotive Behaviour Therapy
Responses to Frequently Asked Questions

Windy Dryden

Series: 50 FAQs in Counselling and Psychotherapy

This book aims to answer the 50 most frequently asked questions on REBT by trainees, novice practitioners, and clients themselves. The book will appeal to a wide range of counselors and psychotherapists. It will provide trainee and novice therapists with answers to some of their own questions, give trainers and supervisors helpful responses to frequently asked questions in training and aid all levels of practitioners in answering questions from clients.

Routledge
August 2024:256
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Hb: 978-1-032-69448-1: £130
* For full contents and more information, visit: www.routledge.com/9781032692050

Reading Bion’s Transformations
A Narrative through Training, Theory, and Practice

Luis Cláudio Figueiredo, Marina F R Ribeiro, Gina Tamburrino

Series: The Routledge Wilfred R. Bion Studies Book Series

Reading Bion’s Transformations is an in-depth reading of Bion’s 1965 work, Transformations, and investigates the metapsychological and epistemological impact of the concept of transformation within psychoanalysis.

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October 2024:128
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Hb: 978-1-032-74835-1: £130
* For full contents and more information, visit: www.routledge.com/9781032748351

Reflections on Play Therapy
3RD EDITION

David Le Vay
Florida State University, USA

This book explores an extensive range of questions and challenges within the training, theory, and practice of play therapy, with the aim of providing a stimulating and thought-provoking debate around many of the issues and dilemmas therapists experience. Reflections on Play Therapy will serve a core text for trainee play therapists and also a valuable resource for any experienced clinicians working therapeutically with children, young people, and families.

Routledge
August 2024:188
Hb: 978-1-032-40332-8: £130
* For full contents and more information, visit: www.routledge.com/9781032403274

Research Methods in Applied Behavior Analysis
3RD EDITION

Jon S. Bailey Florida State University, USA, Mary R. Burch Behavior Management Consultants, Florida, USA

Research Methods in Applied Behavior Analysis, 3rd Edition is a practical and accessible text that provides the beginning researcher with a clear description of how behavior analysts conduct applied research and submit it for publication. Rich with details from the authors’ vast experience and numerous examples from published research, this text is an indispensable resource for students of applied behavior analysis and for practicing behavior analysts.

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* For full contents and more information, visit: www.routledge.com/9781032540719

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Resilience and Military Families
Case Vignettes, Self-Assessment Tools, and Evidence-Based Interventions

Julie Canfield
This textbook aims to educate students across all mental health disciplines on the importance of using resilience as a tool when working with military families. Following two decades of war and a global pandemic, this essential textbook is a crucial read for all mental health professionals training to work with military populations and their families, such students of clinical social work, marriage and family therapy, and psychology, as well as instructors of courses on military psychology and mental wellbeing.

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Pb: 978-1-032-57177-5: £130
Hb: 978-1-032-57176-8: £138.99
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Schema Therapy Adapted for Psychosis and Bipolarity
Exploring the Multi-Self

John Rhodes Birkbeck College, London University, UK, Natasha Vorontsova University College London, UK.
This book explores how schema therapy and therapy might be used in work with clients who suffer from psychosis, bipolarity and related symptoms. Offering unique insights, this text will appeal to a range of practicing clinicians such as psychologists, therapists, psychiatrists and those with a special interest in psychosis or bipolarity.

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August 2024:171
Pb: 978-1-032-39622-4: £130
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* For full contents and more information, visit: www.routledge.com/9781032396217

Schema-Focused Working Methods for Arts and Body-Based Therapies

Edited by Suzanne Haeyen
This book introduces schema-focused working methods for arts and body-based therapies, offering therapists practice-based tools to help their clients strengthen healthy patterns, self-management, and well-being on their path to recovery. The theoretical framework in the introduction and the scientific evidence for arts and psychomotor therapies, combined with the practice-based examples allows for a text that is broad enough for graduate creative therapy programs and specific enough to serve as a shelf reference for those in practice.

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May 2024:444
Pb: 978-1-032-59957-1: £29.99
Hb: 978-1-032-59958-8: £130
* For full contents and more information, visit: www.routledge.com/9781032599571

2ND EDITION
School Counselors as Practitioners
Building on Theory, Standards, and Experience for Optimal Performance

Edited by Judy A. Nelson, Lisa A. Wines Lamar University, Texas, USA
School Counselors as Practitioners, Second Edition is a hands-on, practice-based, task-oriented guide to being an effective school counselor. This updated edition is essential reading for counselor educators, graduate students enrolled in a school counseling program, supervisors of school counselors, including administrators, and practicing school counselors.

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June 2024:506
Pb: 978-1-032-50952-6: £130
Hb: 978-1-032-50953-3: £130
* For full contents and more information, visit: www.routledge.com/9781032509525

Self Psychology
Moving from Theory to Practice

Jill Gardner
Series: New Directions in Self Psychology
This book offers an in-depth explanation of the concepts of Self Psychology and pragmatic steps for recognizing and using these concepts in clinical work, helping clinicians move from theory to practice. With its rich clinical vignettes and accessible language, Self Psychology: Moving from Theory to Practice is also a valuable resource for supervisors and teachers of self psychology, whether in analytic training institutes, graduate schools of psychology, counseling and social work, or education programs.

Routledge
September 2024:216
Pb: 978-1-032-79312-2: £130
Hb: 978-1-032-79311-5: £130
* For full contents and more information, visit: www.routledge.com/9781032793115

Self-in-Relationship Psychotherapy in Action
Individual, Couple, Family and Child Psychotherapy

Augustine Meier, Micheline Bovin
This book presents a comprehensive guide to applying Meier and Bovin’s Self-in-Relationship Psychotherapy model to clinical work with individuals, couples, families and children. The central theme of the book is that the paradigm of affects, cognitive processes and behaviors that informs current psychotherapy approaches needs to be broadened to include core self, relational and physical intimacy needs as motivating factors in psychotherapy. With a clear transtheoretical approach and rich clinical vignettes, this book is core reading for any psychotherapists, psychoanalyst, or practicing psychologists.

Routledge
June 2024:306
Pb: 978-1-032-67879-5: £29.99
Hb: 978-1-032-65529-1: £130
eBook: 978-1-003-40041-7
* For full contents and more information, visit: www.routledge.com/9781032678795
Sex Therapy with Religious Patients
Working with Jewish, Christian, and Muslim Communities

Caleb Jacobson

Sex Therapy with Religious Patients is a comprehensive guidebook for mental health professionals who work with those struggling with sexual issues within a religious context. The book provides practical guidance on how to address sensitive topics related to sex and religion. The book is written in an accessible and engaging style, with real-life case examples and exercises that can be used in therapy sessions. It is an essential resource for mental health professionals seeking to enhance their skills in working with religious individuals who are seeking sex therapy.

Routledge
May 2024:340
Pb: 978-1-032-80497-5: £29.99
Hb: 978-1-032-49576-7: £130
Ebook: 978-1-003-24201-7
* For full contents and more information, visit: www.routledge.com/9781032804975

Shadows of Fatherhood, Jung, and Film

Mark Holmwood

Every picture tells a story, and stories have the power to educate. Looking at two key Jungian archetypes - the father and the shadow - from a challenging perspective, this book investigates the negative, shadowy side of fatherhood and its detrimental effect on children by presenting a collection of stories from all over the world. Written with a clear and direct style, Shadows of Fatherhood, Jung, and Film will be of interest to mental health professionals, Jungian scholars, students, teachers and researchers in social sciences, humanities, and the arts, as well as general readers with a distinctive interest in men's studies, father-child relations, and cinema.

Routledge
September 2024:152
Pb: 978-1-032-49574-3: £29.99
Hb: 978-1-032-14972-1: £130
Ebook: 978-1-003-24200-0
* For full contents and more information, visit: www.routledge.com/9781032495743

Shame and Grace
Six Essays on Falling Apart and Becoming Whole Again

Patricia A. DeYoung

Private practice, Ontario, Canada

Shame silences our stories, crushes our spirits, and cuts us off from our hearts. How can we give voice to what has happened? Might we fall apart into suffering that would heal us? Could we honour desires we’ve disowned for a lifetime? How do we gather up our battered parts of self with tenderness? Could grief and love restore our hearts to us? In this book, shame theory meets memoir and meditation. Therapists, patients, and self-reflective readers from many walks of life will be moved and changed by time spent with this master clinician, thoughtful mentor, and fellow traveler.

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Hb: 978-1-032-80495-8: £130
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Sigmund Freud, 1856-1939
A Biographical Compendium

Christfried Toegel

Series: History of Psychoanalysis

Sigmund Freud, 1856-1939 draws on a wide range of primary sources to present all the datable events that took place in Sigmund Freud’s life, shining new light on his day-to-day experiences. Sigmund Freud, 1856-1939 will be of great interest to psychoanalysts in practice and in training as well as academics and scholars of Freud, psychoanalytic studies, the history of science and the history of Europe.

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Pb: 978-1-032-69651-5: £29.99
Hb: 978-1-032-69652-2: £130
Ebook: 978-1-032-69653-9
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Single Session Therapy
A Clinical Introduction to Principles and Practices

Michael F. Hoy

Single Session Therapy: A Clinical Introduction to Principles and Practices explores the best ways to use a Single Session Therapy (SST) mindset to better achieve therapeutic goals. This book is an essential reference for professionals involved in brief therapy practice, research, and teaching.

Routledge
July 2024:264
Pb: 978-1-032-73689-1: £29.99
Hb: 978-1-032-75512-0: £130
Ebook: 978-1-032-74230-4
* For full contents and more information, visit: www.routledge.com/9781032736891

So You Want to Do Narrative Therapy?
Letters to an Aspiring Narrative Therapist

Sanni Paljakka

Calgary Narrative Collective, Alberta, Canada
Tom Stone Carlson

Alliant International University, California, USA

So You Want to Do Narrative Therapy? is an engaging and accessible introduction to contemporary narrative therapy practice. While written for narrative therapists at any level of experience, this book is especially useful for graduate-level theories courses in therapy training programs in counseling psychology, social work, and family therapy.

Routledge
November 2024:234
Pb: 978-1-032-75517-5: £130
Hb: 978-1-032-75512-0: £130
* For full contents and more information, visit: www.routledge.com/9781032755175
Social Justice, Social Discrimination, and Mental Health
Theory, Practice, and Professional Issues
Edited by Rachel Tribe, Dinesh Bhugra
Social Justice, Social Discrimination, and Mental Health explores the theory and background of social justice in the context of mental health of individuals, cultures, and communities. This text will be essential reading for students, early career professionals and those training in psychiatry, psychotherapy, clinical, counselling and community psychology, as well as senior practitioners.

Routledge
September 2024:306
Pb: 978-1-032-39563-0: £36.99
Hb: 978-1-032-39782-5: £130
* For full contents and more information, visit: www.routledge.com/9781032395630

Solution Focused Coaching in Asia
History, Key Concepts, Development, and Applications
Edited by Debbie Hogan, Academy of Solution Focused Training, Singapore, Jane Tuomola, Pebble Psychology, Singapore, Sukanya Wignaraja, Academy of Solution Focused Training, Sri Lanka
Through inspiring stories illustrating the diverse application of coaching within Asian contexts, this data-rich volume dives into the theory and practice of Solution Focused Coaching offering numerous tools and techniques that can be used immediately. This is an essential and comprehensive resource that is written for both beginner and experienced coaches and addresses the need for effective and culturally sensitive coaching models in Asia. It will also be beneficial for managers and health care professionals looking to enhance their work through coaching skills.

Routledge
August 2024:314
Hb: 978-1-032-55636-9: £130
* For full contents and more information, visit: www.routledge.com/9781032556352

Solution Focused Coaching Supervision
An Essential Guide for Individual, Group, Peer and Team Coaching Supervision
Edited by Kirsten Dierolf, Solutions Academy, Germany, Svea van der Hoorn, Solution-focused Futures, South Africa, Debbie Hogan, Academy of Solution Focused Training, Singapore, Jane Tuomola, Pebble Psychology, Singapore
Solution Focused Coaching Supervision offers the reader a theoretically coherent framework for coaching supervision, outlined in an engaging way that is simple to understand and apply immediately using a variety of collaborative coaching supervision moves grounded in practical examples. An essential and comprehensive resource that will enable beginner coaching supervisors to start practising this highly respectful and ethical approach to coaching supervision, while also inspiring more advanced coaching supervisors to use this simple and effective approach to coaching supervision.

Routledge
October 2024:226
Pb: 978-1-032-48738-0: £32.99
Hb: 978-1-032-48739-7: £135
* For full contents and more information, visit: www.routledge.com/9781032487380

Somatic Ego State Therapy for Trauma Healing
Whole Again
Silvia Zanotta, Ego State Therapy Switzerland, Switzerland
This book integrates Ego State Therapy with body-based therapies to present a multidimensional approach to working with clients who have experienced trauma. This is a practical, experiential book that will appeal to all professionals working with trauma, including psychotherapists, counsellors, body workers, and social workers.

Routledge
August 2024:222
Hb: 978-1-032-60814-3: £130
* For full contents and more information, visit: www.routledge.com/9781032608105

Stepping into Emotionally Focused Therapy
Key Ingredients of Change
Edited by Lorrie L. Brubacher
Stepping into Emotionally Focused Therapy is a book about what students can often expect from their psychotherapy internship and how they can make the most of their experience. The book is written from two perspectives—one, that of a seasoned therapist, professor, and supervisor of therapy, and two, the perspective of a registered intern therapist who just went through the internship process.

Routledge
August 2024:372
Pb: 978-1-032-15134-2: £35.99
Hb: 978-1-032-15133-5: £130
* For full contents and more information, visit: www.routledge.com/9781032151335

Succeeding in Your Psychotherapy Practicum and Internship
Tips, Tools, and Tales From Supervisors and Interns
Edited by Michael D. Reiter, Nova Southeastern University, Florida, USA, Kayleigh Sabo, Nova Southeastern University, Florida, USA
Succeeding in Your Psychotherapy Practicum and Internship is a book about what students can often expect from their psychotherapy internship and how they can make the most of their experience. The book is written from two perspectives—one, that of a seasoned therapist, professor, and supervisor of therapy, and two, the perspective of a registered intern therapist who just went through the internship process.

Routledge
June 2024:256
Hb: 978-1-032-55992-6: £150
eBook: 978-1-003-43348-4
* For full contents and more information, visit: www.routledge.com/9781032559902
Surrealism and Psychoanalysis in Grace Pailthorpe’s Life and Work

Lee Ann Montanaro , Alberto Stefana

This book outlines the life and intellectual thought of the English surrealist artist and psychoanalyst, Dr Grace Pailthorpe (1883-1971). It gathers her published and unpublished writings, providing an in-depth study of the importance of surrealism of her work and legacy. This book is a rich resource for scholars and students interested in psychoanalysis and art history and provides an invaluable case study for the continuing significance of visual artistic practices to clinical work.

Systemic and Narrative Work with Unaccompanied Asylum-Seeking Children
Stories of Relocation

Ana Draper , Elisa Marcellino , Samantha Thomson

Series: The Systemic Thinking and Practice Series

Systemic and Narrative Work with Unaccompanied Asylum-Seeking Children: Stories of Relocation provides a contextualised, research-based understanding of how to enhance and support the emotional health and wellbeing of unaccompanied asylum-seeking children. This book is essential reading for all practitioners working with unaccompanied asylum-seeking children. It will also be of interest to students and trainees of social work and other mental health disciplines, as well as other professionals seeking to understand the needs of this group.

Tazkiya Therapy in Islāmic Psychotherapy

Bagus Riyono Lecturer, Universitas Gadjah Mada, Indonesia

Series: Islamic Psychology and Psychotherapy

This book presents Tazkiya therapy, a holistic psychological approach based on Quranic guidance and rooted in the understanding of human beings as multidimensional, i.e., physical, psychological, social, and spiritual beings. This book, based on the foundation that Tazkiya therapy covers issues that are spiritual in nature and always connects to Allah in facilitating the healing process, will fulfill the needs of practicing Muslim psychologists, psychiatrists, students of psychology and islamic studies.

2ND EDITION
Teaching Clients to Use Mindfulness Skills
A Practical Guide

Maggie Stanton University of Southampton, UK,
Christine Dunkley Grayrock Ltd, UK

This book instructs readers on how to teach mindfulness skills that can be incorporated into everyday life, addressing the specific challenges of effectively passing these skills on to clients in a user-friendly way. This practical, structured guide is essential for professionals already teaching or planning to teach mindfulness skills, those taking courses or workshops, and for anyone interested in learning more about mindfulness.

The “Here and Now” of French Psychoanalysis
Conversations with Contemporary Psychoanalysts

Rachel Boué-Widawsky

The “Here and Now” of French Psychoanalysis provides an overview of the living psychoanalytic landscape in France through the voice of experienced psychoanalysts who continue and transform Freud, Lacan and others’ legacy in their publications and clinical practice. The “Here and Now” of French Psychoanalysis presents an accessible introduction to this distinctive psychoanalytic landscape. It will be essential reading for psychoanalysts in practice and in training and for academics and students of psychoanalytic studies.

The Alchemy of Addiction
Carl Jung, the Enneagram, and Contemplative Wisdom Traditions

Stephen J. Costello

Within this important book, Costello draws on Eastern philosophy, Western psychology, and wisdom traditions, to offer an interpretation and answer to the multidimensional problem of addiction. This book will appeal to a wide variety of readers such as mental health professionals in the counselling and psychotherapy professions, as well as students of depth psychology and philosophy.
The Art of Holding in Therapy
Karen Kleiman, Hilary Waller
Written by a pioneer in the field, this second edition provides updated skill-building tools and a more developed, comprehensive understanding of how therapists can use the holding approach when treating perinatal distress. This book is essential reading for all of those in the perinatal mental health community, such as therapists, social workers, and clinicians.

The CBT Workbook for Illness Anxiety
Blaise Worden, Johanna Kaplan
This cognitive behavioral therapy (CBT) workbook includes a detailed, step-by-step account of how to do scientifically supported treatment with adults experiencing illness anxiety. This book is essential for those with illness or health related anxiety looking to do self-help or to use with therapists in sessions, along with practicing clinicians who need specialized guidance.

The Bion Seminars at the A-Santamaria Association
Clinical and Theoretical Explorations
Edited by Howard Levine, New York University, USA, Jani Santamaria Linarens, A-Santamaria Psicoanalisis Mexico A. C.
Series: The Routledge Wilfred R. Bion Studies Book Series
The Bion Seminars at the A-Santamaria Association offers readers insightful analyses and commentaries on Bion’s key papers and books, as well as providing a unique set of discussions and explorations of many of Bion’s central concepts and foundational texts. This volume is essential reading for practicing psychoanalysts, analysts-in-training, analytic psychotherapists, and anyone interested in exploring Bion’s work.

The Bodily Unconscious in Psychoanalytic Technique
Edited by Sebastian Leikert
The Bodily Unconscious in Psychoanalytic Technique explores how corporeality and body memory can be more strongly integrated into psychoanalytic work. The Bodily Unconscious in Psychoanalytic Technique will be essential reading for psychoanalysts and psychoanalytic psychotherapists in practice and training, particularly those interested in somatic approaches.

The Clinician’s Guide to Ethical Non-Monogamous Relationships
Working with Clients with Alternative Lifestyles
Stephanie Sigler
This book is a comprehensive guide designed to help mental health professionals understand and meet the unique needs of individuals in ethical non-monogamous relationships. An invaluable resource for practitioners new to ethical non-monogamy, this book is equally essential for therapists looking to expand their knowledge and skills and can help practitioners provide meaningful support to clients in this often misunderstood and underrepresented community.

The Complexity of Trauma
Jungian and Psychoanalytic Approaches to the Treatment of Trauma
Edited by Luisa Zoppi, Martin Schmidt
This important volume offers a broad and in-depth overview of how to understand and treat trauma from a Jungian perspective, written by internationally recognized experts in the field of Jungian and traditional psychoanalysis. The Complexity of Trauma is key reading for psychoanalysts and therapists as well as for researchers, students, and trainees in schools of psychodynamic psychotherapy and those interested in working with trauma.
The Concept of the Individual in Psychoanalysis
The Ego, the Self, the Subject, and the Person
Raul Moncayo
Training Analyst, Lacanian School of Psychoanalysis, California, USA
Series: Routledge Focus on Mental Health
The Concept of the Individual in Psychoanalysis considers the different conceptions of the individual that are found in psychoanalysis according to the culture in which it operates, and its political structure. The Concept of the Individual in Psychoanalysis will be of great interest to psychoanalysts in practice and in training, and to academics and students of Lacanian and psychoanalytic studies.

Routledge
August 2024:104
Hb: 978-1-032-83435-1: £48.99
*R For full contents and more information, visit: www.routledge.com/9781032834351

The Emerging Tradition of Hans Loewald
Edited by Rosemary H. Balsam, Elizabeth A. Brett, Lawrence Levenson
Series: The Lines of Development
Alongside its companion volume, this book addresses the current lack of familiarity with the ideas and life of the eminent psychoanalytic teacher and scholar, Hans Loewald (1906-1993), to provide an account of the evolution of his ideas across different disciplinary fields. Animating this powerful, yet contained and complex man, there are contributions from his family, students and analysts, and an introduction to the new virtual Loewald Center, making this volume essential reading for any psychoanalyst or psychotherapist working today.

Routledge
July 2024:212
Pb: 978-1-032-68514-4: £32.99
Hb: 978-1-032-68516-8: £130
eBook: 978-1-032-68515-1
* For full contents and more information, visit: www.routledge.com/9781032685144

The Craft of the Secure Base Coach
Enabling Transition
Jakob van Wielink
International leadership coach and trainer, Netherlands, Klaartje van Gasteren, Marnix Reijmerink, Anne Verbokkem-Oerlemans, Leo Wilhelm
De School voor Transitie, The Netherlands, Riet Fiddelaers-Jaspers
Within The Craft of the Secure Base Coach, the authors take a new and combined approach to the professions of coaching and counselling to provide a guide for professionals wanting to better assist individuals and teams in periods of transition. This will be a valuable resource for coaches, counsellors and therapists, as well as those currently in training. It will also be of use to leaders wishing to learn more about their coaching skills, as well as social workers and grief counsellors/therapists.

Routledge
October 2024:316
Pb: 978-1-032-70123-3: £31.99
Hb: 978-1-032-73022-6: £120
* For full contents and more information, visit: www.routledge.com/9781032701233

The Death Drive
A Contemporary Introduction
Rossella Valdè
Series: Routledge Introductions to Contemporary Psychoanalysis
This comprehensive yet accessible book analyses the clinical and historical experiences that led to the radical, complex, and fundamental psychoanalytic concept of the death drive.

Routledge
October 2024:128
Pb: 978-1-032-68741-4: £19.99
Hb: 978-1-032-75587-8: £130
* For full contents and more information, visit: www.routledge.com/9781032687414

The Group Dimension
Capitalism, Group Analysis, and the World Yet to Come
Claire Bacha
The Group Dimension presents a thorough exploration of the history and theory of the group dimension, particularly in the context of modern capitalist society. The Group Dimension will be essential reading for anyone involved in groups, as practitioners or clients. It will also be of interest to readers looking to learn more about groups in the context of modern politics, social and liberation movements.

Routledge
July 2024:216
Pb: 978-1-032-39513-5: £29.99
Hb: 978-1-032-39514-2: £130
* For full contents and more information, visit: www.routledge.com/9781032395135
**MENTAL HEALTH**

**The Healing Power of Community**

Mutual Aid, AIDS, and Social Transformation in Psychology

*Lusijah Marx*, *Graham Harriman*, *Robin McCoy Brooks Brooks*

The Healing Power of Community offers a diverse cross section of interdisciplinary, and depth-psychological perspectives in support of using mutual aid approaches, in all levels of group and community practice, as a remedy for individualism, social and political divisions and centering social justice. This book is designed to engage clinical social workers and mental health care clinicians working in community based mental health, as well as those involved in community psychology, collective trauma and grief, HIV/AIDS advocacy, policy making and political advocacy.

Routledge

July 2024:218

Hb: 978-1-032-75607-3: £29.99

Pb: 978-1-032-75606-6: £130

* For full contents and more information, visit [www.routledge.com/9781032756073](http://www.routledge.com/9781032756073)

**The Legacy and Promise of Hans Loewald**

Edited by *Rosemary H. Balsam*, *Elizabeth A. Brett*, *Lawrence Levenson*

Series: The Lines of Development

Alongside its continuing volume, this rich collection of essays addresses the current lack of familiarity with the ideas and life of the eminent psychoanalytic teacher and scholar, Hans Loewald (1906-1993), by presenting the most comprehensive account of his work ever produced. Featuring contributions from those who worked directly with Loewald, and those inspired by his ideas, this book will be essential reading for any psychoanalyst of psychotherapist working today.

Routledge

July 2024:218

Hb: 978-1-032-35734-8: £130

* For full contents and more information, visit [www.routledge.com/9781032357331](http://www.routledge.com/9781032357331)

**The Major Literary Seminars of Jacques Lacan**

Literature, Lituraterre, Litterature

*Santanu Biswas*

The Major Literary Seminars of Jacques Lacan considers the three key phases of Lacan’s interest in literary topics. The Major Literary Seminars of Jacques Lacan will be of great interest to Lacanian psychoanalysts, academics and students of Lacanian studies, literature and psychoanalysis and other practitioners interested in the teachings of Lacan.

Routledge

August 2024:228

Hb: 978-1-032-74800-9: £130

* For full contents and more information, visit [www.routledge.com/9781032748009](http://www.routledge.com/9781032748009)

**The Marquis de Puységur, Artificial Somnambulism, and the Discovery of the Unconscious Mind**

Memoirs to Serve the History and Establishment of Animal Magnetism

*Edited by Adam Crabtree, The Marquis de Puységur, Sarah Osei-Bonsu*

Series: History of Psychoanalysis

The Marquis de Puységur, Artificial Somnambulism, and the Discovery of the Unconscious Mind presents the first full English translation of a foundational text in the history of psychodynamic thinking, and provides a contextual explanation of its contemporary significance. This book will be of great interest to academics and scholars of psychoanalysis, psychotherapy, and the history of psychology, hypnosis and mental health. It will also appeal to practicing clinicians.

Routledge

September 2024:144

Pb: 978-1-032-29246-5: £34.99

* For full contents and more information, visit [www.routledge.com/9781032292465](http://www.routledge.com/9781032292465)

**The Jungian Inspired Holocaust Writings of Etty Hillesum**

To Write is to Act

*Barbara Morrill*

Within this fascinating new book, Barbara Morrill analyses the journal writings of Etty Hillesum, a young Jewish woman in the 1940’s, as she began analysis with a Jungian-oriented practitioner in 1941. This will be a unique volume of interest to Jungian analysts, analysts in training, as well as readers with an interest in the time period and concern about democracy and “our times”.

Routledge

September 2024:168

Pb: 978-1-032-75606-6: £130

* For full contents and more information, visit [www.routledge.com/9781032756073](http://www.routledge.com/9781032756073)

**The Handbook of International Psychology**

Edited by *Merry Bullock, Michael J. Stevens, Danny Wedding American University of Antigua, Amanda Clinton*

This second edition of The Handbook of International Psychology chronicles the discipline of psychology as it evolves in different regions, from the perspective of those living and working in the countries they write about. This comprehensive handbook is essential for students and teachers of psychology, as well as professionals wanting to develop their understanding of psychology around the world.

Routledge

October 2024:330

Hb: 978-1-032-75607-3: £205

* For full contents and more information, visit [www.routledge.com/9781032756073](http://www.routledge.com/9781032756073)
The Perfume of Soul from Freud to Lacan
A Critical Reading of Smelling, Breathing and Subjectivity

Berjane Jazani, President of the College of Psychoanalysts, UK

The Perfume of Soul from Freud to Lacan seeks to understand the human sense of smell and its marks on our subjectivity from a psychoanalytic perspective. The Perfume of Soul from Freud to Lacan will be of great interest to psychoanalysts, academics and all readers who are interested in psychoanalysis, philosophy, and culture.

Routledge
July 2024:120
Pb: 978-1-032-75735-3: £24.99
Hb: 978-1-032-75736-0: £130
* For full contents and more information, visit: www.routledge.com/9781032757353

The Power of Group Attachment
John Bowlby Revisited from a Group-Analytic Perspective

Arturo Ezquerrra, Maria Cañete

Series: The New International Library of Group Analysis

The Power of Group Attachment provides evidence for the fundamental role that interpersonal and group attachment have played in our survival and evolution as individuals, groups, organisations, and species. Original, scholarly, yet personal and accessible, the book is addressed to mental health professionals and managers as well as politicians and educators: it expands the reader’s social and democratic consciousness at this crucial time when our world is descending fast into pathology, global warming, and vicious violence stemming from unresolved personal and collective trauma.

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Pb: 978-1-032-22294-6: £29.99
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* For full contents and more information, visit: www.routledge.com/9781032222943

The Practice of Clinical and Counselling Supervision
Australian and International Applications

Edited by Nadine Pelling, Philip Armstrong
Clinical Counselling Centre, Australia

Quality supervision assists in quality service provision. The Practice of Clinical and Counselling Supervision: Australian & International Applications is the third edition of the leading Australian national text for supervision training applicable to a vast range of applied therapists. With an impressive list of contributors from Australia and the broader region, this book provides a wealth of practical information, advice, theory, research evidence, and essential training for supervisors.

Routledge
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Pb: 978-1-032-78526-4: £130
Hb: 978-1-032-78527-1: £135
* For full contents and more information, visit: www.routledge.com/9781032785264

The Resilient Practitioner
Burnout and Compassion Fatigue Prevention and Self-Care Strategies for the Helping Professions, 4th ed

Thomas M. Skovholt, University of Minnesota, USA, Michelle Trotter-Mathison, Private practice, Minnesota, USA

The Resilient Practitioner, 4th edition, builds on the first three editions and on the lived experience of practitioners in the helping, caring, and relationship-intense fields. Readers will find ongoing strengths of the last edition: self-reflection exercises in each chapter, a resiliency inventory for practitioners, a strong focus on research and an accessible writing style. The authors also continue to chart a hopeful path for practitioners, a path that allows for a high level of caring for others in the helping professions while also artfully caring for oneself.

Routledge
October 2024:340
Pb: 978-1-032-11757-7: £29.99
Hb: 978-1-032-11759-1: £135
* For full contents and more information, visit: www.routledge.com/9781032117577
The Story of Original Loss

Grieving Existential Trauma in the Arts and the Art of Psychoanalysis

Malcolm Owen Slavin, PhD
Series: Art, Creativity, and Psychoanalysis Book Series

This book explores the universal human existential trauma of “original loss,” a trauma the author describes as arising from our primal, human evolutionary loss of experiencing ourselves as innately belonging to, and instinctively at home within, the larger natural world. This book will appeal to psychoanalysts, psychotherapists, and scholars of poetic, visual and musical metaphor, creativity, evolution and history of art.

The Subversive Edge of Psychoanalysis

David James Fisher
Series: History of Psychoanalysis

The Subversive Edge of Psychoanalysis examines the radical and non-conformist perspectives of both classical and contemporary psychoanalysis. The Subversive Edge of Psychoanalysis will appeal to mental health professionals and students with an interest in psychoanalytic practice and theory and academics and researchers who are fascinated by the subversive, non-conforming aspects of both classical and contemporary psychoanalysis.

The School Counselor’s Preparation and Professional Practice Desk Reference and Examination Study Guide

Rita Schellenberg
Liberty University, Virginia, USA

This third edition of The School Counselor’s Preparation and Professional Practice Desk Reference and Examination Study Guide is a comprehensive resource for both pre-service and practicing school counselors. It is intended to be used as a school counselor preparation course text, credentialing exam study resource, and comprehensive desk reference.

The Seven Virtues of Highly Compassionate People

Tools for Cultivating a Life of Harmony and Joy

Nancy Guerra
University of California, Irvine, USA, Kirk R. Williams
University of California, Irvine, USA

What are the practical implications of truly caring about yourself and others, of approaching each day with an open mind, an open heart and a desire to reduce the suffering of all living beings? In The Seven Virtues of Highly Compassionate People, Nancy Guerra and Kirk R. Williams provide easy to follow steps to help you understand the what, the why, and the how of compassion. They bring together cutting-edge research, inspiring spiritual teachings, and their own life experiences to help you bring compassion front and center in your life. Not only is compassion good for you and those around you, but it is the key to a more peaceful and just world.

The Therapist’s Notebook for Systemic Teletherapy

Creative Interventions for Effective Online Therapy

Edited by Rebecca A. Cobb

Many therapeutic activities that engage clients in in-person therapy rooms are not obviously available via telehealth. Yet, there are creative, practical, and easy ways to intervene in teletherapy that go beyond talk therapy. This book provides creative inspiration and practical advice for novice and experienced family therapists, clinical social workers, counselors, play therapists, psychologists, psychiatrists, and others in related fields.

The Routledge International Handbook of Perinatal Mental Health Disorders

Edited by Amy Wenzel
Wenzel Consulting, Pennsylvania, USA

Series: Routledge International Handbooks

The Routledge International Handbook of Perinatal Mental Health Disorders comprehensively presents the leading, global research in understanding and clinically treating perinatal mental health disorders. This handbook is essential reading for clinicians who have interest in issues associated with perinatal mental health disorders, as well as students of clinical social work, clinical psychiatry, clinical psychology, obstetrics and gynecology, nursing, and midwifery.

The Story of Original Loss

Grieving Existential Trauma in the Arts and the Art of Psychoanalysis

Malcolm Owen Slavin, PhD
Series: Art, Creativity, and Psychoanalysis Book Series

This book explores the universal human existential trauma of “original loss,” a trauma the author describes as arising from our primal, human evolutionary loss of experiencing ourselves as innately belonging to, and instinctively at home within, the larger natural world. This book will appeal to psychoanalysts, psychotherapists, and scholars of poetic, visual and musical metaphor, creativity, evolution and history of art.
The Unconscious as Space
From Freud to Lacan, and Beyond

Anca Carrington

The Unconscious as Space explores the experience of being and the practice of psychoanalysis by thinking of the unconscious in mathematical terms. The Unconscious as Space will be of appeal to psychotherapists, psychoanalysts, and mental health professionals in practice and in training.

Routledge
June 2024:208
Pb: 978-0-367-34353-8: £29.99
Hb: 978-1-032-37108-5: £130
* For full contents and more information, visit: www.routledge.com/9780367343538

Time and the Unconscious
Daring and Creativity in Wilfred R. Bion

Goriano Rugi

Series: Psychoanalytic Field Theory Book Series

Bion’s unfashionable thought is a challenge for our times in which anaesthesia and mass thinking prevail. The themes this book addresses are time and the unconscious. Drawing on psychoanalytic and philosophical concepts this book is essential reading for psychoanalysts, psychotherapists, philosophers and anyone who wishes to understand more fully what it means to be human.

Routledge
August 2024:242
Pb: 978-1-032-65834-6: £31.99
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* For full contents and more information, visit: www.routledge.com/9781032658346

The Work of Donald Meltzer Revisited
100 Years After His Birth

Edited by Carlos Moguillansky, Buenos Aires Psychoanalytical Association, Argentina, Gabriela Legorreta

Series: The International Psychoanalytical Association Psychoanalytic Classics Revisited

The Work of Donald Meltzer Revisited: 100 Years After His Birth returns to and reassesses the contributions of Donald Meltzer, one of the most significant disciples of Melanie Klein and who was deeply inspired by Wilfred Bion. The Work of Donald Meltzer Revisited: 100 Years After His Birth will be of great interest to students and psychoanalysts both in practice and in training, especially those less familiar with the legacy of Meltzer’s work.

Routledge
May 2024:156
Hb: 978-1-032-57971-9: £130
* For full contents and more information, visit: www.routledge.com/9781032579702

Time and Trauma in Analytical Psychology and Psychotherapy
The Wisdom of Andean Shamanism

Deborah Bryon

This book explores the experience of time in psychoanalysis and Andean shamanism. This will interest trainee and practitioner analytical psychologists, and professionals interested in the resolution of trauma in a psychotherapeutic setting.

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Therapy
The Basics

sissy lykou

Series: The Basics

Therapy: The Basics is an introductory book to psychotherapy and its different theoretical approaches. It attempts to demystify and de-stigmatisie therapy by answering some common questions posed by prospective clients. This book is essential reading for trainees, a useful reference for qualified therapists who want to deepen their knowledge, a supporting resource for prospective psychotherapy clients, and a companion for readers who simply want to expand their horizons.

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Tolerance - A Concept in Crisis
Psychoanalytic, Group Analytic, and Socio-Cultural Perspectives

Edited by Avi Berman, Gila Ofer

Series: The New International Library of Group Analysis

This book examines tolerance as a concept under crisis, exploring its origin and functions, and how it can be at risk of replacement by moral intolerance or retributive justice in turbulent societies. Tolerance - A Concept in Crisis will be of great interest to psychoanalysts and group analysts facing issues of conflict and its resolutions, as well as other professionals who are seeking new perspectives on tolerance.

Routledge
July 2024:256
Pb: 978-1-032-06011-8: £31.99
Hb: 978-1-032-06010-1: £130
* For full contents and more information, visit: www.routledge.com/9781032060118
Towards an Integrated Analytical Psychology

Return to Freedom and Dignity

Matthew Bennett

Towards an Integrated Analytical Psychology presents a comprehensive review of some of the salient philosophical, cultural, social, and clinical ingredients that have gone into contemporary visions of human personality development and psychotherapy, and proposes a “unified field” theory of mental representation which puts psychoanalytic, analytic, and cognitive-behavioral perspectives in a mutually integrative framework. This book offers a novel model of understanding personality and will be of direct and immediate use for psychotherapists and students of psychotherapy. It would also be of interest to social workers, marriage and family therapists and psychiatrists.

Routledge
September 2024:228
Pb: 978-1-032-70871-3: £120
Hb: 978-0-367-02721-6: £29.99
* For full contents and more information, visit: www.routledge.com/9780367027216

Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen

Working with the Obstructive Object

Edited by Keri S. Cohen, Loray Daws

Psychologist in private practice, Canada

Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen examines Eigen’s rich phenomenological work on the Obstructive Object. Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen will greatly interest psychoanalysts, psychotherapists, and those interested in psychoanalytic and spiritual psychology.

Routledge
June 2024:238
Hb: 978-0-367-34080-9: £130
eBook: 978-0-367-34085-4: £130
* For full contents and more information, visit: www.routledge.com/9780367340809

Transactional Analysis Proper—and Improper

Selected and New Papers

Keith Tudor

Transactional Analysis Proper—and Improper: Selected and New Papers offers a critical reading of transactional analysis (TA), which analyses, deconstructs, and reconstructs its foundational theory. This book offers a unique ‘insider but independent’ perspective on transactional analysis. It will be essential reading for students and practitioners of transactional analysis and encourages free, independent, and critical thinking about TA and its place in the world.

Routledge
September 2024:318
Hb: 978-0-367-02721-6: £130
* For full contents and more information, visit: www.routledge.com/9780367027216

Transforming Careers in Mental Health for BIPOC

Strategies to Promote Healing and Social Change

Edited by Doris F. Chang, Linda Laussell Bryant

This book provides targeted advice to Black, Indigenous and People of Color (BIPOC) in the mental health professions on how to navigate, resist, and transform institutions and policies that were not designed for them. This essential guide will inspire trainees, practitioners, educators, and administrators in the fields of social work, psychology, counselling, psychiatry, education, and public health, to envision a path towards a more culturally affirming and transformative career.

Routledge
July 2024:372
Pb: 978-1-032-34603-8: £26.99
Hb: 978-1-032-34603-8: £130
eBook: 978-1-003-30979-6: £130
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Transforming Lives with Hypnosystemic Therapy

A Practical Guide

Stefan Hammel

Leader, Institute of Hypno-Systemic Consultation (Hypno-Systemische Beratung), Germany

This book provides a practise-based introductory guide for practitioners wishing to integrate Hypnosystemic therapy into their services, examining its roots, principles, and methods. Presenting therapeutic interventions in such a clear way that they can be integrated instantly into the therapeutic work of any school, this book is of particular interest to systemic therapists, behavioral therapists and others who wish to integrate hypnotherapy knowledge into their work, but remains relevant to any mental health or allied professional.

Routledge
August 2024:256
Hb: 978-0-367-54142-2: £130
* For full contents and more information, visit: www.routledge.com/9780367541422

Transgenerational Trauma

A Contemporary Introduction

Jill Salberg

NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA, Sue Grand

Series: Routledge Introductions to Contemporary Psychoanalysis

In this book, Jill Salberg and Sue Grand offer an overview of the psychoanalytic work on transgenerational trauma, rooting their perspective in attachment theory and the social-ethical turn of Relational Psychoanalysis. Transgenerational Trauma: A Contemporary Introduction offers a nuanced and comprehensive approach to this vital topic, and will be of interest to psychoanalysts, psychologists and other mental health professionals, as well as students and scholars of Trauma Studies, Race and Gender Studies, Sociology, Conflict Resolution, and others.

Routledge
May 2024:140
Hb: 978-0-367-54142-2: £130
eBook: 978-1-003-08776-2: £130
* For full contents and more information, visit: www.routledge.com/9780367541422
Trans-Generational Trauma After the Chinese Cultural Revolution
Transforming Wounds into Work Across Three Generations

Yao Lin
Based on interviews with three generations of three families, this book clarifies why the Cultural Revolution in China (1966–1976) had a uniquely traumatic impact on those affected, and shows how this trauma has taken in the lives of their second and third generations at both inter-subjective and intra-psychic levels. Bearing witness to a personal process of transforming a wound into work, this first-person account offers in-depth understanding and guidance for psychotherapists and psychoanalysts engaged in interrupting and healing trans-generational trauma.

Routledge
August 2026: 280 pages
Hb: 978-1-032-22426-8: £130
* For full contents and more information, visit: www.routledge.com/9781032224282

Understanding Human Life through Psychoanalysis and Ancient Greek Tragedy
Explorations of Euripides, Sophocles and Aeschylus

Sotiris Manolopoulos
Drawing parallels between ancient theatre, the analytic setting and the workings of psychic life, this book examines the tragedies of Euripides, Sophocles and Aeschylus through a psychoanalytic lens, with a view of furthering the reader’s understanding of primitive mental states.

Routledge
September 2024: 208 pages
Pb: 978-1-032-69920-2: £32.99
Hb: 978-1-032-71285-7: £135
* For full contents and more information, visit: www.routledge.com/9781032699202

Uncovering the Act of Maternal Infanticide from a Psychological, Political, and Jungian Perspective

Brooke Laufer
Using a wide range of disciplinary backgrounds, Laufer examines the topic of maternal infanticide through the lens of Jungian theory and presents an integrated and forensic view of this issue as an aggregate of personal and political moments, and as a feminine and feminist outcry urging human evolution. This is an important new book for Jungian and analytic clinicians and scholars with an interest in maternal archetypes, as well as psychologists and psychiatrists who specialise in perinatal mental health. It would also be appropriate for forensic psychologists and legal analysts, and academics and clinicians in the fields of women’s health and studies.

Routledge
July 2024: 234 pages
Pb: 978-1-032-53620-0: £29.99
Hb: 978-1-032-53622-4: £120
eBook: 978-1-003-41280-9
* For full contents and more information, visit: www.routledge.com/9781032536200

Trauma-Informed Psychotherapy for BIPOC Communities
Decolonizing Mental Health

Pavna K. Sodhi
Private Practice, Ottawa, Canada
Grounded in trauma-informed approaches, intersectionality theory, and critical race theory, Trauma-Informed Psychotherapy for BIPOC Communities: Decolonizing Mental Health embodies psychotherapeutic practices via antiracist, anti-oppressive, and culturally responsive paradigms. This book is an essential read for current and future intersectional psychologists, psychotherapists, social workers, counsellors, lawyers, educators, and healthcare professionals who actively work with BIPOC communities.

Routledge
June 2024: 238 pages
Hb: 978-1-032-10689-2: £130
eBook: 978-1-003-21656-8
* For full contents and more information, visit: www.routledge.com/9781032106854

Understanding and Managing Emotional Eating
A Psychological Skills Workbook

Denise Ratcliffe
This highly accessible therapy workbook is designed to help individuals who are engaged in weight management and obesity treatments improve their relationship with food and manage their emotional eating. This therapy workbook is for people who are unhappy with their emotional eating habits and the impact these have on their emotional health. It is also a valuable resource for therapists, dietitians and other allied professionals who work with this population.

Routledge
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Pb: 978-1-032-66434-7: £22.99
Hb: 978-1-032-66436-1: £130
eBook: 978-1-003-41280-9
* For full contents and more information, visit: www.routledge.com/9781032664347

2ND EDITION

Traumatic Stress

Patricia A. Resick, Stefanie T. LoSavio
Series: Clinical Psychology: A Modular Course
Traumatic Stress provides a well-written and accessible overview of traumatic stress studies. The new edition will continue to be essential reading for undergraduate and postgraduate students, as well as busy professionals working in this field who want a concise update on disorders related to traumatic stress.

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Understanding Human Life through Psychoanalysis and Ancient Greek Tragedy

Sotiris Manolopoulos
Drawing parallels between ancient theatre, the analytic setting and the workings of psychic life, this book examines the tragedies of Euripides, Sophocles and Aeschylus through a psychoanalytic lens, with a view of furthering the reader’s understanding of primitive mental states.

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www.routledge.com
What Does It Mean to ‘Make’ Love?
A Psychoanalytic Study of Sexuality and Phantasy

Gérard Pommier
Series: The Centre for Freudian Analysis and Research Library (CFAR)

What Does It Mean to Make Love? shows how the choice of gender does not conform to anatomy and is based on an often-unrecognized psychic bisexuality. This book makes valuable contributions to the study of sexuality and will be of interest to all psychoanalysts and students of psychoanalysis, as well as those in the fields of gender studies, anthropology, and psychology.

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Why Read Ogden? The Importance of Thomas Ogden’s Work for Contemporary Psychoanalysis

Edited by Marina F R Ribeiro

Why Read Ogden? explores the importance of Thomas Ogden’s work to contemporary psychoanalysis, both as an interpreter of classic psychoanalytic thinkers and as a new and original theorist and clinician in his own right. This book will be essential reading for psychoanalysts and psychotherapists, in practice and in training, who wish to gain a comprehensive understanding of Ogden’s work.

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What Therapists Need to Know About Perinatal and Early Relational Health
A Guide to Anti-Oppressive Counseling with Caregivers, Babies, and Young Children

Meyleen M. Velasquez
Hummingbird Counseling, Washington, USA

What Therapists Need to Know About Perinatal and Early Relational Health is a vital and timely text that will strengthen any clinician’s awareness and competence when working with children, infants, and caregivers. Every chapter is written from a framework of cultural humility to support the competent care of individuals with different intersectionalities. By embracing the wisdom within these pages, therapists can transform their practice into one that is more relational and heart centered.

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Hb: 978-1-032-25652-8: £130
* For full contents and more information, visit: www.routledge.com/9781032256504

Women’s Perspectives on the Solution Focused Approach
International Applications and Interventions

Edited by Jacqui von Zaffira-Bergs

Women’s Perspectives on the Solution Focused Approach is a distinctive collection of narratives of female Solution Focused practitioners, from across six continents, sharing their unique ways of using the Solution Focused approach at personal, professional, and social levels. This book will inspire practitioners regardless of gender to reflect on their own practice and to use and apply the approach in innovative and creative ways.

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When Mothers Talk
Magical Moments and Everyday Challenges from Birth to Three Years

Ilene S. Lefcourt

When Mothers Talk is an intimate book about early child development and motherhood which offers an extraordinary view of the first three years of life and practical information that rarely gets talked about. Ilene Lefcourt’s unique experience leading groups for over 35 years with mothers, their babies, and toddlers informs every page. Lefcourt sensitively links mothers’ childhood memories with current mother-child interactions, and exquisitely details mothers’ unfolding insights. Experienced and new mothers, infant mental health students and experienced professionals will find this original book, grounded in long established ideas, exceptionally informative and inspiring.

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Working Creatively with Obstacles to Client Change in Rational Emotive Behaviour Therapy
A Practitioner’s Guide

Windy Dryden
Goldsmiths, University of London, UK

This book will address the obstacles to client change that both client and therapist bring to rational emotive behaviour therapy (REBT). It is essential reading for any practitioner hoping to use REBT more effectively in their day-to-day practice.

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Workouts for Stepping into Emotionally Focused Therapy
Exercises to Strengthen Your Practice

Lorrie L. Brubacher
Workouts for Stepping into Emotionally Focused Therapy is a companion to Stepping into Emotionally Focused Therapy: Key Ingredients of Change (2nd ed.). Inspired by Deliberate Practice, it is filled with exercises called workouts first with couples (EFCT), followed by a series of workouts in that same skill or move with individuals (EFIT). Containing practical handles for the new clinician or graduate student wanting to integrate EFT into their practice, it is also stimulating and relevant for seasoned therapists and counsellors seeking to sharpen EFT skills and develop confidence in the model with both couples and individuals.

Youth Mental Health Crises and the Broken Social Link
A Freudian-Lacanian Perspective

Carl Waitz
This book critically examines the circumstances surrounding the failure of rites of passage in U.S. society and its relationship with the mental health crisis overtaking youth in America today. Drawing on multiple psychoanalytic schools of thought and clinical experience, this book is a vital resource for psychoanalysts, psychotherapists, and clinicians working with adolescents.
1st International Conference, ‘Resonance’: on Cognitive Approach, Social Ethics and Sustainability
23 and 24th November, 2022 School Of Liberal Arts and Humanities, Woxsen University, India

Edited by Raul V. Rodriguez, Hemachandran K., Anindita Majumdar, Ranita Basu
Artificial intelligence (AI) has been fast growing since its evolution and experiments with various new add-on features; human efficiency is one among those and the most controversial topic. This chapter focuses on its attention towards studying human consciousness and AI independently and in conjunction.

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A Brain Friendly Life
How to Manage Cognitive Overload and Reduce Glitching
Marisa Menchola
Modern life is brain-unfriendly: We are flooded with information and excessive cognitive demands, when we are often already depleted from chronic stress, sleep deprivation, and health issues. Many of us experience frequent ‘glitches’ or memory lapses, despite tests showing there is nothing wrong with our brains. This book provides concrete strategies, derived from neuropsychological science and clinical practice, to help people improve how they function in daily life.

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Pb: 978-1-032-29424-2: £120
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A Contextual Approach to Human Development
Integrating an Indian Perspective
Ashok K. Srivastava, Girishwar Misra Mahatna Gandhi Antarashtriya Hindi VishwaVidyalaya, Wardha, India
This new textbook offers a unique insight into the theoretical and applied aspects of human development in relation to the cultural traditions of non-Western countries. It is essential reading for undergraduate students of Psychology, Human Development, and allied fields, as well as for postgraduates with an interest in studying human development in a non-Western context.

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Pb: 978-1-032-47527-2: £38.99
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A Critical History of Psychology
From Antiquity to Modernity
Thomas Hardy Leahey
This fully updated and refreshed 9th edition places social, economic and political forces of change alongside psychology’s internal theoretical and empirical arguments. It utilises a critical lens to illuminate the way in which the external world has shaped the development of psychology and, in turn, how psychology from antiquity to modernity has shaped society. Including scientific, applied, and professional psychology, as well as coverage of the social sciences and social policy implications, this book is appropriate for high level undergraduate and graduate students.

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October 2024:628
Hb: 978-1-032-53966-9: £115
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A Guide for Statistical Tests and Interpretations with SPSS
Arshia U. Zaidi
A Guide for Statistical Tests and Interpretations with SPSS is designed for students taking basic and advanced courses in statistics, taking an integrative and practical approach to learning statistics. It guides students through navigating SPSS outputs and writing quantitatively, dealing with technical and substantive interpretations without resorting to complex mathematical formulae. With SPSS screenshots and step-by-step advice, this book will be useful for all undergraduate and graduate students in the social sciences and humanities, as a supplemental textbook to provide practical guidance on moving through all steps of statistical testing and analysis.

Routledge
October 2024:232
Pb: 978-1-032-21021-0: £45.99
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A New Approach to Addiction and Choice
Akrasia and the Nature of Free Will
Reinout W. Wiers
The book looks at both classic substance use disorders and newer “addictions” to smartphones, meat and fossil fuels. It discusses current perspectives on free will in philosophy, psychology and neuroscience, and the questions surrounding free will vs. determinism, including our ability to steer our behaviours guided by the promise of future outcomes. Different perspectives on addiction and choice are presented in an eloquent style, and illustrated by personal stories.
A Patient’s Workbook for Functional Neurological Disorder
Helping To Release the Pressure

Egberdina-Józefa van der Hulst
This self-help workbook offers guidance for those coping with Functional Neurological Disorder (FND). It uses a visual metaphor based on a ground-breaking new Pressure Cooker Model to help understand the condition and to reduce the symptoms. It is valuable reading for anyone with FND, their partners, families and friends, as well as healthcare professionals in any field working with people with FND.

Routledge
July 2024:328
Pb: 978-1-032-31282-8: £135
* For full contents and more information, visit: www.routledge.com/9781032312835

A Practical Guide to Group Facilitation
The Threefold Approach

Yorck von Korff
A Practical Guide to Group Facilitation introduces a unique threefold approach to facilitation, blending Person-Centered Practice, system knowledge, and method expertise together. The book delves into the significance of Person-Centered Practice as the cornerstone of facilitation, exploring personal facilitator qualities like congruence, empathic listening, and unconditional positive regard, inspired by the principles of Carl Rogers. It successfully integrates Jane Loevinger’s personal development theories with facilitator skill development. This book will be highly relevant reading for facilitators, mediators and those offering training.

Routledge
June 2024:324
Pb: 978-1-032-60462-6: £35.99
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2ND EDITION

A Student’s Guide to Developmental Psychology

Margaret Harris, Oxford Brookes University, UK, Gert Westermann, Sunae Kim, Marina Bazhydai
Now in its second edition, this fundamental undergraduate textbook provides students with everything they need when studying developmental psychology. Thoroughly revised, this book breaks down key topics into easily accessible concepts and provides students with both an overview of traditional research and theory as well as an insight into the latest research findings and techniques. This book is essential reading for all undergraduate students of developmental psychology. It will also be of interest to those in education, healthcare and other subjects requiring an up-to-date and accessible overview of child development.

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November 2024:460
Pb: 978-0-367-47105-7: £44.99
* For full contents and more information, visit: www.routledge.com/9780367471057

Addressing Gaps and Advancing Scholarship in the Study of Psychological Contracts
Charting Directions for a New Research Era

Edited by Sarah Bankins, Macquarie University, Australia, Yannick Griep, Radboud University, Netherlands, Samantha D. Hansen, University of Toronto, Canada
This book acknowledges the significant changes in the context and contours of the traditional employee-employer relationship over the last several decades and highlights the emergence of exciting new directions for the study of psychological contracts (PC). This book will be valuable to advanced students, researchers, and practitioners in Organizational Psychology, Organization Studies, Workplace Training and Human Resource Management, as well as those interested in improved performance of people and organizations. The chapters in this book were originally published as a special issue of the European Journal of Work and Organizational Psychology.

Routledge
August 2024:170
Hb: 978-1-032-76604-1: £130
* For full contents and more information, visit: www.routledge.com/9781032766041

2ND EDITION

Advanced Research Methods for Applied Psychology
Design, Analysis and Reporting

Edited by Paula Brough
This book provides a comprehensive discussion of 21 key topics for the completion of an applied psychology (or similar) research thesis/project. This book is an important reference text for applied psychology research thesis/project students and researchers, including both undergraduate students and post-graduate. It will be of interest to applied psychology researchers in all fields, and to those in other disciplines. The book provides coverage of advanced research methods and statistical topics and is suitable for adoption for these courses in honours/post-graduate levels of study within applied psychology and related fields.

Routledge
September 2024:320
Pb: 978-1-032-42417-0: £35.99
* For full contents and more information, visit: www.routledge.com/9781032424170

American Conspiracism
An Interdisciplinary Exploration

Edited by Luke Ritter
This important collection explores the social effects of popular American conspiratorial beliefs, featuring the work of 22 scholars representing multiple academic disciplines. American Conspiracism is essential reading for students of psychology, political science, and U.S. history, as well as journalists, independent researchers, and anyone interested in American conspiracies.

Routledge
July 2024:330
Pb: 978-1-032-60462-6: £44.99
* For full contents and more information, visit: www.routledge.com/9781032604626
An Introduction to Cluttering
A Practical Guide for Speech-Language Pathology Students, Clinicians, and Researchers

Yvonne van Zaalen, Isabella Reichel

An Introduction to Cluttering explores the speech disorder of cluttering, offering concrete, evidence-based methods for its diagnosis and treatment. Providing effective and user-friendly procedures for cluttering diagnosis and intervention, this book is an essential read for all current and future speech and language therapists.

Routledge
July 2024:232
Pb: 978-1-032-60787-0: £29.99
Hb: 978-1-032-02333-5: £135
* For full contents and more information, visit: www.routledge.com/9781032023335

An Introduction to Ethorobotics
Robotics and the Study of Animal Behaviour

Edited by Judit Abdai, Adam Miklosi

This pioneering text explores the emerging discipline of ethorobotics which brings together the fields of animal behaviour and robotics. This is a ground-breaking interdisciplinary text which will appeal to upper-level undergraduates, postgraduates and researchers focusing on animal behaviour and cognition, as well as those undertaking courses in engineering, social robotics, biologically inspired robotics, AI, human-robot and animal-robot interactions.

Routledge
September 2024:232
Hb: 978-1-032-02333-5: £205
Pb: 978-1-032-24637-6: £135
* For full contents and more information, visit: www.routledge.com/9781032246376

An Introduction to Culture and Psychology
A Sociocultural Perspective

Valery Chirkov

The book offers an innovative introduction to culture and psychology, taking a sociocultural approach to understand the intricacies of culture-mind-behaviour interactions. Each chapter features chapter’s synopsis, boxed examples, a glossary of key terms, reflective questions, and recommended reading to help students engage further with the material. An Introduction to Culture and Psychology is essential reading for undergraduate students taking culture and psychology courses. It can also be of interest to scholars of psychology, anthropology, sociology, communication, and other related disciplines.

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September 2024:232
Hb: 978-1-032-23141-9: £130
* For full contents and more information, visit: www.routledge.com/9781032231419

Aphasia
The Basics

Jane Marshall

Series: The Basics

This book provides a comprehensive yet accessible introduction to aphasia, or loss of language, a complex condition that affects approximately a third of stroke survivors. Anyone interested in language needs to know about aphasia and will find here the perfect beginner’s guide. The book provides an invaluable introduction to aphasia for students of speech and language therapy, health professionals and others with an interest in stroke care. It also offers easy-to-read answers to many of the questions posed by family members of stroke survivors.

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Applied Exercise Psychology
The Challenging Journey from Motivation to Adherence

Edited by Selen Razon, Michael L. Sachs

Now, in its second edition, Applied Exercise Psychology emphasizes the application of evidence-based knowledge drawn from the fields of exercise psychology, health psychology, clinical and counseling psychology, and exercise physiology for physical activity behavior change. An essential read that covers a variety of critical topics in applied exercise psychology, it brings often overlooked issues to the attention of practitioners to promote not only evidence-based practice but also responsible ethics and referral. The collection is a key reference for up-to-date research findings, relevant field experiences, and applied implications.

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Applied Multivariate Statistical Concepts
2ND EDITION

Debbie L. Hahs-Vaughn

This second edition of Applied Multivariate Statistical Concepts covers the classic and cutting-edge multivariate techniques used in today’s research. This textbook is ideal for courses on multivariate statistics/analysis/design, advanced statistics and quantitative techniques, as well as for graduate students broadly in social sciences, education and behavioral sciences. It also appeals to researchers with no training in multivariate methods.

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Hb: 978-1-032-27607-6: £130
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* For full contents and more information, visit: www.routledge.com/9781032276076
Augmentative and Alternative Communication for Children, Adolescents and Adults with Developmental Disorders

Stephen von Tetzchner, Harald Martinsen, Kristine Stadsklev

This comprehensive and accessible volume offers guidance based on current knowledge about typical and atypical language development for all those supporting families and professionals involved with children, adolescents and adults who may benefit from using augmentative and alternative communication (AAC) systems. The book will be essential reading for students and practising psychologists, speech and language therapists, special educators, teachers, physiotherapists and occupational therapists. The accessible guidance will also be helpful for the families of children, adolescent and adults who use augmentative and alternative communication.

Routledge
October 2024:494
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Categorical and Nonparametric Data Analysis
Choosing the Best Statistical Technique

E. Michael Nussbaum

Series: Multivariate Applications Series

Now in its second edition, this book provides a focused, comprehensive overview of both categorical and nonparametric statistics, offering a conceptual framework for choosing the most appropriate test in various scenarios. Problems inspired by actual studies provide meaningful illustrations of these techniques. Basic statistics and probability are reviewed for those needing a refresher with mathematical derivations placed in optional appendices. Intended for graduate or advanced undergraduate courses in categorical and nonparametric statistics taught in psychology.

Routledge
May 2024:344
Pb: 978-0-367-69815-7: £71.99
Hb: 978-0-367-70254-0: £135
eBook: 978-1-003-14526-4
* For full contents and more information, visit: www.routledge.com/9780367698157

Autoethnographies in Psychology and Mental Health
New Voices

Edited by Alec Grant, Jerome Carson

This autoethnographic volume gathers a multiplicity of different voices in autoethnographic research from across psychology and mental health disciplines to address topics ranging from selfhood, trauma, emotional understanding, clinical psychology, and the experience of grief. It collects new autoethnographic writers from across as diverse a range of disciplines and in doing makes a strong case for the legitimacy of subjectivity, emotionality and lived experience as epistemic and pedagogic resources. This work will be of interest to psychology and mental health students and professions with an interest in qualitative inquiry as it intersects with autoethnography and mental health.

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October 2024:335
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Biopsychology
The Basics

Philip Winn, Madeleine Grealy

Series: The Basics

Biopsychology: The Basics is a concise, accessible and illuminating introduction to the field of biopsychology. The book explores what psychology is in the broadest sense and how combining it with a biological perspective offers a deeper understanding of behavior and mental life. With suggestions for further reading and an extensive glossary of key terms, this book is an engaging and ideal introduction for those coming to the subject for the first time.

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Clinical Integration of Neuropsychological Test Results

Edited by Charles J. Golden Nova Southeastern University, USA, Ryan Bennett

The purpose of this volume is to explore the various interpretive strategies used with a wide variety of commonly used tests in order to see beyond the skills suggested by the test title.

CRC Press
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Hb: 978-1-032-31409-9: £145
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Colour Your Cortex
A Visual and Audio Approach to the Study of the Brain

Emma Randles

Bring your learning to life through the mindful art of colouring. This book provides easy to follow explanations of brain anatomy and functions, as well as detailed, labelled diagrams to colour in. Whilst colouring, you can sit back, relax, and listen to the audio podcast, which clearly explains each topic. Designed to simplify complex concepts into bite size understandable chunks, this is the ideal resource for psychology, neuroscience, nursing, and medical students who prefer visual and audible methods of learning. This book is also for anyone interested in understanding more about brain anatomy and functions, but with a little fun, creativity and relaxation along the way.

Routledge
August 2024:88
Pb: 978-1-032-64316-8: £15.99
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Communication in Atypical Infants and Toddlers

Christina F. Papaeliou

This book presents a comparative review of the latest studies and data on prelinguistic communication and early semantic development for a range of disorders. Papaeliou offers a critical analysis of the literature, compares key theoretical approaches, and interprets data on development in atypical populations. This is ideal reading for psychologists, paediatricians, speech therapists, special educators and students in developmental psychology.

Routledge
May 2024:244
Hb: 978-0-367-42471-4: £135
eBook: 978-0-367-81582-8
* For full contents and more information, visit: www.routledge.com/9780367415259

Comparative Psychology and Educational Outcomes

Joyce E. Butler

Comparative Psychology and Educational Outcomes is designed to empower educators to lead with wisdom, strengthen their belief that all students can learn at high standards, and create a vision of excellence that becomes actionable, allowing us to be difference makers in the lives of all learners. Connecting evidence-based strategies with day-to-day practice, this book is aimed at educational leaders (principals, superintendents, special education directors, teachers) in their role as practitioners and those working toward their certifications in the university setting.

Routledge
August 2024:224
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Hb: 978-1-032-57165-2: £135
* For full contents and more information, visit: www.routledge.com/9781032571638

Comparative Psychopathology

Connecting Comparative and Clinical Psychology

Daniel C. Marston Liberry University, Margaret Gopeal Yale University, University of Connecticut, Terry Maple

This book introduces readers to a more comprehensive and empirically based approach to psychopathology than any other approach in use by psychological professionals today. It incorporates all areas of psychological research, experimental and observation as well as clinical and medical. This approach presents a method that does not entirely replace methods like those in the DSM-5 but improves them. By reading this text, readers will find essential information about how incorporating comparative psychology into understanding psychopathology can make understanding stronger and how this approach can help psychology can help make for a truly better and just world.

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Computational Cultural Neuroscience

An Introduction

Joan Y. Chiao

Series: Essays in Cultural Neuroscience

This book provides novel insights into the study of empirical computational approaches in the field of Cultural Neuroscience. It discusses and analyses topics such as cultural intelligence, cultural machine learning, cultural brain dynamics, and cultural security. The author elucidates how cultural processes intersect with the structural organisation of the nervous system, contributing to the study of computational principles and neural information processing mechanisms at the cultural level. This book is the ideal resource for academics, researchers and students in psychology, neuroscience, computer science or philosophy who are interested in cultural neuroscience.

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August 2024:460
Pb: 978-1-032-47016-0: £49.99
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Conducting Contextual Research

How to Find Out About Yourself and Other People

Bernard Guerin University of South Australia, Australia, Eden Thain, Kristen Stevens, Adan C. Richards, Guilherme Bergo Leugi

Series: Exploring the Environmental and Social Foundations of Human Behaviour

This innovative book proposes an entirely new approach to social research, presenting practical ways to discover people’s life contexts in order to understand why they do what they do, which is essential for any forms of research that need to understand people. Conducting Contextual Research is essential reading for postgraduate students and professionals in the fields of counselling, psychology and social work, and will be useful to anyone conducting research or inquiries to understand human behaviour, including academic researchers, detectives, intelligence operators, social workers, government service researchers, social policy analysts, and biographers.

Routledge
June 2024:190
Pb: 978-1-032-60818-1: £42.99
Hb: 978-1-032-60825-9: £130
* For full contents and more information, visit: www.routledge.com/9781032608181

Contextualising Eating Disorders

The Hidden Social Contexts of Unusual Eating

Bernard Guerin University of South Australia, Australia, Millie Tait, Scarlett Kraehe, Nikka Bailey

Series: Exploring the Environmental and Social Foundations of Human Behaviour

This book rethinks the diagnosis and treatment of ‘eating disorders’ by putting the spotlight on their social and societal contexts, examining how these behaviours are shaped by the difficult life conditions of those suffering. Contextualising Eating Disorders is unique in its focus on giving priority to women’s voices and the social contexts behind unusual eating and will be highly relevant for all professionals working with those with unusual eating patterns, as well as students and academics in the fields of social psychology and mental health. This book will also benefit those who themselves are suffering from unusual eating patterns they might not understand.

Routledge
June 2024:194
Pb: 978-1-032-59265-7: £36.99
Hb: 978-1-032-59268-8: £130
eBook: 978-1-003-45391-8
* For full contents and more information, visit: www.routledge.com/9781032592657
Corporate Cancel Culture and Brand Boycotts
The Dark Side of Social Media for Brands
Edited by Angeline Close Scheinbaum
This topical book examines and tests the complexities of unintended consequences of social media that often impact brands and companies from both an economic and a reputational lens. It introduces the term “corporate cancel culture”, highlighting the growing trend amongst customers to leverage social media to communicate their grievances with companies. It is a must read for students of psychology, marketing, public relations, management, and social media. It will also be of interest to users of social media—both consumers and business/organizations. It is especially valuable for marketing/advertising professionals, social media professionals/influencers, and business executives.

Critical Approaches to Death, Dying and Bereavement
Erica Borgstrom, Open University, UK, Renske Visser
Series: Critical Approaches to Health
This book is the first of its kind to examine key topics in death, dying and bereavement through a critical lens, highlighting how the understanding and experience of death can vary considerably, based on social, cultural, historical, political, and medical contexts. It looks at the complex ways in which death and dying are managed, from the political level down to end of life care, and the inequalities that surround and impact experiences of death, dying and bereavement. It is valuable reading for scholars in thanatology and death studies, and for those in related fields such as sociology of health, medical and social anthropology and interdisciplinary social science courses.

Criminal Psychology
David Rowlands, David Canter
Series: Topics in Applied Psychology
This carefully revised third edition of Criminal Psychology offers a vital, up-to-date account of the wide range of psychological contributions to the understanding of criminals and crime, its investigation, the legal processes of dealing with offenders, and helping victims. Offering a comprehensive, accessible, contemporary introduction, the book shows that many aspects of psychology are essential for understanding criminals and their actions, the investigation of crime and court procedures. This is the ideal text for students across psychology, criminology, socio-legal studies and law, as well as everyone who wishes to gain an overview of criminal psychology.

Developmental Science
An Advanced Textbook
Erica Borgstrom, Open University, UK, Renske Visser
Series: Critical Approaches to Health
This book is the first of its kind to examine key topics in death, dying and bereavement through a critical lens, highlighting how the understanding and experience of death can vary considerably, based on social, cultural, historical, political, and medical contexts. It looks at the complex ways in which death and dying are managed, from the political level down to end of life care, and the inequalities that surround and impact experiences of death, dying and bereavement. It is valuable reading for scholars in thanatology and death studies, and for those in related fields such as sociology of health, medical and social anthropology and interdisciplinary social science courses.

DIVERSITY, EQUITY AND INCLUSION
CREATING VALUE-BASED SUSTAINABLE ORGANIZATIONS
Edited by Sunitha Singh Sengupta, P. Jyothi, Suresh Kalagnanam, B. Charumathi
The benefits of high integrity and high-responsibility organizations are well-established conscience mechanisms based on the principles of inclusion that emphasize justice, care, and fair practices at workplaces. Superrich Amazon investor Nick Hanauer writes in Oxfam’s state of wealth inequality report published on Monday (January 21, 2019) “I am a practitioner of capitalism,” … The most important lesson
Diversity, Inclusion and Culture Wars in Psychotherapy

Edited by Del Loewenthal University of Roehampton, UK

For the psychotherapist/psychological therapist, notions of diversity and inclusion, such as intersectional feminist, trans*, critical race/whiteness, migration, (in)equality, queer, disability, post-colonial, decolonial, approaches and studies, are both increasingly important, and yet increasingly difficult. This book explores these developments and raises important questions: Are these difficulties to do with the biases of the person who is the psychotherapist; and/or, could it also sometimes have to do with how diversity, inclusion and related terms are constructed? Chapters were originally published as special issue of European Journal of Psychotherapy and Counselling.

Emotional Development and Youths' Predisposition to Deception

An Experimental Study Using the Polygraph Method

Oleksiy Chebykin, Olena Kosyanova

This comprehensive book examines young people's propensity to deceive through the lens of emotional development and the research methods of polygraph and emotional maturity methodology. It presents evidence-based and practical results of this research, identifying a predisposition to deceit in people with different types of emotional maturity. This book is of great scientific and practical importance and will be useful to psychologists, students, scientific and pedagogical workers, as well as specialists involved in the selection and audit of personnel, and other readers interested in using the polygraph method to detect and predict fraud.

Early Psychological Research Contributions from Women of Color, Volume 2

Edited by Rihana Mason, Jon Grahe, Michelle Ceynar

This volume serves as a companion to Early Psychological Research Contributions from Women of Color Volume I (Grahe, Ceynar, & Mason, 2023). It focuses on the dissertations of 20 builders-women of color who earned their doctoral degrees in psychology prior to 1900 and who were builders in the field through her leadership or innovation. This volume is intended for both instructors and students. The course activities provide examples of how to integrate key aspects of the dissertation research into the classroom.

Emotional Reasoning

Insight into the Conscious Experience

Eva Déli University of Debrecen, USA

Engaging and penetrating, the book represents a groundbreaking perspective that will surprise you at every turn and enhance your understanding of yourself and your place in the cosmic order. The book holds profound implications for neuroscience and artificial intelligence research. The intricate interweaving of consciousness with the fabric of the universe unveils a philosophical tapestry that echoes the words of John Wheeler: "The physical world is, in some deep sense, tied to the human being."

2ND EDITION


eHealth Research Theory and Development

A Multidisciplinary Approach

Edited by Hanneke Kip University of Twente, Nienke Beerlage-de Jong, Lisette (J.E.W.C.) van Gemert-Pijnen University of Twente, Robbert Sanderman, Saskia M. Kelders University of Twente

This is the first book to provide a comprehensive overview of the multidisciplinary domain of eHealth - one of the most important recent developments in healthcare. It provides an overview of the possibilities of eHealth for different healthcare sectors, an outline of theoretical underpinnings, and effectiveness, and key models, frameworks and methods for its development, implementation, and evaluation. This fully revised second edition brings together up-to-date knowledge on eHealth and includes several new chapters and sections on important topics such as implementation, human-centred design, healthcare systems, and evaluation methods.

Emotions in Reading, Learning, and Communication

Edited by Catherine Bohn-Gettler Saint John's University, USA, Johanna Kaakinen University of Turku

This book brings together experts engaging in empirical studies on how emotion influences learning and processing for varying text types in different contexts. The chapters included in this book work toward developing a more comprehensive understanding of the influence of emotions in supporting learning, comprehension, processing, and conceptual change to draw important connections to the broader fields of text and discourse, learning, and motivation. The chapters in this book were originally published as a special issue of Discourse Processes.
Employee Wellbeing
Contemporary Workplace Challenges and Evidence Based Interventions

Pooja Vishwanathan

Drawing on work and positive psychology, this insightful book addresses contemporary workplace challenges and analyses evidence-based interventions in the employee wellbeing domain. Employee Wellbeing offers an important read for stakeholders within and outside of organisations, and will also be of interest to students and academics studying work psychology, organisational behaviour, wellbeing at work and related fields.

Routledge
September 2024:224
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7TH EDITION

Evolutionary Psychology
The New Science of the Mind

David M. Buss University of Texas at Austin, USA

This revolutionary textbook examines human behavior from an evolutionary perspective, providing students with the conceptual tools needed to study evolutionary psychology and apply them to empirical research on the human mind. With a wealth of student-friendly pedagogy including critical-thinking questions and case study boxes supporting the application of evolutionary psychology to real-world situations, this is an invaluable resource for undergraduates studying psychology, biology and anthropology. The textbook is also supported by a range of instructor resources, including PowerPoint slides, a test bank, and an instructor’s manual.

Routledge
August 2024:530
Pb: 978-1-032-13791-9: £71.99
Hb: 978-1-032-34577-2: £250
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Examining Creativity in the Workplace
Applying Polanyi's Theory of Tacit Knowledge to Maximize Fulfillment at Work

Nahanni Freeman, Bren Slusser

This scholarly book explores the intersection of social cognition with a democratic philosophy of human resource management, to advance a theory of workplace function that maximizes creativity. This insightful text presents the authors’ original, qualitative research in the area of workplace creativity and tacit knowledge, and is valuable reading for scholars and advanced students in industrial-organisational psychology, and human resource management.

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September 2024:272
Pb: 978-1-032-34577-2: £44.99
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Existing in the Information Dimension
An Introduction to Emergent Information Theory

Daniel Boyd

This book presents new insights into the nature of the human mind as a product of the brain. It does so by discussing how biological and technological information systems differ from their counterparts with physical functions, presenting Emergent Information Theory as a solution to the mind-body problem and overarching framework for all biological and technological information systems. This fascinating text will be of interest to any researcher of consciousness, the mind-body problem, or AI, as well as those working in related areas such as physical neuroscience and systems theory.

Routledge
September 2024:272
Hb: 978-1-032-56702-0: £135
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Experiential Learning and Internship for Undergraduates
A Workbook for Undergraduate Interns in the Human Services Field

Abigail O. Akande, Michael B. Lavetsky, Stacey Conway

This textbook is a comprehensive and sequential guide specifically designed for undergraduate students entering internships in the human services field and for the faculty serving as their internship supervisors. With a strong focus on career development and self-exploration, it builds understanding of the theoretical knowledge and core competencies needed for practical, clinical experience in a variety of human services positions such as rehabilitation, social work, case management, counseling, and criminal justice.

Routledge
October 2024:204
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Feminist Liberation Practice with Latinx Women

Edited by Lillian Comas-Díaz George-Washington University, USA, Carrie L. Castañeda-Sound Pepperdine University, USA

This book unearths ancestral wisdom to address the needs of oppressed women in both the Global South and Global North. Focusing on Latinx women, it empowers through decoloniality, liberation, mujerismo, and nepantlismo. The volume addresses oppressive structural and systemic processes, share innovative frameworks and methods (e.g., testimonios) of feminist liberation practice, and give voice to narratives that have been erased or silenced. This book will be valuable to researchers, therapists, and educators interested in the practice of feminist therapy. The chapters in this book were originally published as a special issue of Women & Therapy.

Routledge
June 2024:166
Pb: 978-1-032-63260-5: £130
eBook: 978-1-032-63262-9
* For full contents and more information, visit: www.routledge.com/9781032632605
From Cultural Deprivation to Cultural Security
Tackling Socio-Cultural Deprivation with Children and Young People

Dale Allender , Arya Allender-West
Series: Applying Child and Adolescent Development in the Professions Series

This important book considers how youth of color and other marginalized youth experience socio-cultural deprivation from the repetition of traumatic socio-historic experiences as well as from the institutions they interact with such as schools, mental health organizations, and social services agencies. From Cultural Deprivation to Cultural Security will be a crucial text for training and practicing psychologists, educators, social workers, youth workers and counselors, concerned with the positive development of children, adolescents, and young adults.

Fundamentals of Cultural Psychology

Luca Tateo
This innovative textbook is the ideal introduction to cultural psychology. It focuses on a holistic approach to cultural psychology, which emphasizes that culture is created and shared by people and society. This is the essential introductory book for students of cultural psychology, as well as cultural studies and anthropology. It will be useful for anyone looking to learn more about the history of ideas, the human mind and its historical and material relationship with culture.

Fundamentals and Frontiers of Medical Education and Decision-Making
Educational Theory and Psychological Practice

Edited by Jordan Richard Schoenherr Department of Psychology, Concordia University, Loyola Campus, Meghan McConnell

Fundamentals and Frontiers of Medical Education and Decision-Making brings together international experts to consider the theoretical, practical, and sociocultural foundations of health professions education. Grounded in psychological science, this book highlights the fundamental issues faced by healthcare professionals, and the frontiers of learning and decision-making. It is important reading for a wide audience of healthcare professionals, healthcare administrators as well as researchers in judgment and decision-making.
Handbook of Mental Performance
Lessons from High Performance Domains
Edited by Nathalie Pattyn, Robin Hauffa
This extensive overview of mental performance optimisation techniques offers both a state-of-the-art reference resource and comprehensive tool for those engaged in the management and implementation of mental performance programs. This is a go-to guide for practitioners involved in managing mental performance and program managers looking at the implementation of a mental performance policy across a wide range of domains. It will also be of interest for courses on performance psychology and human performance in both an academic and professional environment.

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How Qualitative Data Analysis Happens
Moving Beyond “Themes Emerged”
Edited by Áine M Humble, M. Elise Radina
The book offers an in-depth look into how qualitative social science researchers studying a wide range of human experiences and dynamics approach their data analyses. This expanded edition includes 13 new chapters from a broad range of disciplines that document the stories about how qualitative data analysis occurred. Chapters for this expanded edition represent a diversity of disciplines (e.g., criminology, family science, education, health, nutrition, sociology, sport psychology) that focus on the human experience and describe a diversity of methodological approaches. These chapters may be used to introduce readers to newer or innovative ways of analysing data.

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Health Psychology
An Interdisciplinary Approach
Deborah Fish Ragan
Now in its fourth edition, Health Psychology takes a truly interdisciplinary approach to studying health psychology, and offers a comprehensive overview of the subareas within this fascinating subject. While grounded in psychology, it incorporates perspectives from anthropology, biology, economics, environmental studies, medicine, public health, and sociology, and will be of particular interest to undergraduate students in health psychology and public health and for masters’ students of health psychology. This Edition also comes with additional instructor resources, including lecture slides, an instructor manual, and testbank.

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How to Live Well with Dementia
Expert Help for People Living with Dementia and their Family, Friends, and Carer Partners
Anthea Innes, Megan E. O’Connell, Carmel Geoghegan, Phyllis Fehr
How do we get from helpless baby to knowing teenager? What impact does iPads, social media, video games and evolving technology have on the way children’s minds develop? An integrated and thought-provoking account of the central issues in child development. Students, parents, and professionals will find it an invaluable introduction.

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October 2024:170
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How to Live Well with Dementia: Expert Help for People Living with Dementia and their Family, Friends, and Carer Partners
Edited by Anthea Innes, Megan E. O’Connell, Carmel Geoghegan, Phyllis Fehr
How to Live Well with Dementia: Expert Help for People Living with Dementia and their Family, Friends, and Carer Partners provides an array of essential guidance about the different aspects of dementia for all whose lives are touched by dementia, including people living with dementia as well as their support network. Written jointly by academic experts and experts by lived experience, this book is indispensable for people living with dementia, care partners, and anyone wanting to understand more about the condition, as well as health and social care professionals and students of health and social care.

Routledge
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Human Sustainability and Cognitive Overload at Work
The Psychological Cost of Working
Alexander D. Stajkovic, Kayla S. Stajkovic
This innovative book considers the cost of cognitive overload and psychological distress on human sustainability, and suggests ways to prevent employees from becoming a psychologically-depleted workforce. Human Sustainability and Cognitive Overload at Work is a useful resource for students and scholars of business, management, leadership, organizational and work psychology, and organizational studies. The practical insights will also help managers, policy makers, policy analysts, consultants, and all those with an interest in the psychological cost of working.

2ND EDITION
Introduction to Human Development and Family Science
Bridget A. Walsh, Dana A. Weiser
Now in its second edition, Introduction to Human Development and Family Science is the first text to introduce human development and family studies (HDFS) as inextricably linked areas of study. Pioneers of research paradigms have acknowledged that the family is one setting in which human development occurs, and much work is inherently multidisciplinary and interdisciplinary. This book helps to fortify an understanding of HDFS and subareas within it. Incredibly user-friendly, this is essential reading for students new to Human Development and Family Science and comes with fully developed Instructor and Student Resources.

Leadership at the Spiritual Edge
Emerging and Non-Western Concepts of Leadership and Spirituality
Edited by Mohammed Raei, Stacey K. Guenther, Lisa A. Berkley
This insightful book explores the intersection of spirituality and leadership, examining cutting edge research, theory, and practices that help build healthy and long-term effective leadership. Showcasing non-Western views of leadership across a range of backgrounds, the book looks at leadership styles that raise and expand consciousness to enable better problem solving when addressing the complex challenges of organizations and societies. This anthology will be of use to researchers, scholars and students of leadership studies, particularly those interested in new ways of viewing and developing leadership.

Introductory Psychology and the Human Condition
Cultural Adaptation in Pursuit of Self-Actualization
Jeffrey C. Levy
Introductory Psychology and the Human Condition provides an engaging, cohesive, and practical treatment of traditional psychological principles and theories. The book uses Maslow’s human needs hierarchy and Bronfenbrenner’s ecological theory of development as organizational schemas for considering how cultures have evolved to address human needs. It relates major psychological processes including biology, perception, motivation, learning, and cognition to lifespan and personality development in nomadic hunter-gatherer and technologically enhanced cultures. It is core reading for introductory students and will appeal also to a general audience interested in psychology.

Leading Beyond the Ego
How to Become a Transpersonal Leader
Edited by Greg Young, John Knights, Danielle Grant, Duncan Enright
Building on the concept of Transpersonal Leadership, Leading Beyond the Ego offers a practical approach to becoming an authentic, ethical, caring and more effective leader. Learn how to lead beyond the ego! An essential manual for current and aspiring organisational leaders, HR professionals, executive coaches and mentors, Leading Beyond the Ego is a vital reference source for anyone in a position of leadership.

Investigating School Psychology
Pseudoscience, Fringe Science, and Controversies
Edited by Michael I. Axlerod
University of Wisconsin, Eau Claire, USA, Stephen Hupp
Clinical Psychologist and Professor of Psychology at Southern Illinois University Edwardsville (SIUE), USA.
Series: Investigating Psychology Pseudoscience
Investigating School Psychology provides a fascinating exploration of the field of school psychology through the lens of pseudoscience and fringe science. Contributions from leaders in the fields of school psychology, clinical psychology, and education honor the role of science in the field while also exploring and guarding against the harms that pseudoscience can cause. This book is valuable supplemental reading for graduate courses in education and school psychology, and is also a beneficial reference for practicing school psychologists to distinguish between science and pseudoscience in their practice.

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52 PSYCHOLOGY
4TH EDITION

Learning From Data
An Introduction to Statistical Reasoning using JASP

Arthur M. Glenberg, Matthew E. Andrzzejewski

This fully updated 4th edition explores the foundations of statistical reasoning, focusing on how to interpret psychological data and statistical results. This edition includes three important new features. First, the book is closely integrated with the free statistical analysis program JASP. Second, reflecting the growing use of Bayesian analyses in the professional literature, this edition includes a chapter with an introduction to Bayesian statistics (also using JASP). Third, the revised text incorporates adjunct questions, that is, questions that challenge the student’s understanding, after each major section.

Managing Your Gaming and Social Media Habits
From Science to Solutions

Catherine Knibbs

Series: BPS Ask The Experts in Psychology Series

The influence of technology on hobbies and leisure time is quickly becoming a regular part of daily life, but how much do we really understand about how or why we’re using it, and its impact on our health? This easy-to-read guide is designed to provide all of the support needed to understand why we use technology the way we do, and how we can recognise when interventions are needed to help master our own technology use. Helping readers and their families take back control and feel better informed about the future use of technology in our everyday lives, this book is a must read for anyone wanting expert guidance on the issues that matter most.

Lifestyle Medicine from the Inside Out
Using Positive Psychology in Healthy Lifestyles for Positive Health

Liana S. Lianov, Jolanta Burke

Lifestyle Medicine From the Inside Out summarizes the principles, science and practice of how positive psychology can be integrated into lifestyle medicine for positive health in health care and self-care. This integration builds physical health and well-being, buffers against adversity and promotes personal growth after traumatic experiences. By intertwining healthy habits and positive psychology-based activities, including personal strengths and what is meaningful to each person, individuals can truly thrive. Such an approach is what the authors refer to as practicing ‘lifestyle medicine from the inside out.’

Maximizing Fulfillment at Work
A Workbook to Unlock Optimal Team Performance

Bren Slusser

This practical workbook provides guidance for applying tacit knowledge to the field of Human Resource Management (HRM) to promote positive workplace culture and creativity. Suitable as a standalone text or alongside Examining Creativity in the Workplace, this workbook is the ideal resource for use as part of corporate-level training for practitioners, as well as in the classroom for scholars and postgraduate students in Human Resource Management and Behavioral Psychology programs.

Making Mental Health
A Critical History

Elizabeth Roberts-Pedersen

Series: Critical Approaches to Health

The book historicizes mental health by examining the concept from the ‘madness’ of the late 19th century to the changing ideas about its contemporary concerns and status. It argues that a critical approach to the history of psychiatry and mental health shows them to constitute a dual clinical-political project that gathered pace over the course of the twentieth century and continues to resonate in the present. Drawing on scholarship across several areas of historical inquiry as well as historical and contemporary clinical literature, the book uses a thematic approach to highlight decisive moments that demonstrate the stakes of this engagement in Anglo-American contexts.

Mental Health and Relationships from Early Adulthood through Old Age

Paris S Strom, Robert D. Strom

This unique text encourages young adults to reflect on their prospective longevity for setting goals and making decisions, become aware of the aspirations and concerns of other generations, and consider personal direction in relation to peer group norms. The sources for learning about mental health and relationships include a blend of academic research, insights from literature, student interviews with older and younger relatives, and personal observations.
Migration and Wellbeing
Towards a More Inclusive World
Edited by Deirdre Hughes Warwick University, UK, Füsun Akkök Middle East Technical University, Turkey, Gideon Arulmani
This timely and comprehensive book delves into this complex and multi-faceted phenomenon of migration and illuminates its diverse facets and its profound influence on societies across the globe. With a new chapter, conclusion, and a revised introduction, this book will be of value and interest to students, researchers, teachers, policymakers, guidance and counselling practitioners who have an interest in migration, human psychology, social science, youth work, mental health, counselling, education, and community development. The other chapters were originally published in the British Journal of Guidance and Counselling.

Routledge
June 2024:180
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Mindfulness Giving
Harnessing the Art and Science of Positive Psychology
Maria Cuddy-Casey
This accessible book offers a unique, evidence-based perspective on the art and science of giving. It combines concepts from psychology, neuroscience and social science theory with stories from interviewees on their experiences as a giver and receiver. Mindfulness Giving is valuable reading for students of positive psychology, social and health psychology, social work, and sociology, as well as professionals and coaches working in self-improvement and self-care.

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Navigating Leadership
Evidence-Based Strategies for Leadership Development
Edited by Susanne Braun , Tiffany Keller Hansbrough , Gregory A. Ruark , Robert G. Lord , Rosalie J. Hall , Olga Epitropaki
Series: Leadership: Research and Practice
Navigating Leadership provides evidence-based tools and recommendations to develop your leadership successfully. The book integrates knowledge in the areas of leadership and followership from evidenced-based global research and translates the findings into suggestions for organizational best-practices. Addressing the persistent gap between research and practice in leadership and followership through research-practice translation, this is the ideal resource for professionals, at both an individual and organizational level, looking to support and increase leadership development. It will also appeal to scholars and students of leadership, followership, and leader identities.

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Mixed Methods for Psychological Measurement
Using Critical Realism to Reframe Incommensurability
David F. Feldon Utah State University, USA
Series: Routledge Research in Psychology
This book presents a groundbreaking approach to measurement from a mixed methodological perspective, reframing the concept of incommensurability to harmonize qualitative and quantitative data in analyses. It will appeal to scholars, researchers, and students whose goals are to integrate different modes of data, examine alternative perspectives on measurement, and apply new tools to psychological and social research.

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No Words for Feelings
Alexithymia as a Fundamental Personality Dimension at the Interface of Cognition
Edited by Olivier Lumineau , Kristy Nielson , Nathan Ridout Aston University, UK
Alexithymia is a multifaceted construct that is characterized by several facets, including difficulties identifying one’s feelings, difficulties describing one’s feelings to others, and an externally focused, utilitarian cognitive style. This book shows that the facets of alexithymia influence several aspects of how one perceives and responds to neutral and emotional situations, by impacting multiple cognitive processes (attention, appraisals, memory, language and behavior). The chapters in this book were originally published as a special issue of Cognition and Emotion.

Routledge
August 2024:168
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On Being a Mentor
A Guide for Higher Education Faculty
W. Brad Johnson United States Naval Academy, USA, Kimberly A. Griffin University of Maryland, USA
This third edition of a classic, On Being a Mentor, is the definitive guide to the art and science of engaging students and faculty in effective mentoring relationships in all academic disciplines. The text is rooted in the latest research on developmental relationships in higher educational settings and offers concrete mentoring strategies and best practices. The authors provide mentors with a road map to being ethical and managing relationship problems, and leaders will gain insights into selecting and training mentors, assessing mentorship outcomes, and cultivating a mentoring culture. It is the ideal guidebook for faculty and training tool for mentoring workshops.

Routledge
October 2024:224
Pb: 978-1-032-05065-2: £36.99
Hb: 978-1-032-02359-5: £130
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Organization, Purpose, and Values
Integrating Diversity, Equity, and Inclusion

Edited by Sunita Singh Sengupta, P. Jyothi, Suresh Kalagnar and B. Charumathi
People (employees and investors) are the strength of the organizations and the leader who integrates this understanding creates an environment where people can use their full potential, feel appreciated and grow in the process.

Parapsychology
The Science of Unusual Experience

Edited by David Groome and Ron Roberts
Kingston University, UK
This new edition of Parapsychology continues to challenge and provoke readers with some of psychology’s most puzzling phenomena. Whether believers or sceptics, the book provides readers with the opportunity to further their understanding of the paranormal, bridging the gap between traditional psychology and fringe areas. Providing a balanced introduction to parapsychology that explores the strengths and limitations of scientific investigation, this is essential reading for students and professionals in the field, along with anyone interested in learning more about the science of the paranormal.

Practical Vision Science
Learning Through Experimentation

Benjamin Balas
This workbook provides a collection of experiments and observations that use physical materials (rather than digital displays or resources) to reveal fundamental properties of the human visual system. Practical Vision Science is an essential text for upper undergraduate and postgraduate students of Sensation and Perception, providing the opportunity to learn by doing things rather than reading facts about the visual system from the page.

Psychobiological Footprints through Human Development
How Our Experiences Shape Who We Are

Livio Provenzi
Embark on an illuminating voyage through the biological foundations of human nature and development with Psychobiological Footprints through Human Development. This unique volume unveils the intricate dance between genetics, neuroscience, and environment, offering a holistic understanding of how we become who we are. This volume is invaluable to graduate students in the fields of developmental psychology, neuroscience, genetics, and related disciplines. Delving into the biological roots of behaviour, cognition, and emotion, it will also equip practitioners, researchers, and educators with invaluable insights to enrich their practice.

Psychology Essentials for Behavior Analysts

Edited by Lauryn M. Toby and Erica S. Ranade
Psychology Essentials for Behavior Analysts provides new and developing Behaviour Analysts with important background information from the field of psychology. This information is directly applicable to the field of behavior analysis and currently lacking in traditional behavior analytic course sequences. Providing much needed information and training in psychological principles necessary for compassionate behavior analytic care, this is an essential resource for newly credentialed behavior analysts as well as those currently in training. It will also be beneficial to veterans in the field of behavior analysis seeking professional development and continuing education.

Psychology of Eating
From Biology to Culture to Policy

Emily Crews Spline and Neil E. Rowland
University of Florida, USA
Anaya Mitra
The Psychology of Eating is the essential multi-disciplinary introduction to the psychology of eating, looking at the biological, genetic, developmental, and social determinants of how humans find and assimilate food. Featuring student-friendly materials such as learning objectives, talking points, glossaries and self-assessment questions, this book is essential reading for students of psychology, eating behavior, or health sciences. It will also be useful reading for professionals in health psychology and anyone supporting those with eating disorders and obesity.
Python for Experimental Psychologists
A Fun Way of Learning How to Code Your Experiments and Analyses
Edwin S. Dalmaijer
Python for Experimental Psychologists equips researchers who have no prior programming experience with the essential knowledge to independently script experiments and analyses in the programming language Python. The book offers an excellent introduction, whether you are an undergraduate, a PhD candidate, or an established researcher. This updated edition is on Python 3 (the most current version). It starts by teaching the fundamentals of programming in Python, and then offers several chapters on scripting experiments (displaying stimuli, obtaining and logging user input, precision timing, etc.) using the popular PsychoPy package.

Routledge
November 2024:160
Ps: 978-1-032-00045-9: £36.99
Hb: 978-1-032-00046-6: £135
* For full contents and more information, visit: www.routledge.com/9781032000459

Reasoning in Psychopathology
Rationality and Irrationality in Mental Disorders
Edited by Valentina Cardella
University of Messina, Italy, Amelia Gangemi
Reasoning in Psychopathology adopts a pragmatic conception of reasoning, demonstrating how people with mental disorders develop characteristic strategies of reasoning depending on the particular disorder they have and the emotions they experience. It is a must-read for all researchers and students of rationality from cognitive psychology, psychiatry, and philosophy backgrounds.

Routledge
October 2024:216
Ps: 978-1-032-65179-9: £38.99
Hb: 978-1-032-70506-4: £135
* For full contents and more information, visit: www.routledge.com/9781032651790

Recognizing the Psychological and Cultural Strengths of Black Americans
Historical, Social and Psychological Perspectives
Robert T. Carter
This book examines the cultural beliefs and practices of Black folks in relation to psychological strength. Divided into four parts, the book begins with a discussion on the history of African civilizations, followed by a meaningful dialogue on the history of slavery and plantations in North America. The later sections are a study on the contribution of the African American community towards America’s prosperity. Recognizing the Psychological and Cultural Strengths of Black Americans is essential reading for students and academics in the fields of Psychology, Sociology, Critical Race Theory, Political Science, and other related disciplines.

Routledge
September 2024:392
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Reframing Trauma Through Social Justice
Resisting the Politics of Mainstream Trauma Discourse
Edited by Catrina Brown
Series: Women and Psychology
This cross disciplinary volume examines and refames trauma as a social and political issue in the context of wider society, critiquing the widely accepted pathologizing of trauma and violence in current discourse. This is fascinating reading for upper-level undergraduate and postgraduate students, researchers, and academics in a broad range of fields of study including psychology, social work, gender and women’s studies, and sociology, as well as professionals including policy makers, clinical psychologists, and social workers.

Routledge
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Regression and Machine Learning for Education Sciences Using R
Cody Dingsen
This book provides a conceptual introduction to regression and machine learning and its applications in education research. The book discusses its diverse applications, including its role in predicting future events based on the current data or explaining why some phenomena occur. These identified important predictors provide data-based evidence for educational and psychological decision-making. Regression and Machine Learning for Education Sciences Using R is primarily for students or practitioners in education and psychology, although individuals from other related disciplines can also find the book beneficial.

Routledge
November 2024:364
Ps: 978-1-032-51007-1: £48.99
Hb: 978-1-032-51008-8: £135
* For full contents and more information, visit: www.routledge.com/9781032510071

Scientific Method
How Science Works, Fails to Work, and Pretends to Work
John Staddon
Duke University
This expanded second edition of Scientific Method shows how science works, fails to work, or pretends to work, by looking at examples from physics, biomedicine, psychology, sociology, and economics. Scientific Method is essential reading for students and professionals trying to make sense of the role of science in society, and of the meaning, value, and limitations of scientific methodology.

Routledge
June 2024:226
Ps: 978-1-032-65771-4: £29.99
Hb: 978-1-032-65770-7: £130
eBook: 978-1-032-68387-4
* For full contents and more information, visit: www.routledge.com/9781032657714
Social Psychology for Foundation Year
Key Ideas for Foundation Courses
Wendy Garnham
Introducing students to topical issues and controversies drawn from specific areas of social psychology, Social Psychology for Foundation Year answers a series of contemporary questions and debates by bringing together current theories and studies from a number of areas within the field. It is a key textbook for both foundation year and introductory psychology courses and will be of interest to anyone wanting to delve into topical issues in contemporary psychology.

Talk Behavior to Me
The Routledge Dictionary of the Top 150 Behavior Analytic Terms and Translations
Kendall Ryndak Samuel, BCBA
Talk Behavior to Me provides a unique and comprehensive repository of behavior analytic terminology to aid both novices and experienced practitioners. Covering a wide range of terms from punishers and token economies to self-monitoring and observational learning, this essential reference work will be a valuable resource for anyone working with behavior analytic techniques.

Statistics Explained
Perry R. Hinton
Warwick University, UK
Statistics Explained is an accessible introduction to statistical concepts and ideas for undergraduate and postgraduate students new to the field. It makes few assumptions about the reader’s statistical knowledge, carefully explaining each step of the analysis and the logic behind it. This new edition will include instructions and tips on how to present data and findings from SPSS output files, updated and more extensive case studies, and a section on alternative statistical software like R.

Studies of Life Positioning
A New Sociocultural Approach to Psychobiography
Jack Martin
Series: Advances in Theoretical and Philosophical Psychology
Life positioning psychobiography studies lives as they unfold within a world of interactivity. It recognizes and portrays us as social beings embedded and developing within our life relationships and circumstances and striving to make something of our lives. Here, Jack Martin presents both single-subject and dual-subject studies of social psychologist Stanley Milgram, former Canadian Prime Minister Pierre Elliott Trudeau, existential humanist Ernest Becker, American hero and child advocate Dorothy Burlingham and her life partner, renowned psychoanalyst Anna Freud, and indigenous athlete Jim Thorpe and his college coach Glenn “Pop” Warner.

Teaching Culture and Psychology
Pedagogical Strategies, Instructor Resources, and Student Activities
Susan B. Goldstein
The fourth edition of Teaching Culture and Psychology (previously Cross-Cultural Explorations) provides an array of carefully designed instructor resources and student activities that support the construction and implementation of courses on culture and psychology. These activities are based on current and classic cross-cultural research and take the form of case studies, self-administered scales, mini-experiments, database search assignments, and the collection of content-analytic, observational, and interview data.

Teenage Pregnancy and Young Parenthood
Effective Policy and Practice
Alison Hadley
Series: Adolescence and Society
What happened next? This updated edition of Teenage Pregnancy and Young Parenthood examines the research and practice in this vital field since the end of the UK Government’s highly successful Teenage Pregnancy Strategy (TPS) for England which reduced the under-18 pregnancy rate by well over 50%. The volume is essential reading for policy makers and practitioners dealing with young people’s health, as well as undergraduate and postgraduate students in the fields of psychology, health studies, social work, youth work, education, social policy, sociology and related disciplines.
The Athlete and Their Mechanisms of Defense
A Psychoanalytic Approach to Sport Psychology

Tom Ferraro

This important book explores the way athletes use defense mechanisms and coping skills to manage internal and external stress faced in competitive sport. Covering a range of case studies across various sports, the text showcases immature, neurotic and mature defenses available to the athlete and describes the benefits and drawbacks of each. This invaluable text is geared towards the practitioners, researchers, psychoanalysts, and students in sport psychology who wish to look more deeply into why athletes struggle. It is also an ideal resource for athletes interested in understanding ways to cope with the unrelenting, exciting and at times overwhelming pressure of competitive sports.

The Behavior of Social Justice
How Applied Behavior Analysis Can Help Us Create a Socially Just Society

Natalie Parks, Francesca Barbieri, Ryan Sain, Shawn Thomas Capell, Beverly Kirby

This seminal work provides a framework for the study of social injustices that moves beyond just condemning others for their oppressive behaviors, outlining solutions that help work towards a more socially just society. It outlines the basic principles of applied behavior analysis, considers key tenets of social justice work, and examines how social justice work can be carried out on an individual and a wider institutional level. The Behavior of Social Justice is an essential reading for students and scholars of behavioral sciences, psychology, sociology and education, as well as academics and researchers interested in the study of social justice.

The Consciousness Network
How the Brain Creates our Reality

Cyriel Pennartz

What is the relationship between consciousness and our brain? Are they one and the same? Who are we really? The Consciousness Network presents a novel account of one of the greatest scientific challenges of the 21st century: understanding the connection between brain and mind. The Consciousness Network is essential reading for students working at the interface of neuroscience, cognitive psychology, philosophy of mind and cognitive science, as well as anyone interested in consciousness and the brain.

The Darker Side of Social Media
Consumer Psychology and Mental Health

Edited by Angeline Close Scheinbaum

The Darker Side of Social Media takes a research-based approach to examining problematic issues and outcomes that are related with social media use by consumers. With an aim to provide solutions, the authors spotlight the key issues affecting consumer well-being and mental health due to the omnipresence of social media. The book dissects specifying key problems like disconnection anxiety, eating disorders, online fraud, cyberbullying, the dark web, addiction, depression, self-discrepancies, and serious privacy concerns. This book is a must read for parents, social media users, scholars/managers of business, marketing, psychology, communication, management, and sociology.

The Hand of Addiction
A Transcontextual and Autoethnographic Becoming

Weston Robins

Series: Concepts for Critical Psychology

The Hand of Addiction maps out addiction from an innovative and holistic perspective. Using the metaphor of a hand, the author examines addiction through five conceptual lenses: biomedical, psychological, sociocultural, developmental, and spiritual. The author constructs a transcontextual mapping of the potential of addiction, and challenges what we claim to know about addiction. This book will be of great interest to academics and postgraduate students in the fields of psychology, sociology, cultural studies and other related disciplines. It will also be relevant for those interested in the philosophy and ethnography of addiction, or those working in mental health.

The Human Biome and Human Behaviour
A Biopsychological Perspective

Jorge A. Colombo

The book represents a critical update on interactions between the host and its gut microbiome that conditions the socio-biology of the mind and behaviour. Additionally, it calls attention to open issues involving conceptual themes on neurobiological integration and its impact on early developmental and social domains on the typical extended period of human postnatal helplessness during which the basic scaffolding of mental development is completed. Graduate, postgraduate and teachers interested in areas connected with anthropology, social medicine, early education, and health policymakers will benefit greatly from this book.
The Intricacies of Love and Intimacy
Edited by Ami Rokach York University, Toronto, Canada
This book explores the meaning of love and intimacy from a variety of perspectives, specifically philosophical, psychological and cultural. This volume is a focussed study on what makes them and what may break love and intimacy. The book explores theoretical debates and contemporary research around emotions and will be of interest to students and researchers of psychology, philosophy as well as sex, marriage and family therapists and counselors. The chapters in this book were originally published in The Journal of Psychology.

The Psychological After-Effects of Covid
Post-Pandemic Complications and Interventions in India
Edited by Uzaina Uzaina, Rajesh Verma, Ruchi Pandey
This comprehensive resource provides a one-stop information repository, exploring all psychological aspects of Covid-19. It documents the after-effects of the Covid pandemic, and how it transformed India as a society and its citizens as individuals. The book covers the psycho-social impact on society and individuals and our collective behaviour, as well as coping strategies and interventions and how lessons learned will help in preparedness for the future. Including case studies and the latest research, this book examines how psycho-social paradigms changed as a result of the pandemic, and left their watermark on the human psyche.

The Neuroscience of Emotional Intelligence and its Applications to Education and Organizations
João Ascenso
This book provides a clear understanding of the neuro mechanisms of emotional intelligence and its applications to education and organizations through practical exercises. It is indispensable reading for neuroscientists, psychologists, leaders, managers, teachers, and educators, and all those interested in the search for personal and professional success.

The Psychology of Artificial Intelligence
Tony Prescott
Series: The Psychology of Everything
The Psychology of AI explores all aspects of the psychology–AI relationship, asking how closely AI can resemble humans, and whether this means they could have some form of self-awareness. It considers how AI systems have been developed using human intelligence models and the similarities between brains and computers, along with the current limitations of AI and how these could be overcome in the future. It also looks at how people interact with AI in their everyday lives, questioning some of the ethical and societal risks, such as bias in AI algorithms, and the consequences for our long-term future if AIs do surpass humans in important ways.

The Origins of Consciousness
Thoughts of the Crooked-Headed Fly
Giorgio Vallortigara University of Trento, Italy
The Origins of Consciousness challenges the dominant view that consciousness is an emergent property of the complex human brain. Challenging widely accepted theories of consciousness, the book is a must-read for students and researchers of human and animal consciousness.

The Psychology of Creative Performance and Expertise
Kathryn Friedlander
This much-needed book introduces readers to the related fields of expertise, creativity, and performance, exploring our understanding of the factors contributing to greatness in creative domains. The Psychology of Creative Performance and Expertise offers a fascinating insight into the multifaceted journey towards achieving creative excellence. This is a valuable resource for final-year undergraduates, postgraduate students and scholars across a range of disciplines, including expertise or skill acquisition, the psychology of performance, and creativity.
The Psychology of Memory
Megan Sumeracki, Althea Need Kaminske

Series: The Psychology of Everything

The Psychology of Memory provides a unique insight into a fundamental part of being human, debunking many common misconceptions about what memory is, how memory works, and the impact of our memories. It explores the complexity of human memory, looking at how we remember different types of information and the impact of issues like ageing and emotion on how we create, store, and retrieve memories. Treating memory as malleable, dynamic, and active, The Psychology of Memory teaches us about how our individual memories function, and how we can harness this to see memory in a new way, to use the past, our experiences and information, in service of the present and future.

The Recovery-Stress Questionnaires
A User Manual

Edited by Michael Kellmann Ruhr-Universität Bochum, Germany, K. Wolfgang Kallus

Series: Advances in Recovery and Stress Research

The Recovery-Stress Questionnaire (RESTQ) identifies the current recovery-stress states and provides a complete picture of the actual stress experience. The RESTQ measures the frequency of current stress symptoms along with the frequency of recovery-associated activities to offer a highly specific and personalized view of the actual stress state. There are five forms of the RESTQ and all versions take a modular structure and contain scales measuring specific aspects of stress and recovery in their field. This book is written for the scientific community, applied psychologists and health scientists, and interested readers.

The Psychology of Starting School
An Evidence-Based Guide for Parents and Teachers

Claire Hughes, Caoimhe Dempsey, Elian Fink

The Psychology of Starting School offers a highly accessible, practical guide to cutting-edge research from developmental science to guide parents and professionals through this exciting but sometimes tricky period. Designed to dip in and out, and complete with numerous examples, chapter summaries and top tips for parents and teachers, this book is essential reading for parents, Early Years professionals, SENDCo, health visitors and school nurses, as well as mental health professionals and social workers working with children and families.

The Routledge International Handbook of Automated Essay Evaluation

Edited by Mark D. Shermis, Joshua Wilson

Series: Routledge International Handbooks

This comprehensive text examines boredom from a range of perspectives. The first section delves into the theoretical approaches to boredom, explaining when and why boredom occurs, and scrutinizing the impact it has on our behaviour. The second section focuses on the psychological and neural properties of boredom and its associations with a multitude of mental and interpersonal processes. The third section presents boredom in practical contexts and sheds light on its role for health-related behaviours, psychosocial wellbeing, and aesthetic experiences. This handbook is an essential resource for researchers of psychology, sociology, education, sport science, and computer science.
The Routledge International Handbook of Colorism

Edited by Ronald E. Hall, Professor, School of Social Work, Michigan State University, Neha Mishra
Series: Routledge International Handbooks

This timely and unique edited book explores the concept of colorism, which is discrimination based on the color of a person’s skin. It explores colorism across the globe and studies how it has been woven into the cultural fabric of communities of color. With 22 chapters organised geographically into parts representing six continents, it explores various facets of colorism, offering international insights beyond a Western perspective. The Routledge International Handbook of Colorism will be fascinating reading for students and academics in psychology, social work, education, criminal justice, and other social sciences.

Routledge
August 2024:464
Hb: 978-1-032-26437-0: £205
* For full contents and more information, visit: www.routledge.com/9781032264370

The Routledge International Handbook of Dialectical Thinking

Edited by Nick Shannon, Michael F. Mascolo, Anastasia Belolutskaya
Series: Routledge International Handbooks

The Routledge International Handbook of Dialectical Thinking is a landmark volume offering a multi-disciplinary compendium of the research, theory and practice that defines dialectical thinking, its importance and how it develops over the lifespan. Written by a group of international scholars, this comprehensive publication is an essential reference for researchers and graduate students in psychology and the social sciences, as well as scholars interested in integrating different perspectives and issues from a wide variety of disciplines.

Routledge
July 2024:526
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* For full contents and more information, visit: www.routledge.com/9781032324678

The Routledge International Handbook of Health Psychology

Global and Contemporary Issues

Edited by Robbert Sanderman, Karen Morgan
Series: Routledge International Handbooks

This state-of-the-art handbook provides authoritative, up-to-date coverage of health psychology topics, offering an excellent, in-depth view of the field. Leading experts provide essential insights into the discipline of health psychology, its roots, future directions, and the networks and organisations involved. This is an essential resource for scholars, PhD students and research master students specialising in the field of Health Psychology.

Routledge
October 2024:720
Hb: 978-1-032-32306-4: £205
* For full contents and more information, visit: www.routledge.com/9781032323064

The Tribal Mind and the Psychology of Collectivism

Edited by Joseph P. Forgas University of New South Wales
Series: Sydney Symposium of Social Psychology

Tribalism is a key evolutionary feature of humans, and the recent growth in tribal polarisation presents a serious challenge to our highly individualistic civilization. This fascinating book examines the psychological origins and consequences of tribalism both in our private and in our public lives. It explores how social, evolutionary, biological and cognitive factors shape our tribal habits, featuring contributions from eminent international researchers. The book will be of great interest to students and researchers in psychology, sociology, and other disciplines of behavioural and social sciences.

Routledge
July 2024:866
Pb: 978-1-032-48601-7: £44.99
* For full contents and more information, visit: www.routledge.com/9781032486017
Theories of Development: Concepts and Applications

William Crain

Theories of Development introduces students to the most influential theories who have contributed to our understanding of how we develop as individuals. The book discusses the theories who have built upon the developmental tradition established by Rousseau, along with other theorists, including ethologists and psychoanalysts, who share a developmental outlook. It considers the different concepts they present along with their practical implications, whilst also discussing the ways in which developmental theorists have anticipated and advanced humanistic ideas and insights.

Routledge
April 2024:360
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* For full contents and more information, visit: www.routledge.com/9781138683143

Transgender and Non-Binary People in Everyday Sport

Abby Barras

Series: Gender and Sexualities in Psychology

A trans feminist approach to explore pivotal topics regarding the barriers to participation faced by transgender and non-binary people. The author uses a critical social science approach to explore the heteropatriarchal construction of sport in the modern industrialised west, and how this has formed the backdrop to the continuing discrimination towards, many athletes, not just those who are transgender. This book is a crucial resource for researchers, academics, and students in the field of social science, sports organisations, policy makers, activists and other related disciplines.

Routledge
September 2024:200
Pb: 978-1-032-47299-7: £36.99
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* For full contents and more information, visit: www.routledge.com/9781032472997

Understanding Adolescents’ Political Agency

Examining How Political Interest Shapes Political Development

Håkan Stattin

Series: Studies in Adolescent Development

This ground-breaking volume shows that young people largely shape their own political development, and that to understand young people’s political development we must consider their political agency. Launching a new field of research internationally, this volume is essential reading for researchers, students, educators and policy developers interested in young people’s political and civic attitudes, engagement, communication, core values and the emergence of intrinsic political sophistication.

Routledge
June 2024:328
Pb: 978-1-032-46617-0: £39.99
Hb: 978-1-032-44354-6: £130
eBook: 978-1-003-40067-7
* For full contents and more information, visit: www.routledge.com/9781032443553

Understanding Autism and Autistic Functioning

A Guide for Parents, Educators and Professionals

Laura Villa, Luca Casartelli

Series: Understanding Atypical Development

This concise volume offers an accessible overview on recent clinical and research perspectives addressing autism and autistic functioning. Understanding Autism and Autistic Functioning is a crucial reading for parents and caregivers, and professionals in health, education and social care.

Routledge
September 2024:152
Hb: 978-0-367-56969-3: £130
* For full contents and more information, visit: www.routledge.com/9780367569723

Trauma in Sentient Beings

Nature, Nurture and Nim

Antonina Anna Scarnà, Robert Ingersoll

This is a book about the bond between sentient beings. It explores the non-verbal space between two entities, and asks questions like: What is a healthy human being? Is it nature? Nurture? Nature via nurture? How are we born with personality traits, emotion, mood, language abilities, and intelligence? Robert, close friend and carer of Nim, gives the facts about Nim’s upbringing and first degree relatives, and Anna reports with reference to theories of brain, personality, self, and language. Together they explain what can be drawn from psychological research and reanalyse the chimpanzee work from the 1960s and 1970s in order to honour and respect the memory of those animals.

Routledge
June 2024:204
Pb: 978-1-032-51006-4: £35.99
Hb: 978-1-032-51006-4: £130
eBook: 978-1-032-40067-7
* For full contents and more information, visit: www.routledge.com/9781032510057

Uniting Learning Science and Talent Management

Cynthia Nebel, Zohra Damani

This book delves into the relationship between the talent life cycle and learning science, offering a fresh perspective on talent management. Through a meticulous exploration of talent acquisition, management, retention, and exits, it reveals how learning science can be harnessed to enhance organizational growth and employee satisfaction. Targeted at HR professionals, talent leaders, organizational developers, and academic researchers, this book serves as a comprehensive guide for those committed to fostering a culture of continuous learning and growth within their organizations.

Routledge
September 2024:168
Pb: 978-1-032-71156-0: £29.99
Hb: 978-1-032-71156-0: £130
* For full contents and more information, visit: www.routledge.com/9781032711560
Voices of Foster Youth
Experts on Their Own Lives
Sue D. Hobbs, Jennifer M. Krebsbach, Rakel P. Larson, Christine R. Wells, Karen J. Saywitz
This important book offers unique insight into the experience of foster youths from twenty-three countries around the world. It provides a survey of literature reporting the experiences of youth in care, addressing a wide range of key topics in this multidisciplinary field, and presenting the views and perceptions of these young people. Illustrated with quotes from former foster youth and including research-based recommendations on policy and practice, this essential volume is for students and scholars of child and adolescent development, social work, education, sociology, and public health.

Women Who Kill
Violence, Trauma, and Forensic Psychology
Edited by Dr Lenore Walker, David Shapiro, Amanda E. Temares, Brandi N. Diaz
Women rarely kill. How and why a woman can be driven to lethal action is often highly complex and misunderstood. Many of these women who act lethally are driven to such a point as a last resort following prolonged experiences of child abuse and/or domestic violence. This book offers insights into these women, detailing their motivations, their patterns of violence, and how they can be aided through psychological evaluation and proper expert testimony. The chapters in this book were originally published as a special issue of Journal of Aggression, Maltreatment & Trauma.

When Face Recognition Goes Wrong
Catriona Havard
When Face Recognition Goes Wrong explores the myriad ways that humans and machines make mistakes in facial recognition. Adopting a critical stance throughout, the book explores why and how humans and machines make mistakes, covering topics including racial and gender biases, neuropsychological disorders, and widespread algorithm problems. The book features personal anecdotes alongside real-world examples to showcase the often life-changing consequences of facial recognition going wrong. These range from problems with everyday social interactions, through to eyewitness identification leading to miscarriages of justice and border control passport verification.

Where Language Meets Thought
Selected Works of Ellen Bialystok
Ellen Bialystok
Series: World Library of Psychologists
In the World Library of Psychologists series, international experts present career-long collections of what they judge to be their most interesting publications – extracts from books, key articles, research findings, and practical and theoretical contributions. Including a specially written introduction, in which Ellen Bialystok reflects on the role that language plays on thought, this collection will serve as a valuable resource for students and researchers of psycholinguistics, developmental psychology and applied linguistics.
8 Ways to Hope
Charting a Path through Uncertain Times

William R. Miller

You can’t take a leap of faith without it. It lets you dream of a brighter future. And in a world worn down by political conflict, climate change, war, and other perils, many fear losing it. Pioneering psychologist William R. Miller takes a fresh look at hope and its transformative potential in this concise, compassionate book. He identifies 8 different facets of hope that even die-hard pessimists can cultivate in order to clarify their goals, envision new possibilities, find purpose, enhance motivation, and persevere against tough odds. Vivid personal stories, historical examples, and cutting-edge scientific findings reveal how choosing hope over fear can be a powerful force for change.

Guilford Press
September 2024:196
Pb: 978-1-462-55325-9: £34.99
* For full contents and more information, visit: www.routledge.com/9781462551286

2ND EDITION
Cognitive Processing Therapy for PTSD, Second Edition
A Comprehensive Therapist Manual

Patricia A. Resick, Candice M. Monson, Kathleen M. Chard

The authoritative presentation of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD) is now in a revised and updated second edition, with an easier-to-use format and a new chapter on conceptualizing treatment. From CPT’s developers, the manual includes session-by-session implementation guidelines and extensive sample dialogues. Shaded index tabs in the margins help clinicians quickly navigate to each session. The authors explain the theoretical and empirical underpinnings of CPT and discuss ways to work effectively with specific populations. Forty reproducible handouts can be photocopied from the large-size book or downloaded from the companion webpage.

Guilford Press
June 2024:328
Pb: 978-1-462-55324-2: £64.99
Hb: 978-1-462-55430-0: £14.99
* For full contents and more information, visit: www.routledge.com/9781462554270

3RD EDITION
Building Literacy with Multilingual Learners, Third Edition
Insights from Linguistics

Kristin Lems, Tenena M. Soro, Gareth Charles

Now in a revised and expanded third edition, this established course text and teacher guide explores the processes involved in second-language acquisition and translates the research into practical instructional strategies. Engaging classroom vignettes and teacher reflections bring the teaching methods and linguistic concepts to life. Highlighting ways to draw on emergent bilingual and multilingual students’ strengths, the book presents innovative learning activities, lesson planning ideas, technology applications, downloadable reproducible forms, and other resources. Pedagogical features include key vocabulary and study questions in every chapter, plus an end-of-book glossary.

Guilford Press
February 2024:382
Pb: 978-1-462-55323-9: £56.99
Hb: 978-1-462-55324-6: £137.99
* For full contents and more information, visit: www.routledge.com/9781462553242

Computerized Adaptive Testing
From Concept to Implementation

David J. Weiss, Alper Sahin

Used worldwide in assessment and professional certification contexts, computerized adaptive testing (CAT) offers a powerful means to measure individual differences or make classifications. This authoritative work provides a complete how-to guide for planning and implementing an effective CAT to create a test unique to each person in real time. The book reviews the basics of item response theory used in CAT and walks the reader through developing an item bank, pretesting and linking items, selecting required CAT options, and using simulations to design a CAT. Available software for CAT delivery is described, and engaging multidisciplinary examples illustrate diverse applications of CAT.

Guilford Press
July 2024:360
* For full contents and more information, visit: www.routledge.com/9781462554492
Mindfulness-Oriented Recovery Enhancement
An Evidence-Based Treatment for Chronic Pain and Opioid Use

Eric L. Garland
Meeting a huge need, this is the authoritative presentation of Mindfulness-Oriented Recovery Enhancement (MORE) for chronic pain and opioid use. MORE is one of the few evidence-based treatments shown to simultaneously reduce opioid use and/or addiction, pain, and co-occurring emotional distress. MORE integrates mindfulness training with principles of cognitive-behavioral therapy and positive psychology. In a convenient large-size format, the book provides session-by-session guidelines for conducting MORE groups, sample scripts, clinical pointers, guided practices, and psychosocial resources, including 15 reproducible handouts that can be photocopied or downloaded.

Guilford Press
September 2024:208
Pb: 978-1-462-55487-4: £56.99
* For full contents and more information, visit: www.routledge.com/9781462554867

Motivational Interviewing in Life and Health Coaching
A Guide to Effective Practice

Cecilia H. Lanier, Patty Bean, Stacey C. Arnold
Written by and for coaches, this groundbreaking book shows how motivational interviewing (MI) can be infused into health and wellness coaching and life coaching to help clients clarify and achieve their goals. Cecilia H. Lanier, Patty Bean, and Stacey C. Arnold concisely explain how the MI spirit, method, and skills mesh perfectly with professional coaching standards and core competencies. The book is packed with concrete examples, sample dialogues that illustrate ways to use MI in coaching conversations, and learning questions and activities. The companion website features 20 downloadable handouts plus an overview of research support for coaching with MI.

Guilford Press
October 2024:320
Pb: 978-1-462-55314-4: £52.99
* For full contents and more information, visit: www.routledge.com/9781462553147

Narcissistic Personality Disorder

Edited by Elsa Ronningstam
This volume presents significant recent advances in research and clinical practice in the area of pathological narcissism and narcissistic personality disorder (NPD). Originally published as a Special Supplement to the Journal of Personality Disorders, the book examines the neuroscientific and psychological underpinnings of NPD, describes cutting-edge diagnostic approaches, and explores the complexities of the therapeutic relationship. Addressing the "dos and don'ts" of clinical work with this population, the book reviews the status of specialized treatments—such as transference-focused psychotherapy and mentalization-based treatment—and identifies important directions for future research.

Guilford Press
August 2024:120
* For full contents and more information, visit: www.routledge.com/9781462555819

Principles and Practice of Psychiatric Rehabilitation, Third Edition
Promoting Recovery and Self-Determination

Patrick W. Corrigan, Nicolas Rüscher, Amy C. Watson, Kristin Kosyluk, Lindsay Sheehan
The leading text and go-to practitioner resource on psychiatric rehabilitation is now in a thoroughly revised third edition, bringing readers up to date on current ideas, findings, and evidence-based best practices. The expert authors present the knowledge needed to help adults with psychiatric disabilities develop their strengths and achieve their life goals. The book describes effective ways to assess personal needs and aspirations; integrate medical and psychosocial interventions; implement supportive services in such areas as housing, employment, education, substance use, and physical health; and combat stigma and discrimination.

Guilford Press
March 2024:404
* For full contents and more information, visit: www.routledge.com/9781462553709

Psychodynamic Therapy, Second Edition
A Guide to Evidence-Based Practice

Richard F. Summers, Jacques P. Barber, Sigal Zilcha-Mano
Firmly grounded in contemporary clinical practice and research, this pragmatic guide for professionals and students is new in a revised and expanded second edition. The book explains the theory underlying psychodynamic approaches and lays out a model for understanding psychopathology. Vivid case examples demonstrate how to tailor psychodynamic therapy effectively for individual patients. The authors provide a framework for diagnosing the patient’s core psychodynamic problem and engaging the most useful mechanisms of change, using an integrative approach. Special topics include remote and hybrid treatment, combining therapy with psychopharmacology, and working with couples and families.

Guilford Press
May 2024:410
Pb: 978-1-462-55407-2: £40.99
* For full contents and more information, visit: www.routledge.com/9781462554072

Social Skills Training for Schizophrenia, Third Edition
A Step-by-Step Guide

Kim T. Mueser, Alan S. Bellack, Susan Gingerich, Julie Agresta, Daniel Fulford
The authoritative presentation of social skills training (SST)—a highly effective, recovery-oriented intervention for people with serious mental illness—the third edition of this manual has been significantly revised with over 60% new material. SST can be implemented by a range of providers in diverse settings. In a large-size format, the book is packed with practical tools, including vignettes, dialogues, reproducible Skill Sheets for teaching 84 skills, guidance for selecting skills based on participants’ needs, and troubleshooting tips. Purchasers get access to a companion website with downloadable copies of the Skill Sheets as well as 84 Social Skill Handouts and other resources.

Guilford Press
October 2024:416
Pb: 978-1-462-55503-1: £67.99
* For full contents and more information, visit: www.routledge.com/9781462555031
Structural Equation Modeling of Multiple Rater Data

Michael Eid, Christian Geiser, Tobias Koch

The use of multiple raters can improve the validity of self- (and other) reports of emotions, attitudes, goals, and other constructs. Yet analyzing these ratings requires special psychometric models. From leading authorities, this book offers the first comprehensive introduction to structural equation modeling (SEM) of multiple rater data. Rather than taking a one-size-fits-all approach, the book shows how model choice should be guided by measurement design and purpose. Models for different combinations of rater types and for cross-sectional as well as longitudinal research designs are described step by step. The companion website provides Mplus and R lavaan code for the book's examples.

3rd Edition

Teaching Reading Comprehension to Students with Learning Difficulties, Third Edition

Sharon Vaughn, Alison Boardman, Janette K. Klingner

Series: The Guilford Series on Intensive Instruction

Now in a revised and expanded third edition, this important resource helps teachers understand how good readers comprehend text and how best to support students who are struggling. It presents effective instructional methods for learners at all grade levels, including those with reading disabilities. Every chapter translates research into practical classroom applications. All facets of comprehension are addressed, including assessment, vocabulary, background knowledge, and text structure. Chapters also cover English learners, intensive intervention, and content literacy. Utility as a teacher guide and course text is enhanced by sample lesson plans, graphic organizers, and study questions.

2nd Edition

The Mindful Way through Depression, Second Edition

Freeing Yourself from Chronic Unhappiness

Mark Williams, John Teasdale, Zindel Segal, Jon Kabat-Zinn

Now in a revised and updated second edition, this authoritative, easy-to-use self-help program is grounded in mindfulness-based cognitive therapy (MBCT), a clinically proven approach. Through vivid stories and downloadable audio meditations encouragingly narrated by Jon Kabat-Zinn, the book shows how to break the mental habits that lead to despair— and recover a sense of joy, aliveness, and possibility. Revised throughout to be even more reader friendly, the second edition features fresh insights on coping with the challenges of our ever-changing world, the latest scientific data, and four additional audio tracks.

The Structured Literacy Planner

Designing Interventions for Common Reading Difficulties, Grades 1-9

Louise Spear-Swerling

Series: The Guilford Series on Intensive Instruction

Structured Literacy (SL) approaches are recognized as the gold standard for teaching struggling readers. This book walks educators through designing SL interventions for common types of reading difficulties— word reading, comprehension, or a combination. It offers tools for assessing students' reading profiles and tailoring SL to their needs. The volume is packed with case studies, sample lesson plans for both early and advanced stages of reading, downloadable reproducible forms, and application examples. As a teacher on English language structure presents key foundations for implementing SL. The companion website features a knowledge survey about language structure (with answer key).

Treatment Plans and Interventions in Couple Therapy

A Cognitive-Behavioral Approach

Norman B. Epstein, Mariana K. Falconier

Series: Treatment Plans and Interventions for Evidence-Based Psychotherapy

This book provides a complete toolkit for couple-focused cognitive-behavioral therapy (CBT). The book presents guidelines for planning and implementing evidence-based treatment for diverse couples. It explains how to assess relationship functioning, the strengths and needs of each partner, and their sociocultural context. Illustrated are ways to tailor CBT for couples struggling with partner aggression, infidelity, sexual problems; financial issues; parenting conflicts; depression, anxiety, and other individual problems; and more. Therapists of any theoretical orientation will find tools they can readily use. More than 20 ready-to-use client handouts are available to download and print.
User-Centered Assessment Design
An Integrated Methodology for Diverse Populations

Madhabi Chatterji
How can assessment instruments be designed or selected to best serve the needs of intended users, taking into account their interests, capacities, and limitations? Informed by a socioecological perspective, this timely reference and text presents an integrated, user-centered process model for developing assessments guided by user contexts. It demonstrates how to integrate qualitative and quantitative methods to devise tools that meet the quality criteria of usefulness and usability alongside validity and reliability. The book features worked-through examples with diverse, global populations; sample instruments from a variety of disciplines; and within-chapter recaps and Reflection Breaks.

What Happens in Couple Therapy
A Casebook on Effective Practice

Edited by Douglas K. Snyder, Jay L. Lebow
Bringing contemporary couple therapy to life, this casebook candidly illustrates the "whats," "whys," and "how-tos" of leading clinical approaches. Well-known contributors provide a window into their work with couples seeking help for a variety of relationship challenges. Cases depict the moment-by-moment process of therapy, from the initial assessment and case formulation through the beginning, intermediate, and concluding phases. Themes addressed include working across cultural divides; helping couples living with psychological or medical disorders; and treating interfaith couples, military couples, and same-sex and queer couples. Each case is concisely introduced by the editors.

Writing and Publishing Qualitative Research

Patricia Leavy
Ideal for graduate students and seasoned qualitative researchers, this is the first guide to writing and publishing in both scholarly and popular formats—from journal articles and monographs to op-eds and fictional works. Patricia Leavy covers everything from how to develop a unique writer’s voice to how to craft a successful book proposal, understand a publishing contract, and much more. The book is filled with tools for using data and theory in different genres, building a profile as a scholar, and getting research findings out into the world. Instructive features throughout include “dos and don’ts,” sample letters and proposals, excerpts from published works, and writing activities.
A Dictionary of Social Research Methodology
Martyn Hammersley The Open University, UK
This accessible book offers a detailed guide to a wide range of methodological concepts, both those of a more philosophical kind and those that are more technical in character: from constructivism to critical realism, regression analysis to grounded theory, odds ratios to triangulation. Providing clear definitions for a wide range of methodological concepts from across the social sciences, this is an essential resource for all who have an interest in social research methodology.

A Practical Guide to Trauma-Sensitive Research
Integrating Trauma-Informed Frameworks into the Qualitative Research Lifecycle
Ayhan Alman
A Practical Guide to Trauma-Sensitive Research showcases the novel idea of trauma-informed interventions for researchers, proposing clinical supervision as the standard rather than the exception. This framework not only aids in managing the aftermath of trauma but also opens new opportunities for both clinicians and researchers. This book will be of great utility to User Experience (UX) Professionals. Additionally, it will be of value to clinical professionals like social workers, psychologists, and psychotherapists, offering insights and supervision on applying trauma-informed approaches in non-clinical research settings.

Advancing Qualitative Inquiry Toward Methodological Inclusion
Edited by Rhodesia McMillan, Penny A. Pasque
This fascinating book provides a groundbreaking resource for innovative approaches to qualitative inquiry that address equity and justice and equip readers with tools to enact these approaches in their own work. This unique edited volume is aimed at students and researchers studying or using qualitative methodologies and inquiry who wish to be exposed to emergent conceptualizations and innovations regarding qualitative research methodology and its congruent methods.

An Autopsy of Ethnographic Fieldwork
An Introspective Look into Qualitative Research Experiences
Edited by Louis Augustin-Jean University of Malaya, Malaysia
This edited volume presents an international collection of fieldwork experiences from every stage of the research process with a view to normalising the process of adaptation, modification, and even failure during the fieldwork process when circumstances interrupt the expected outcomes. The diversity of the book’s approach and its multidisciplinary focus will interest researchers, scholars, and postgraduate students from a range of disciplines and levels of fieldwork experience within research methodology.

Analysing the Israel Effect in Canada
A Critical AutoEthnography
Peter Eglin
Analyzing the Israeli effect documents and analyzes the discursive and organizational methods by which public criticism of Israel’s oppression of the Palestinians is silenced in Canada, as experienced through ten episodes in the life of the author over a thirty-year period from 1990-2020 in interaction with his university and local and national Canadian news media. As a sociological work the book is a critical autoethnography. But it is also an atrocity tale, a horror story of institutional self-censorship amounting to the abrogation of intellectual responsibility by those specifically charged with upholding it.

An Introduction to Metascience
The Discipline of Evaluating the Creation and Dissemination of Research
Gabriel Bennett Independent Researcher, Adelaide, Emma Goodall Independent researcher
An Introduction to Metascience delves into core metascientific concepts, offering a critical examination of current knowledge creation processes and scrutinizing researchers and their methodologies across disciplines. This book stands alone as a comprehensive guide to metascience, offering readers a singular resource for understanding and implementing metascientific principles into their research practices. Designed for scientists and researchers, it caters to those interested in understanding how research evolves over time. It appeals to individuals eager to explore methods, practices, and philosophies of science to refine their approach to knowledge creation.
### Assessing Autoethnography

**Notes on Analysis, Evaluation, and Craft**

**Andrew F. Herrmann, Tony E. Adams**

Assessing Autoethnography provides readers with multiple ways to analyze autoethnographies and other forms of personal narrative writing. Given the proliferation of such forms across academic contexts, the book offers a guide of what autoethnography is, why it matters, and how to do it. Written by two experts in the field, this book offers guidance to scholars and dissertation advisors, across diverse disciplines, in producing autoethnographic work and utilizing autoethnographic methods. The book will be of interest to researchers in the fields of Communication Studies, Education, Sociology, Women’s and Gender Studies, Critical Race Studies, and other related disciplines.

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### Crafting Phenomenological Research

**Constructivism and the Metaphysics of Qualitative Research**

**John Paley**

This book re-examines the philosophically-based, ontological and epistemological foundations that underlie all qualitative research principles. It shows that these metaphysical principles and pronouncements cannot in fact be referentially successful for the researcher, they enact the *joining* of a research culture, but they do not *justify* it. The book proposes a meta-metaphysics based framework to move beyond the paradigmatic model. Suitable for researchers and graduate students in qualitative inquiry in healthcare, the social sciences and education.

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### Design and Analysis in Quantitative Educational Research

**Univariate Designs in SPSS**

**Kamden K. Strunk Auburn University, USA, Mwarumba Mwavita Oklahoma State University, USA**

This book offers a comprehensive exploration of quantitative educational research methods. It begins with foundational concepts, addressing research problem formulation, literature review, and ethical considerations. Subsequent chapters delve into various statistical tests, such as t-tests, ANOVAs, regression analyses, and their applications. Designed for both beginners and experienced researchers, it provides a thorough understanding of quantitative educational research.

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### Dissertation Practice

**A Journal for Learning**

**Diane Bennett Durkin**

Dissertation Practice: A Journal for Learning is an interactive resource that promotes journaling to engender key dissertation practices, through activities and exercises. It is rooted in the view that students can use journaling to promote thought, and that the privacy of journal entries ensures comfort and familiarity. This personal context, along with the book’s open prompts, allows students to engage in extended and alternative thinking. This is an essential resource for students in Ph.D and Ed.D programs in the social sciences and education who are using qualitative, quantitative, and mixed methods.

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**Mark D. Vagle**

Now in its third edition, Crafting Phenomenological Research continues to be the leading resource for those interested in a concise introduction to phenomenological research in education and social sciences. Replete with exercises for students, resources for further research, and examples of completed phenomenological studies, this book affords the instructor an easy entrée into introducing phenomenology into courses on qualitative research, social theory, or educational research.

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At the beginning of writing a thesis many questions arise, for example: How do I choose a topic? How should I structure my text? How can I find a good and suitable advisor? Which research methods should I use? This book offers guidance to scholars and dissertation advisors, across diverse disciplines, in producing autoethnographic work and utilizing autoethnographic methods. The book will be of interest to researchers in the fields of Communication Studies, Education, Sociology, Women’s and Gender Studies, Critical Race Studies, and other related disciplines.

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**August 2024**

**Paperback: 978-1-032-25138-7**

**Hardback: 978-1-032-25143-1**

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Doctoral Proposal Writing
A Guide for International Students

Peter Samuels
This book is an essential guide for current and prospective international doctoral students wishing to apply and study for a PhD in the UK, and other countries where doctoral research is conducted in English. The book supports students in choosing a suitable research topic and writing an effective proposal for investigating this topic across a range of forms of doctoral research, across several disciplines, with an emphasis on international students and students with English as an additional language.

Expanding Approaches to Thematic Analysis
Creative Engagements with Qualitative Data

Edited by Jennifer R. Wolgemuth, Kelly W. Guyotte, Stephanie Anne Shelton
Expanding Approaches to Thematic Analysis: Creative Engagements with Qualitative Data springboards readers into a world where generating themes from qualitative data is a creative, experimental, and wondrous process! This book is as much a provocation for engaging thematic analysis beyond/without/in addition to coding as it is a resource for anyone interested in the rationale, justification, and examples for doing so. As such, it is a source of inspiration for any qualitative student, researcher, and scholar who wishes to expand their repertoire of approaches to thematic analysis.

Experiments in Art Research
How Do We Live Questions Through Art?

Edited by Sarah Travis, Azlan Guttenberg Smith, Catalina Hernández-Cabal, Jorge Lucero
Experiments in Art Research is an edited collection that responds to the question: “How do we live inquiry through art?” This is fascinating reading for arts-based researchers, artists, educators in the arts, education scholars, researchers, performance theorists, art history scholars, art education scholars, inter- and anti-disciplinary scholars, qualitative and post-qualitative researchers, decolonization scholars, public humanities scholars, and writing pedagogy scholars.

Global Climate Education and its Discontents
Using Drama to Forge a New Way

Edited by Kathleen Gallagher, Christine Balt
This innovative and practical book offers pedagogical tools to show how drama can be used in educational settings to advance a relational, action-oriented, interdisciplinary and creative climate education attuned to the social and emotional effects of the climate emergency. This is a unique resource for scholars, educators and graduate students in the field of educational research, with particular interests in theatre/performance, curriculum, and pedagogy.

Heuristic Enquiries
Research Across Disciplines and Professions

Edited by Welby Ings, Keith Tudor
Heuristic Enquiries provides an illuminating exploration of heuristic research by offering case studies of heurism in theory and practice across a number of disciplines, including art and design, psychology, psychotherapy, social care, social geography and indigenous studies. This unique book is a comprehensive overview of the relationship between research and practice for postgraduate and doctoral research students, as well as academics, researchers and practitioners.

Monitoring and Evaluation of Practice and Methods in Applied Social Research

Sada H. Shah
Monitoring and Evaluation of Practice and Methods in Applied Social Research is a comprehensive guide delving into the core concepts, tools, methods, and approaches of M&E. Written by an expert with over a decade of hands-on experience in applied social research, this book serves as an invaluable tool, offering insights into the diverse landscape of M&E enabling students and practitioners to navigate various contexts with ease. NGOs, UN bodies, and organizations involved in M&E will also find this book instrumental, creating a bridge of standardized concepts, nomenclature, and approaches.
Narratives of Qualitative Research
Making Praxis Visible

Josh Tenenberg
Narratives of Qualitative Research uses a novel form of writing about how to do qualitative research called a praxis narrative. Each narrative is told from the author’s perspective in carrying out one of his past research studies in the social sciences. This is fascinating reading for qualitative researchers, and students taking qualitative research courses, across the social sciences, education, and behavioural sciences.

Photography, Photographic Arts, and the Visual Research Process in Qualitative Inquiry

Raji Swaminathan University of Wisconsin, Milwaukee, Thalia M. Mulvihill Ball State University
A book that introduces doctoral students and early career researchers to photography as a significant dimension of visual qualitative methods. Graduate students and early career researchers who are interested in qualitative research will find this book valuable to learn and experiment with photography and photographic arts in visual qualitative research.

Ngā Kūaha
Voices and Visions in Māori Healing and Psychiatry

Wiremu Naia, Allister Bush, David Epston
Series: Writing Lives: Ethnographic and Autoethnographic Narratives
The book looks at why this is topic is of particular importance in mental health care with indigenous peoples. Expanding on the groundbreaking work and clinical partnership of Wiremu and Allister, the book presents stories of young people’s experiences and care within a framework designed specifically to account for Māori spiritual beliefs and practices. This book will be valuable to all mental health practitioners, nurses and psychiatrists working with indigenous peoples, and will be valuable as a course text for medical schools in New Zealand, Australia and others, as well as all practitioners interested in shaping and improving mental health provision for indigenous peoples.

Novelty, Innovation and Transformation in Educational Ethnographic Research
European Perspectives

Edited by Jürgen Budde Europa-Universität Flensburg, Germany, Anke Wischmann Europa-Universität Flensburg, Germany, Georg Rißler University of Teacher Education, Switzerland, Michael Meier-Sternberg Europa-Universität Flensburg, Germany
This edited volume tackles the theoretical, empirical and methodological questions of how novelty can be determined in and through educational ethnographic research. This volume will be of use to researchers, academics, and postgraduate students involved with research methods in education, ethnography, and the theory of education more broadly. Those involved with research design, innovation, and European research methods will also find the volume of use.

Preparing Literature Reviews
Qualitative and Quantitative Approaches

M. Ling Pan, Jacqueline S. Craven
Preparing Literature Reviews is an accessible guide that provides easy to follow step-by-step advice on how to prepare qualitative and quantitative literature reviews. The 6th edition of this bestselling book retains its original lauded features of clear style and organization while bringing new chapters into the fold to address mixed-methods and theoretical frameworks in conducting reviews of literature. Perfect as an introductory or supplementary text, Preparing Literature Reviews offers a comprehensive consideration of each aspect of conducting literature reviews, making it an essential resource for students across the social and behavioural sciences, education, and the humanities.
Qualitative Inquiry in the Present Tense
Writing a New History

Edited by Norman K. Denzin University of Illinois, Champaign, USA, Michael D. Giardina Florida State University, USA
Series: International Congress of Qualitative Inquiry Series
In Qualitative Inquiry in the Present Tense contributors engage with epistemological and philosophical questions concerning the conduct of qualitative inquiry in the present moment, and especially as it relates to various understandings of writing in/as inquiry. This evocative new book is a must-read for faculty and students alike who are interested in and engaged with questions and ideas oriented toward understanding our current historical present in qualitative research—a moment in which the field is perpetually in motion or in flux, with any number of theories, methods, and orientations arising, competing, and even contradicting one another.

Qualitative Inquiry in Transition—Pasts, Presents, & Futures: A Critical Reader

Edited by Norman K. Denzin University of Illinois, Urbana-Champaign, USA, Michael D. Giardina Florida State University, USA
Series: International Congress of Qualitative Inquiry Series
Qualitative Inquiry in Transition—Pasts, Presents, & Futures: A Critical Reader gathers more than 30 internationally-renowned scholars in qualitative inquiry present provocative interventions into the politics of research, philosophy of inquiry, justice matters, and writing practices. Qualitative Inquiry in Transition—Pasts, Presents, & Futures: A Critical Reader will be required reading for those seeking to understand where the field of qualitative inquiry has been and will look to go in the years to come.

Regression Basics
A Student’s Guide to Quantitative Methods and Statistical Analysis

Leo H. Kahane
Using an accessible, non-technical approach, the third edition of Regression Basics introduces readers to the fundamentals of statistical regression. Accessible to anyone with an introductory statistics background, the book draws on engaging examples using real-world data and software programs SPSS*, Stata*, and R to illustrate the key concepts of the least squares regression methodology. This well-paced book is ideal for advanced undergraduate and graduate students focusing on quantitative methods, research design and statistical regression in the social and behavioural sciences, political science and economics.

The Routledge Handbook of Human Research Ethics and Integrity in Australia

Edited by Bruce M. Smyth, Michael A. Martin, Mandy Downing
Series: Routledge International Handbooks
This Handbook highlights why it is important to look at the subject of research ethics and integrity within the Australian context, and what the particular Australian perspective can offer to all researchers in the social sciences globally. The issues raised in this collection are likely to resonate beyond the Australian context, and will speak to social science and Education researchers in a variety of settings who find themselves grappling with thorny ethical issues ranging from the rapid evolution of data security and privacy issues, to research on how stolen cultural heritage can be respectfully ceded back to its rightful owners.

Research as Accompaniment
Solidarity and Community Partnerships for Transformative Action

Edited by Martin Renzo Rosales, LaShaune P. Johnson, Alexander Rödlach
This volume expands conversations about participatory, community-engaged, and action-oriented research that inspires social change. Suitable for students and scholars of ethnographic and qualitative methods (and professionals using those methods, such as those in NGOs). It will appeal to those interested in research with communities in a wide variety of social science and other disciplines including Anthropology, Nursing, and Public Health amongst others.
The Routledge International Handbook of Constructivist Grounded Theory in Educational Research

Edited by Elaine Keane, Robert Thornberg
Series: Routledge International Handbooks

This book provides a comprehensive overview of the state-of-the-art in Constructivist Grounded Theory (CGT) methodology, including core grounded theory tenets and processes as well as constructivist adaptations. It makes explicit how CGT techniques and processes were implemented in the field, the ways in which challenges were navigated, and how educational researchers aligned their research processes to constructivist principles. This handbook provides guidance and education-specific examples to doctoral students and researchers who wish to use, or are using, CGT in educational research. It will also be of significant interest to qualitative researchers in other disciplines.

Writing Literature Reviews
A Guide for Students of the Social and Behavioral Sciences

Melisa C. Galvan California State University, Northridge, USA, Jose L. Galvan Professor Emeritus, California State University, Los Angeles.

Writing Literature Reviews provides students with practical guidelines for the complex process of writing literature reviews for course projects, theses or dissertations, and research manuscripts for publication. It is ideal for use in research methods courses, thesis/dissertation preparation courses, research seminars where a literature review is expected as a culminating activity, or any course in which the instructor needs to cover the vital components necessary to prepare a literature review for a variety of audiences. The book is supported by online materials including self-test quizzes for students, and lecture slides for instructors.

Visual Displays in Qualitative and Mixed Method Research
A Comprehensive Guide

Elizabeth G. Creamer

This boundary-spanning textbook explores diverse ways that visual display can advance understanding of complex social phenomenon in applied fields in the social and human sciences. It provides a window into the latest advances in mixed methods research by investigating how integrative tables and figures have been creatively adapted in diverse contemporary contexts where qualitative methods are prominent. Tailored for emerging scholars, this comprehensive resource book is invaluable for a new generation of hybrid research methods courses that combine qualitative and mixed methods in the social sciences, education and healthcare.

White Folks
Race and Identity in Rural America

Timothy J. Lensmire University of Minnesota, USA
Series: Writing Lives: Ethnographic and Autoethnographic Narratives

Drawing on in-depth interviews with Delores, Frank, William, Erin, Robert, Libby, and Stan, as well as on his own experiences growing up in this same rural community, Lensmire creates a portrait of white people that highlights the profound ambivalence that has characterized white thinking and feeling in relation to people of color for at least the last two hundred years. This second edition features a new preface—by renowned critical whiteness studies scholar David Roediger—that places the book in historical and political context. It also includes an expanded discussion by Lensmire on doing research on race with white people.
### INDEX BY AUTHOR

| A. | Abdai, Miklosi | 44 |
|    | Abraham, Conner, Jones, O'Connor | 51 |
|    | Agrawal | 2 |
|    | Aguayo, Hinselwood, Derrmen, Abel-Hirsch | 8 |
|    | Aine | 6 |
|    | Arias | 9 |
|    | Akande, Laverty, Conway | 49 |
|    | Aledort, Kassan | 5 |
|    | Alka, Vic, Christie | 65 |
|    | Allender, Allender-Weid | 50 |
|    | Alman | 70 |
|    | Alvehus | 71 |
|    | Anse | 25 |
|    | Azemio | 19 |
|    | Augustin-Jean | 70 |
|    | Axelrod, Hupp | 52 |
|    | Borgstrom, Visser | 47 |
|    | Bornstein, Lamb | 47 |
|    | Boul-Widowsky | 37 |
|    | Boyd | 49 |
|    | Braun, Hansbrough, Rauch, Lord, Hall | 50 |
|    | Brezinski, Krish, Taubner | 22 |
|    | Brough | 43 |
|    | Brown | 56 |
|    | Brubacher | 41 |
|    | Brubacher | 30 |
|    | Bruno, Barnes-Holmes, McIntyre, Meul, Thei | 24 |
|    | Bryon | 37 |
|    | Budde, Wichmann, Rillers, Meier-Stemberg | 73 |
|    | Buchler | 14 |
|    | Bullock, Stevens, Wedding, Clinton | 34 |
|    | Busch | 49 |
|    | Butler | 46 |
|    | Bux, Clark | 8 |
|    | C. | Cabell, Neuman, Patton Terry | 66 |
|    | Canfield | 28 |
|    | Cantor | 47 |
|    | Cardella, Gangemi | 56 |
|    | Caprani | 4 |
|    | Carrington | 37 |
|    | Carter | 36 |
|    | Castrenchin Ferrandis, Francois, Bittner | 14 |
|    | Celenza | 12 |
|    | Chandler | 38 |
|    | Chang, Lussier, Bryant | 38 |
|    | Chaus, Hogen, Wallco, Kula, Woolf | 11 |
|    | Chateliot | 69 |
|    | Chetwynd, Kosyanova | 46 |
|    | Chen-Fong, Kim | 46 |
|    | Chia | 46 |
|    | Chikov | 44 |
|    | Christ, Menutti | 17 |
|    | Christian, Stewart | 17 |
|    | Clark | 8 |
|    | Close, Scheinbaum | 58 |
|    | Coates | 19 |
|    | Cobb | 36 |
|    | Cohen, Davis | 38 |
|    | Collins, Watson | 11 |
|    | Columbus | 58 |
|    | Comas-Diaz, Castafieda-Sound | 49 |
|    | Conner, Capell | 22 |
|    | Corrigan, Rusch, Watson, Kosiyuk, Sheehan | 67 |
|    | Costello | 31 |
|    | Crabtree, Marquis, Phuylog, Ole-Bonsu | 34 |
|    | Cairns | 62 |
|    | Capeen, Staines, Finch | 4 |
|    | Creamer | 13 |
|    | Creese, Lapi | 55 |
|    | Crowley | 5 |
|    | Cuddy-Cervey | 54 |
|    | Da Breo | 26 |
|    | Dalmain | 56 |
|    | Davis, Cohen | 25 |
|    | Demaine, Einstein | 15 |
|    | Denzin, Gardina | 74 |
|    | Demoz, Gardina | 74 |
|    | Denting | 29 |
|    | Dierolf, van der Hoorn, Hogan, Tsukmola | 30 |
|    | Dingus | 26 |
|    | Dixon, Muri, Piers, Giorza, Lawrence | 73 |
|    | Dock, Martin | 17 |
|    | Dapper, Marcellino, Thomson | 31 |
|    | Drain | 27 |
|    | Dryden | 17 |
|    | Dryden | 40 |
|    | Dryden | 18 |
|    | Duffee, McReynolds | 6 |
|    | Dunin-Borkowski, McReynolds | 71 |
|    | Dilli | 48 |
|    | E. | Eglin | 70 |
|    | Eid, Geller, Koch | 68 |
|    | Epple | 12 |
|    | Epstein, Falconer | 68 |
|    | Ezquerra, Cañete | 35 |
|    | F. | Farrington, Woodward | 60 |
|    | Feldon | 54 |
|    | Ferraro | 58 |
|    | Figueiredo, Ribeiro, Tambauro | 27 |
|    | Fisher | 36 |
|    | Fong | 61 |
|    | Foster | 19 |
|    | Freeman, Slusser | 49 |
|    | Friedrich, M.D., Sherman | 14 |
|    | Friedlander | 59 |
|    | G. | Gabriel, Reeves | 23 |
|    | Gallagher, Burt | 72 |
|    | Gahm, Mailman | 75 |
|    | Gardner | 28 |
|    | Gardner, Miller, Dib | 15 |
|    | Garland | 67 |
|    | Gamham | 57 |
|    | Gans | 13 |
|    | Glanberg, Andrade-Dolev | 53 |
|    | Goor, Her | 7 |
|    | Gorgas, Fallon, Pumaniaga, Afikar | 15 |
|    | Golden, Bennett | 45 |
|    | Goldberg | 57 |
|    | Goodwin | 2 |
|    | Gottfried | 10 |
|    | Govin | 18 |
|    | Grant, Carson | 45 |
|    | Groome, Roberts | 55 |
|    | Gridgeman | 10 |
|    | Guerin, Tait, Krahe, Bailey | 46 |
|    | Guerin, Thain, Stevens, Richards, Leougl | 46 |